**SAC News**

**CNY Reunion Lunch for People Living Alone 2017**

To welcome the Year of Rooster, we had a reunion lunch with members who are living alone on 19 Jan and made some sweet dumplings as a Chinese tradition. We also played game to guess some blessing phrases for Chinese New Year. One of the members also set a question which was so difficult and no one could answer!

**Painting Class**

A series of painting classes were arranged in Nov and Dec 2016 at our Day Center. Our member acted as tutor and taught other members on the techniques on Chinese paintings. They learnt to draw natural scenery such as flowers and trees.

**Christmas Party 2016**

The party was held on 3 Dec with more than 100 members sharing the enjoyable afternoon with us. Other than buffet lunch, members also enjoyed the performance from our staff, lucky draw, as well as exchanging gifts. We would also like to thank GSK and Okamoto for sponsoring the gifts.

**Mid-Autumn Festival Party 2016**

The annual Mid-Autumn Festival Party was held on 3 Sep with more than 70 members celebrating the festival with us! All of them enjoyed the lantern riddles, games, catering and lucky draws, bringing home a lot of joy and gifts! Special thanks to Maxim’s Caterers Limited and Wai Yuen Tong Medicine Co. Ltd. for their generous donation of mooncake, gifts, and lucky draw prizes to support our activity.

**Jul to Sep Birthday Party 2016**

The party was held for birthday stars from Jul to Sep on 6 Aug. It was prepared and hosted by the 4 students joining the “Social Work Students Placement Training Program 2016”. Together they played games, enjoyed birthday cake, made birthday wishes and had a lot of fun.

**SAC Sports Day 2016**

The annual Sports Day was held on 30 Jul. Members were gathered in groups to play bowling, fitball, jogging on the spot, balance game, quiz, etc. to test their physical ability, exercise knowledge and team spirit. All of them were enthusiastic in challenging themselves, as well as cheering for their teammates.

**Cooking Class**

Volunteers from Morgan Stanley have organized and hosted two cooking classes in Jun 2016 in our Day Center, working from recipe design to teaching. They have made “Blueberry Muffin” and “Vietnamese Rice Paper-roll with Chicken and Mango”. The classes were full of joy and members enjoyed the cooking processes and the finished products.

**Rice Dumplings Making 2016**

We had a rice dumplings making session in our Day Center to welcome the Tuen Ng Festival. Our members gave their efforts and helped each other during the session. All of them were satisfied with the tastes and appreciated themselves. The rice dumplings made will be given to other members to share the delicious festive food.

**Volunteer Sharing Session 2016**

Our members have lent us their helping hands with variety of work and participated in various events last year, which led to succeed of the events. In the sharing session, they talked about their experiences and feelings from volunteering and received certificates and gifts as an appreciation for their efforts.

**Chinese AIDS Experts Visits Day Centre**

In Jun 2015, doctors from Guangxi Nanning Centre for Disease Control and chief nurses from The Sixth Civil Hospital of Zhengzhou City in Henan visited our day center in Hong Kong. A sharing session was held where the experts shared their experience in caring for PLWHA in different parts of China. Members enjoyed the presentation.

**Volunteer Sharing Session 2015**  
Member-volunteers were invited to the Volunteer Sharing Session held at Day Centre. They participated actively in various volunteer activities last year and shared their experience with each other. Each member received a Certificate of Appreciation as a token of our gratitude for their continuous support.     
  
**Chinese New Year Decoration Workshops**  
Chinese New Year is just around the corner, members came to SAC Centre to write traditional New Year’s Couplets and make decorations using red pockets. These handcrafts will be given to other members and used as festive decorations for the center.

**活力中心最新消息**

**金雞報喜獨居人士團年飯2017**

為迎接新年，本會於1月19日與一眾獨居會友共聚一堂，吃團年飯及湯圓慶團圓。除了豐富美食，亦有玩遊戲競猜新年祝福語，而其中一名會友更出題做動作難倒其他人！

**趣畫花鳥**

日間中心於2016年11至12月舉行畫班，由會友義工擔任導師，與各會友一同繪畫中國畫，描繪花、樹木等的自然景色。

**快樂聖誕大派對 2016**

本會於12月3日與百多名會友共聚同賀聖誕，除享受自助午餐及表演節目，更有聖誕大抽獎及交換禮物環節。特別鳴謝GSK及岡本贊助禮物。

**歡慶中秋樂團圓 2016**

為迎接中秋佳節，本會於9月3日舉行中秋派對，70多名會友聚首一堂，非常熱鬧。大家一起猜燈謎、玩遊戲及互送佳節祝福，更有大食會及抽獎環節，各會友都滿載而歸。特別鳴謝美心及位元堂贊助月餅、禮物及抽獎禮品支持活動。

**7至9月份生日會**

本會於8月為7至9月生日的會友慶祝。生日會由「中港社工實習計劃2016」的4位內地社工實習生籌備，他們帶領小遊戲，與會友同樂，最後一起切蛋糕及許願。

**活力大比拚 2016**

一年一度的運動會於7月30日舉行，會友分成3組進行各種小遊戲，如保齡球、健體球、原地跑、平衡力測試及問答比賽等，考驗他們的體能、運動知識和團隊合作精神。活動中歡呼及打氣聲不絕，大家都非常投入，努力挑戰自己。

**活力新煮意**

摩根士丹利的義工精心策劃的兩節煮食班已於2016年6月順利舉行，企業義工親力親為設計小食食譜教導會友，包括藍莓鬆餅及越南雞柳芒果米紙卷。煮食班洋溢歡樂的氣氛，大家很投入參與煮食過程及享受製作成果。

**糉有你關懷 2016**

會友於日間中心包愛心糉迎接端午節，他們發揮本領，互相幫忙將糉包好，大家於試食環節時都表示自製的糉特別美味。愛心糉將會轉贈予其他會友，讓大家享用節日美食。

**義工年度分享會 2016**

會友經常協助本會的活動及中心的工作，令不同活動得以順利舉行。於分享會中，各會友道出參與義工服務的得著及感受，而本會亦藉著是次機會，頒發獎狀及禮物讚揚義工過去一年的努力。

**中港愛滋病專家交流**

於2015年6月，廣西南寧疾病控制中心的醫生及河南鄭州第六人民醫院的護士長應邀到香港進行交流，並於今天於本會舉行分享會，講解當地愛滋病的情況，而一班會友熱烈支持出席，並踴躍發問。

**義工年度分享會2015**

早前本會於日間中心舉行「義工年度分享會」，邀請在過去一年熱心參與各項義工活動的會友出席，讓本會各個活動能順利進行。會友義工們分享參與活動的得著感受，於逐一接受我們頒發的「感謝狀」。

**新年揮春及利是封掛飾製作**

農曆新年快到，會友齊到中心寫揮春、以利是封製作新年掛飾，將祝賀的字句送給會友，並為中心佈置，增添新年喜慶。