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#### 九龍旺角郵箱78978號活力中心 SAC Center P.O. Box 78978. Mongkok Post Office, Kowloon

愛滋寧養服務協會為一所獨立非牟利慈善機構,於一九九四年十一月成立,是亞洲首個為愛滋病病毒感染的兒童、成人、長者及其照顧者提 供直接關顧服務的非政府機構。本會擁有護士、社工、輔導員及物理治療師的專業團隊,不但提供外展服務,亦在日間中心進行各種關顧及 預防愛滋病的服務,包括藥物督導、治療輔導、心理治療、物理治療、體能訓練、朋輩支援、公眾教育及義工培訓等。我們承諾為愛滋病病 毒感染者提供專業關顧服務,以提升他們的自我照顧能力及重建自信,並鼓勵他們積極面對人生,重投社會生活。

The Society for AIDS Care established in November 1994, is a community-based and non-profit making charitable organization. It is the first non-governmental organization in Asia providing high quality direct patient care services to children, adults and elderly people living with HIV/AIDS (PLWHA) and their care givers in the community. Our professional service team consists of nurses, social workers, counselors and physiotherapists. We provide both outreach services and centre-based services on care and prevention of HIV/AIDS, including drug supervision, therapeutic counseling, psychological support, physiotherapy, physical training, peers support, public education and volunteers training. We are committed to provide professional care services to PLWHA to strengthen their self-care ability, build up their self-confidence and vision of positive living, so as to facilitate full community reintegration.

Founder 創辦人 Sr. Maureen McGinley, MBE Ms. Nichole Garnaut Mr. Stuart Dickie

Chairperson 主席

Honorary Treasurer 義務司庫 Directors 董事

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The Society for AIDS Care



# LOOK \$N

愛寧通訊

第四十九期 Issue 49



# 「向歧視說不,繪出平等社會」面具作品展

展覽分別於 2016 年 8 月 27 至 28 日及 10 月 1 至 2 日假太古城中心及屯門良景廣場舉行,展 出逾百件「面具設計比賽」的優秀作品。該批作品由中學生及公眾以「向歧視說不,繪出平等 社會」為題創作,除希望學生及其他參加者正確認識愛滋病外,亦同時帶出不歧視愛滋病病毒 感染者的信息,並鼓勵接納及關心感染者。

本會希望透過展覽與公眾分享年輕一代對有關議題的想法,喚起大眾關注愛滋病,一起「向歧 視說不」。作品展由平等機會委員會資助。

## "Say No to Discrimination!" Masks Exhibition

The exhibitions were held in Cityplaza, Tai Koo Shing from 27 to 28 Aug and Leung King Plaza, Tuen Mun from 1 to 2 Oct 2016. Over one hundred outstanding masks from Mask Design Contest were on display. The masks, which were designed and handmade by secondary school students and the public, echo the theme "Say No to Discrimination!". Through the creation, we hoped participants can learn more about HIV/ AIDS, help to spread the messages of not discriminating people living with HIV/AIDS (PLWHA), as well as to encourage them to give PLWHA a hand.

Through the exhibition, we aimed to share the thoughts of younger generation on the issue, arouse public awareness on HIV/AIDS and "Say No to Discrimination" together. The exhibitions were funded by the Equal Opportunities Commission.



● 地點 Venue

山頂山頂道花園 Peak Galleria, The Peak ● 時間 Time

11am - 1pm

● 路線 Route

夏力道至盧吉道(全程約1小時)

Harlech Road to Lugard Road (Duration: around 1 hour)



参加者將獲赠由Vivienne Tam設計的 限量版T恤。

Participants will receive a limited edition T-shirt designed by Vivienne Tam.

報名及詳情 Registration and details

http://aidscare.com.hk/aidswalk2017/









## 紅飾日啟動禮 暨 2016 世界愛滋病日紀念典禮

典禮已於 2016 年 11 月 27 日假尖沙咀栢麗大道順利舉行,並由食物及衛生局副局長陳肇始教授、愛寧大使莊思明小姐及本會行政總監陳麗卿女士主禮。典禮中何東中學學生戴上「面具設計比賽」得獎面具作 catwalk 表演,而會場亦有愛滋小常識問答遊戲、紅絲帶 DIY 工作坊、彩繪、介紹愛滋病的展覽等,現場氣氛熱鬧。

「紅飾日」邀請了《診所低能奇觀》作者珍寶豬設計數款禮物,包括 T 恤、小型毛公仔及布袋,每樣都有關注愛滋病的紅絲帶標誌,希望鼓勵大眾正確認識愛滋病,消除社會對感染者的標籤和歧視,讓有需要人士可以安心接受治療,最終杜絕愛滋病病毒蔓延以至因病死亡,共同創造零感染的未來。



何東中學學生的面具展示表演,向公眾介紹早前舉辦的「面具設計比賽」13 個得獎作品及其創作意念。

A catwalk show performed by students from Hotung Secondary School was held which featured 13 award-winning masks from 2015-16 Mask Design Contest.

## Red Day Kick-off & World AIDS Day Memorial Ceremony 2016

The event was held at the Park Lane Shopper's Boulevard, Tsim Sha Tsui on 27 Nov 2016. Officiated at the ceremony were Professor Sophia Chan, Under Secretary for Food and Health; SAC Ambassador Miss Lisa Ch'ng and Ms. Alice Chan, Chief Executive Officer of SAC. Students from Hotung Secondary School brought a catwalk show featuring the award winning masks from Mask Design Contest last year. There were also HIV/AIDS knowledge Q&A game, red ribbon DIY booth, hand painting, exhibition about HIV/AIDS, etc.

Author of "Funny Clinic" Jumbo Pig was invited to specially design a tee, a tiny plushie and a tote bag for Red Day which all carried the symbolic red ribbon. It aims to promote the importance of HIV/ AIDS awareness as well as eliminate the stigma

and discrimination towards people living with HIV/AIDS (PLWHA). Without discrimination and misunderstanding, people in need could be more willing to seek help and proper treatment. It helps to stop the spread of the virus thus build a HIV-free and zero AIDS deaths future.





# 中港社工學生實習計劃

由 2016 年 7 月 18 日至 8 月 14 日·4 位河南師範大學學生到日間中心參與實習計劃。在護士及社工的指導下,他們學習愛滋病知識,並實踐社工關顧服務模式,更為會友籌備不同的活動,如「活力茶聚」及「生日會」。他們亦參觀了紅絲帶中心及社會工作者註冊局,了解本港其他相關機構的工作。學生們更於 8 月 6 日親自籌劃了 7 至 9 月會友生日會,帶領小遊戲與會友同樂,一起切蛋糕及許願。

4 位學生完成為期 1 個月的訓練後,於 8 月 12 日舉行的「中港社工實習計劃 2016 分享會」中,表達實習以來的感想及得著,並感謝本會社工、護士等的悉心栽培。

# **Social Work Students Placement Training Program**

From 18 Jul to 14 Aug 2016, 4 students from the Henan Normal University joined SAC for the annual Training Program. Under the instructions of nurses and social workers, they have learnt HIV/AIDS knowledge, and visited Red Ribbon Centre and Social Workers Registration Board.

To take action in the caring practice of social workers, they have to organize different activities, including "Chat Chat Tea" and "Birthday Party" for the members. On 6 Aug, the students prepared and hosted the party for the birthday stars from Jul to Sep. They played games, enjoyed birthday cake, made birthday wishes and had a lot of fun.

After completion of the month-long training program, the students shared their feelings and learnings at the Social Work Students Placement Training Program 2016 Sharing Session held on 12 Aug. They also expressed their gratitude to our social workers and nurses for the intensive training.

#### 日間中心活動 Center Activities

## 快樂聖誕大派對

本會於 2016 年 12 月 3 日舉行派對,並與百 多名會友共度佳節。司儀扮演李小龍及女黑俠 帶動全場氣氛,更與會友一同於台上唱歌助 慶,場面熱鬧。除自助午餐,另外亦有聖誕大 抽獎及交換禮物環節,每個會友都滿載而歸。 在此特別鳴謝 GSK 及岡本贊助禮物。

## **Christmas Party**

We shared the joy of Christmas with more than a hundred members on 3 Dec 2016. Acting as Bruce Lee, famous martial art actor and Wonder Lady, our emcees pumped up the atmosphere by singing together with the members. They also enjoyed buffet lunch, lucky draw, as well as exchanging gifts, bringing a lot of joy and gifts home. We would like to thank GSK and Okamoto for sponsoring the gifts.

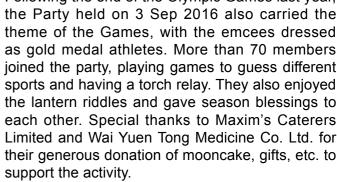


## 歡慶中秋樂團圓

適逢去年奧運盛事,本會於2016年9月3 日的中秋派對亦以運動會為題,與70多名 會友聚首一堂慶祝佳節。司儀裝扮成金牌運 動員與會友玩遊戲競猜奧運項目、傳火炬, 一同感受奧運氣氛。當日大家亦一起動腦筋 猜燈謎,又互送佳節祝福,氣氛溫馨又熱鬧。 特別鳴謝美心食品有限公司及位元堂藥廠有 限公司贊助月餅、禮物等支持活動。

# **Mid-Autumn Festival Party**

Following the end of the Olympic Games last year, the Party held on 3 Sep 2016 also carried the theme of the Games, with the emcees dressed as gold medal athletes. More than 70 members joined the party, playing games to guess different sports and having a torch relay. They also enjoyed the lantern riddles and gave season blessings to each other. Special thanks to Maxim's Caterers Limited and Wai Yuen Tong Medicine Co. Ltd. for their generous donation of mooncake, gifts, etc. to





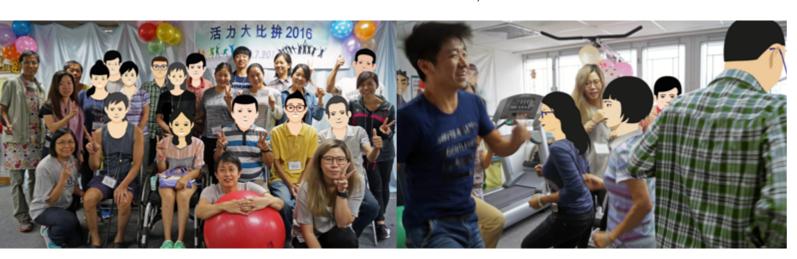


#### 趣畫花鳥

畫班於 2016 年 11 至 12 月舉行,由會友義工 擔任導師,教授其他會友中國畫的技巧,一同 描繪花、鳥、樹木等的自然景色。

## **Painting Classes**

A series of painting classes were arranged in Nov and Dec 2016. One of the members acted as tutor and taught other members the techniques of Chinese paintings. They drew natural scenery such as flowers, birds and trees.



## 活力大比拼

運動會於2016年7月30日舉行,會友分組 進行保齡球、健體球、平衡力測試及問答比賽 等。除考驗體能及運動知識,亦測試他們的合 作精神。當日大家都盡力挑戰自己,亦不斷為 隊友歡呼打氣。

## **SAC Sports Day**

The Sports Day was held on 30 Jul 2016. Members were divided into groups to play bowling, fitball, balance test, knowledge quiz, etc., to test their physical ability, exercise knowledge, along with their team spirit. All of them were enthusiastic in challenging themselves, as well as cheering for their teammates.

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n make real time donation with your credit card on the link above. You do not need irn this slip. Receipt will be issued according to the information you provided online.

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