

2023-2024 年報

ANNUAL REPORT

多點關心 照亮人生

Together We Make A Difference

The Society for AIDS Care (SAC)

established in November 1994, is a community-based and first non-profit making charitable organization in Asia providing high quality direct patient care services to children, women, adults and elderly people living with HIV/AIDS (PLHIV) and their care givers in the community, as well as implementing women phone-in hotline and free HIV and Syphilis testing service. With the active work in the LGBTQ community, we are unique in delivering HIV prevention to link up with treatment and care for the affected. Our professional service team consists of nurses, social workers, counselors and physiotherapists. We provide both outreach services and center-based services on care and prevention of HIV/AIDS, including drug supervision, therapeutic counseling, psychological support, physiotherapy, physical training, peers support, public education and volunteers training. We are committed to provide professional care service to the PLHIV to strengthen their self-care ability, build up their self-confidence and vision of positive living, so as to facilitate their full community reintegration. The SAC is a U=U (HIV Undetectable = Untransmittable) community partner.

愛滋寧養服務協會

於一九九四年十一月成立，為一所以社區為基礎的非牟利慈善機構。本會是亞洲首個為愛滋病毒感染的兒童、婦女、成人、長者及其照顧者提供直接關顧服務，同時提供女士免費諮詢熱線及愛滋病與梅毒測試服務的機構。我們亦積極服務性少數群體（簡稱LGBTQ），並獨有地提供涵蓋由愛滋病預防以至為感染者銜接相關治療與護理的全面服務。本會擁有護士、社工、輔導員及物理治療師的專業團隊，不但提供外展服務，亦在日間中心進行各種關顧及預防愛滋病的服務，包括藥物督導、治療輔導、心理治療、物理治療、體能訓練、朋輩支援、公眾教育及義工培訓等。我們致力提供專業的服務，增強愛滋病毒感染者的自理能力、建立自信，促進社區共融發展。本會為支持測不到=傳不到(感染者的愛滋病毒載量達至無法檢測水平=不能透過性接觸傳播愛滋病毒)的社區伙伴。

Mission Statement 使命宣言

As advocate for PLHIV, The Society for AIDS Care supports and empowers community groups and individuals with response aiming at developing and implementing integrated and sustainable HIV/AIDS programs on care and prevention.

致力為愛滋病毒感染者爭取應有權益，策動社區組織或個人提供資源及支援，鼓勵發展及推動綜合式愛滋病的預防及關顧計劃。

Objectives 目標



To advocate for PLHIV on their rights to have quality of life and rights to be respected.

促進社會各方面，支持愛滋病毒感染者爭取獲得基本尊重及提高生活質素的權利。



To collaborate with and to empower partners including community groups or individuals to develop integrated sustainable HIV/AIDS programs on care and prevention.

推動社區組織或個人的合作伙伴，共同策劃及發展長遠綜合式愛滋病的預防及關顧計劃。



To act as resources and support for partners in implementing HIV/AIDS programs on care and prevention.

為合作伙伴提供資源及援助，落實執行預防愛滋病及關顧愛滋病毒感染者的服務項目。



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Board of Directors 董事會成員

Founder 創辦人



Sr. Maureen McGinley MBE 麥潔妮修女 MBE

Chairperson 主席



Ms. Nichole Garnaut

Vice Chairperson 副主席



Mr. Christopher Jackson

Honorary Treasurer 義務司庫



Mr. Craig Beattie

Directors 董事



Mr. Marcus Pollard

Mr. Marcel Thoma

Mr. Randy Weddle

Dr. Andrew Yuen 阮偉文博士

Honorary Auditor 義務核數師



Mr. Charles Yang BBS JP 楊傳亮先生 BBS JP

S.Y. Yang & Co. 楊錫禹會計師行

Honorary Co. Secretary 義務公司秘書

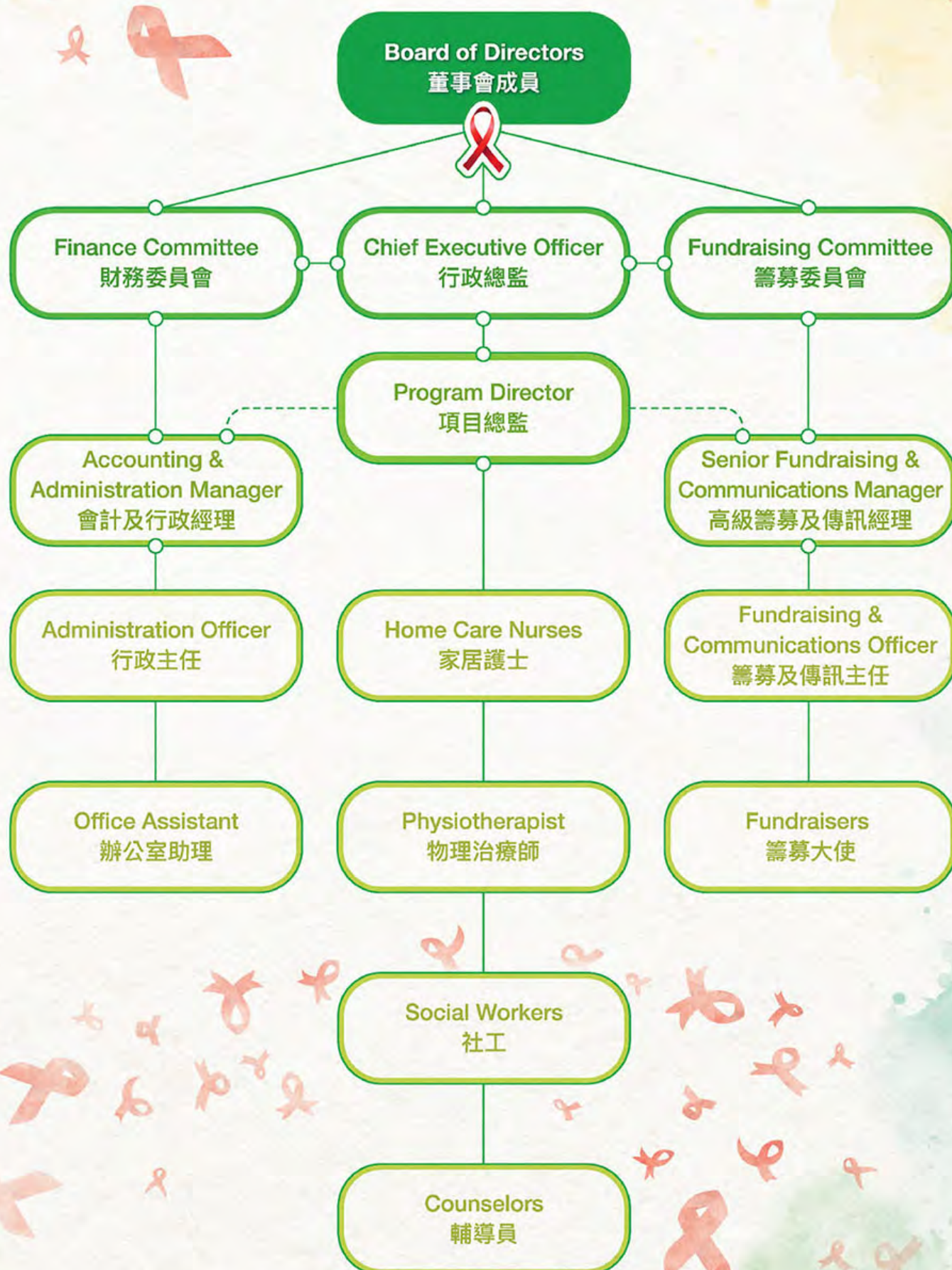


Clyde & Co. 其禮律師行



Organization Chart

組織架構圖



Founder's Message 創辦人獻辭



Along with this message is my applause
and gratitude for the wonderful job
SAC has achieved.

Keep up the good work!

Best Wishes,
Sister Maureen McGinley



Chairperson's Message 主席獻辭

An end to the HIV/AIDS pandemic can be achieved by integrating research, healthcare, activism, and policy around shared fundamental principles, with putting people first as the core value. Studies indicate that when individuals feel valued and supported, their motivation, sense of belonging, and engagement increase. At the Society for AIDS Care (SAC), we are devoted to providing a nurturing environment where members can connect, share experiences, and receive targeted treatment programs tailored to their needs, fostering personal growth and community reintegration. With dedicated professionals, SAC has achieved over a 96% undetectable rate among people living with HIV/AIDS (PLHIV) under our care, contributing significantly to HIV transmission control in Hong Kong. In addition, 95% of our service recipients expressed that the home care service helped to improve their self-confidence and ability to cope with the disease. We are committed to continuing our holistic care approach, ensuring the well-being of PLHIV and their caregivers in the years ahead.

According to the Department of Health statistics in Hong Kong, there were 397 new cases of HIV infection in 2023, bringing the total to 12,038 cases since 1984. Distressingly, one of the new cases involved a child under the age of 13. Early testing is crucial not only for immediate treatment but also to prevent mother-to-child transmission of HIV. Recognizing the importance of "early testing, early treatment," we actively promote our HIV self-testing program through public roadshows and community posters, ensuring that those in need can easily access testing information. Our HIV self-testing program provides the advantage of using a non-invasive oral swab in a private setting at any time, aiming to increase the demand for regular testing. More importantly, we continue to provide free HIV and syphilis testing with professional counseling to women in need as part of our ongoing commitment. Since the SAC's Mother-to-Child Transmission Prevention Program started in 2002, 46 healthy babies have been born, demonstrating the effectiveness of early intervention. We hope these initiatives can accelerate the mission to end the AIDS epidemic as a public health threat by 2030.

The challenge we face is to continue working towards transforming the lives of individuals; thereby allowing PLHIV to live without fear or discrimination, and to enjoy the same quality of life as everyone else. We also remain steadfast in our commitment to provide HIV-related educational training for secondary school students and development programs for less developed countries. Entering the seventh year, our joint year-long school program with KHEMARA Cambodia has successfully empowered thousands of students in sexual reproductive health education and HIV prevention. Under the leadership of the AIDS Walk co-chairpersons, Mr. Christopher Jackson, Dr. Andrew Yuen, Mr. Marcel Thomas, Mr. Dexter Ong and Ms. Simmi Malhotra, our AIDS charity Walk has another successful year, inspiring thousands of participants to join globally. I am truly grateful for the efforts of all committee members and supporters who made it happen.

Since its inception in 1994, SAC has navigated numerous diverse challenges, and this journey has not been easy. As we approach our 30th anniversary, the unwavering support from our Board of Directors, dedicated staff, and the public has enabled SAC to grow and strengthen its foundation. I would like to express my heartfelt gratitude to our dedicated team, volunteers, donors, and partners who have been instrumental in our success. It is both a privilege and an honour to continue collaborating with these exceptional individuals. Lastly, I invite you to join us on this remarkable journey as we strive to create a more inclusive and compassionate society. Together, we are changing lives and working towards a future where HIV/AIDS is no longer a public threat.

Nichole Garnaut
October 2024

透過研究、醫療保健、行動和政策的整合，以共同的基本原則為基礎，並以人為本作為核心價值，將能結束愛滋病的流行。有研究指出，當人感到受重視和支持時，他們的動力、歸屬感及參與度都會提高。愛滋寧養服務協會致力提供一個舒適的環境，讓會友互相聯繫、分享經歷，並接受按其個人需要而制定的治療方案，促進個人成長，讓他們重新融入社會。在本會專業團隊的照顧下，96%服務使用者的愛滋病毒載量達至無法檢測水平，為本港控制愛滋病毒傳播作出重大的貢獻。此外，95%服務使用者亦表示，家居護理服務能有助提升其自信心和面對疾病的應對能力。我們將繼續為愛滋病毒感染者提供適切的護理，確保他們及其照護者得到妥善的照顧。

根據衛生署的數據顯示，香港於2023年共接獲397宗愛滋病毒新感染新增個案，而愛滋病毒新感染呈報個案由1984年至今已累積至12,038宗。令人遺憾的是，其中一個新增個案涉及一名13歲以下的兒童。及早檢測對進行即時治療及預防母嬰感染尤其重要。我們明白「及早測試，盡早治療」的重要性，因此透過公眾宣傳活動及設置宣傳海報，積極推廣愛滋病毒自我檢測服務，讓有需要的人士能更容易獲得有關資訊。本會的愛滋病毒自我檢測服務提供非侵入性的口腔拭子，讓檢測人士隨時在私密情況下進行自我檢測，希望能增加公眾對恆常檢測的需求，而本會亦繼續為有需要的女士提供由專業輔導人員接聽的免費愛滋病與梅毒測試服務熱線支援。本會自2002年起推行的預防母嬰感染計劃已迎接46位健康嬰兒的誕生，展示出及早介入的有效性。我們希望這些服務能加快完成於2030年結束愛滋病成為公共衛生威脅的使命。

改變生命是我們持續面對的挑戰；讓愛滋病毒感染者不再感到恐懼及歧視，與其他人一樣享有同樣的生活品質。我們亦繼續致力為中學生及與發展中國家的愛滋服務機構合作，提供有關愛滋病的教育培訓。踏入第七年，本會與KHEMARA Cambodia展開年度學校計劃，成功啟導千多名學生有關生育健康教育及預防愛滋病的發展。在聯合主席Mr. Christopher Jackson、阮偉文博士、Mr. Marcel Thomas、Mr. Dexter Ong及Ms. Simmi Malhotra的帶領下，本會的年度AIDS Walk已成功舉行，並得到千多位來自世界各地參加者的熱烈支持。我衷心感謝委員會成員及各支持者的鼎力支持，令是次活動得以圓滿舉行。

愛滋寧養服務協會自1994年成立以來，跨越無數的挑戰，過程並不容易。適逢協會成立30週年，在董事會、員工及公眾的堅定支持下，令協會能鞏固基礎，繼續發展。我非常感謝協會的專業團隊、義工、捐款者及各合作夥伴的支持，為我們的成功作出重大的貢獻，能夠與他們繼續合作讓我感到非常榮幸。最後，誠邀您加入我們，攜手創造一個更包容和關愛的社會，共同改變生命，努力實踐愛滋病不再成為公共衛生威脅的使命。

Nichole Garnaut
2024年10月



Chief Executive Officer's Report 行政總監報告

UNAIDS declares that the path to ending AIDS runs through communities: from connecting people to the treatment, services, and support they need — to grassroots activism pushing for action so all people can realize their right to health. This commitment has been at the core of our work since our inception in 1994. As we celebrate the 30th anniversary of the Society for AIDS Care (SAC), it is a moment of pride and reflection for us all. Over the past three decades, SAC has remained dedicated to providing holistic support services for PLHIV, empowering them to face their illness and life challenges. Our Day Centre plays a pivotal role, offering a comfortable, relaxing, and caring environment where members can engage in activities and connect with peers. With a non-judgmental and confidential atmosphere, members feel safe to participate without fear of their identity being disclosed.

Over the past three decades, our unwavering commitment to ending AIDS has driven us to continuously innovate and expand our services, adapting to the evolving needs of our community. Given the significance of HIV testing, it is imperative for the public to increase their participation in testing efforts. Our HIV self-testing program, launched to promote "early testing, early treatment", has continued to grow over the past years. This program, using a non-invasive oral swab, aims to raise awareness of HIV testing and offers the advantage of being performed privately at any time, making regular testing more accessible. Through extensive public roadshows and community outreach, we have increased awareness and accessibility, ensuring that more individuals can take control of their health with dignity and privacy. Last year, the program successfully reached an audience of 5.5 million through our promotional poster campaign, and we plan to continue this effort in the coming year. Additionally, to promote more testing opportunities for women, we continue to provide free HIV and syphilis testing with professional counselling to those in need. It is very important that early diagnosis is established so that treatment could be provided to extending life expectancy and curbing the epidemic.

The Department of Health in Hong Kong reported one new HIV case in 2023 involving a child under the age of 13, adding to the eight infants diagnosed between 2013 and 2023. This underscores the critical need for re-testing services for pregnant women in the later stages of pregnancy, in addition to the Universal Antenatal HIV Antibody Testing Programme (UATP) conducted during the antenatal period. Simultaneously, SAC has been proactive in addressing this need through the Mother-to-Child Transmission Prevention Program (MTCTPP) since its inception in 2002. The MTCTPP aims to eliminate HIV transmission in newborns by collaborating closely with doctors and nurses in hospitals and HIV clinics. SAC's dedicated home care nurses work alongside a multidisciplinary team to ensure pregnant mothers adhere to highly active antiretroviral therapy (HAART), resulting in a 100% success rate with 46 healthy babies born under this program.

In 2023-2024, our centre theme was "Be Together for Glorious Future". Diversified activities and empowerment programs were arranged through special projects to encourage patients to be more engaged in the community, build different interests, enjoy and live a wonderful life. These initiatives included therapeutic art programs, educational seminars, mindfulness practices, individual and group fitness training, and volunteer engagement, all aimed at enhancing the holistic health of PLHIV. These activities were conducted by our dedicated team of social workers, counselors, and physiotherapists. With the invaluable support of the Advisory Committee on Mental Health of the Health Bureau, we launched the "Together We Love - Mental Health Support Project," a two-year program providing crucial mental health services for elderly individuals living with HIV and their caregivers. Through these initiatives, our professional team continues to work determinedly to enhance the overall well-being and capabilities of our members.

聯合國愛滋病規劃署指出結束愛滋病流行需透過社區推行，讓有需要的人士不論社會階層，都能得到合適的治療、服務及支援，擁有健康的權利。自本會於1994年成立以來，一直以此承諾為我們的工作核心。在慶祝愛滋寧養服務協會成立30週年之際，值得我們所有人自豪和反思。於過去30年，愛滋寧養服務協會一直致力為愛滋病毒感染者提供全面的支援服務，協助他們面對疾病和生活上各種挑戰。本會的日間中心發揮著重要的作用，提供一個舒適、輕鬆及關愛的環境，讓會友們能夠參與各種活動，互相認識。在沒有被批判和歧視的氣氛下，會友們毋須擔心其身份洩露，可以隨意地參與不同的活動。

在過去30年，本會對結束愛滋病流行的堅定承諾促使我們繼續創新和擴展服務，迎合社區不斷變化的需求。鑑於愛滋病毒測試的重要性，必需提升公眾對檢測的參與度。近年，本會的愛滋病毒自我檢測服務持續發展，旨在促進「及早測試，盡早治療」的目標。該服務提供非侵入性的口腔拭子，讓檢測人士隨時在私密情況下進行自我檢測，希望能提升公眾對恆常愛滋病檢測的意識。透過廣泛公眾宣傳及社區活動，讓公眾更容易獲得有關資訊，增加對愛滋病毒測試的意識，確保他們能夠更自主和在私隱保障下掌握自己的健康。去年，服務的宣傳海報活動成功接觸到550萬人，而宣傳活動亦將於來年繼續推行。此外，為了向女性提供更多檢測機會，本會將繼續為有需要的人士提供免費愛滋病與梅毒測試服務，並提供專業諮詢。及早診斷，接受治療對延長壽命和遏止愛滋病傳播尤其重要。

衛生署的數據顯示，香港於2023年接獲一宗涉及一名13歲以下兒童感染愛滋病毒的新增個案，成為第8位於2013年至2023年間感染愛滋病毒病的嬰兒。証明除了進行產前愛滋病毒抗體檢測外，仍需為孕婦於懷孕後期再進行第二次檢測。同時，本會自2002年起推行的預防母嬰感染計劃，為有需要的人士提供服務。此計劃旨在透過與醫院及愛滋病診所醫生和護士的密切合作，消除新生兒愛滋病毒的母嬰傳播。本會的專業護士與不同的團隊合作，確保懷孕母親持續接受高效能抗病毒療法；該計劃已迎接46位健康嬰兒的誕生，成功率達100%。

本年度中心的主題是「結伴同行 活出未來」；透過各專題計劃安排多元化的活動，鼓勵愛滋病患者建立不同的興趣，融入社區，享受美好人生。這些活動由本會社工、輔導員及物理治療師所組成的專門團隊推行，項目包括藝術創作活動、教育講座、靜觀修習、個人和團體運動小組及義工活動等，提升愛滋病毒感染者的全人健康。在醫務衛生局精神健康諮詢委員會的支持下，本會推行為期兩年的「同途有愛 - 精神健康支援計劃」，為年長愛滋病毒感染者及其照顧者提供心理健康服務。透過這計劃，我們的專業團隊將繼續努力提高會員的能力，讓他們得到妥善的照顧。

Co-currently, with the sponsorship of Gilead Science and GlaxoSmithKline plc, we have organized 6 educational seminars in 2023 for our professional staff. The topics covered were "Skin health of PLHIV", "HIV and cancer risk of gastrointestinal tract", "HIV, liver and kidney health", "Sexual health of PLHIV", "Aging, comorbidity and metabolic issue for PLHIV" and "Advanced Development in HIV/AIDS treatment". Through the educational seminars, we were able to deliver better direct care services to our members, as well as to share new medical information and trends with them.

For the first time in the past 12 years, SAC hosted the inaugural "Say No to Discrimination! Mask Design Contest 2023-2024 Awards Ceremony" at the Yaumatei community centre, welcoming nearly 300 students, teachers, and their friends and family. This contest provided youth with valuable opportunities to learn about HIV acceptance and effective measures for self-protection. Looking ahead, the program will continue to educate young people about HIV and empower them with essential knowledge. Internationally our collaborative student initiative with KHEMARA, Cambodia, titled "Love with Care," now entering its fifth year, aims to enhance the quality of life for women and girls in the community. The program focuses on providing crucial sexual and reproductive health education, including HIV prevention. Last year, we expanded our support to four secondary schools, successfully reaching over 1,227 students and continuing to grow in impact and outreach.

Celebrating its decades of success, SAC's flagship AIDS charity Walk has exemplified resilience and unity in overcoming challenges. Looking ahead, we are embracing a new hybrid format for this meaningful cause. We extend our heartfelt thanks to our dedicated AIDS Walk committee, as well as to our partners including T-shirt producer Simple Approach, designer Cassian Lau, celebrities, ambassadors, key opinion leaders, and sponsors, whose invaluable support has elevated this event to new heights.

All of this good work cannot be overstated without the generosity from our supporters and volunteers. We are deeply grateful for every donation received and remain committed to ensuring that every contribution is used wisely and effectively. With your steadfast support, we look forward to achieving even greater positive change within the HIV/AIDS community in the years ahead. Together, we make a difference.

Alice Chan
October 2024

在吉利德科學公司及葛蘭素史克股份有限公司的贊助下，於2023年為本會的專業團隊進行6次的教育研討會。教育研討會主題包括「常見皮膚問題及處理」、「腸道健康與你」、「肝腎健康知多D」、「認識性傳播疾病」、「慢性共病多面睇」及「治療最新發展方向」等。透過舉行這些教育講座，讓我們能與愛滋病毒感染者分享最新的藥物資訊，提供更完善的直接關顧服務。

在過去12年來，愛滋寧養服務協會首次於梁顯利油麻地社區中心舉行「向歧視說不！」面具設計比賽2023-2024頒獎典禮；而典禮當日有接近300位教師、學生及其親友踴躍出席。面具設計比賽為青少年提供機會，讓他們在過程中能正確認識及預防愛滋病。該計劃將繼續向年輕人推行有關愛滋病的教育，分享基本的健康知識。在國際方面，與KHEMARA Cambodia展開的「愛與關顧學校計劃」已踏入第五年，旨在改善當地婦女及女孩的生活；該計劃為她們提供有關生育健康及預防愛滋病的知識。去年，計劃已擴展到當地4所高中學校推行，直接受惠的學生更多達1,227人，並持續為社區帶來影響。

本會的年度AIDS Walk慈善步行活動在過去數十年，以堅韌和團結的精神克服各種挑戰。展望未來，我們將以新的混合形式舉行慈善步行活動，與一眾參加者共同完成這項極具意義的活動。我們特別鳴謝AIDS Walk委員會、Simple Approach提供活動T-Shirt、藝術家劉啟舜先生設計活動T-Shirt、影視明星、活動大使、時尚名人及贊助商的支持，讓活動能順利舉行。

在捐款者及義工的鼎力支持下，令本會的活動得以順利舉行。我們衷心感謝所有捐款者及義工的支持，令本會能盡心地提供更好的服務。在您的堅定支持下，我們期望在未來數年能為愛滋病毒感染者及社區帶來正面的改變。多點關心，照亮人生！

陳麗卿
2024年10月

SERVICE REPORT
服務報告





Community Home Care Service 社區家居護理服務

The Society for AIDS Care (SAC) Community Home Care Service has been providing direct care services to people living with HIV/AIDS (PLHIV) including children, women, adult, elderly and their care givers. All cases in the service are referred by HIV Clinics of Department of Health and Hospital Authority. SAC professional HIV nurses render drug supervision, health education, safe sex knowledge and psychological support according to cases' needs. Cases are encouraged to maintain stable medication adherence as to reach undetectable viral load level for reducing the risk of HIV transmission in the community. Nurses also work closely with the staff of HIV Clinics from Department of Health and Hospital Authority to cases in improving health management and enhancing self-care ability. The service has supported over 1,450 cases.

With the development in HIV treatment, the life span of PLHIV has been extended, and the needs of aging have become increasingly obvious. Support for taking care of other co-morbidities such as cardiovascular disease, diabetes, cancer, stroke, and liver and kidney problems is particularly important. SAC professional nurses have continuously enhanced education on healthy living and nutritional diet together with nutritional milk powder support for empowering PLHIVs' health condition and self-care abilities. Moreover, nurses also support their carers on drug management, caring skill training, community service information provision and PLHIVs' funeral arrangement as to reduce the stress on carers.

In recent years, another challenge faced by the local HIV epidemic is that the age range of people newly infected with HIV has increased, especially those over 50 years old. Also, they are late presenters with weakened immune systems making them prone to opportunistic infections. Our 24-hour telephone support hotline service operated by professional nurses provides emergence and psychosocial support especially for those newly HIV diagnosed cases for smoothly adapting to taking antiviral drugs.

愛滋寧養服務協會社區家居護理服務由本會專業護士提供直接關顧服務予感染愛滋病毒人士包括兒童、婦女、成人、長者及照顧者。服務所有個案由衛生署及醫院管理局屬下愛滋病專科診所轉介，本會護士就個案需要提供藥物督導、健康教育、安全性行為知識及心理支援等服務，鼓勵感染者持續服藥讓體內病毒指數達到「不能檢測」的程度，減低病毒於社區傳播風險。護士亦緊密與衛生署及醫院管理局愛滋病專科診所同工協作，跟進個案需要以全面改善健康管理狀況及提升自我照顧能力，服務現時已為超過1,450個案提供支援。

隨著愛滋病治療發展，愛滋病毒感染者壽命延長，面對老齡化需要日加明顯，特別是於照顧其他共病如心血管疾病、糖尿病、癌症、中風及肝腎問題的支援尤其重要。本會專業護士團隊繼續加強健康生活及飲食營養教育，為有需要感染者提供營養奶粉，以提升感染者身體機能及自理能力。此外，護士亦為其照顧者提供支援如藥物處理、照顧護理知識、社區服務資訊及感染者殯葬安排支援等，以減輕照顧者壓力。

近年，本地愛滋病流行狀況面對另一挑戰是新感染確診人士年齡上升，特別是50歲以上群組，並且被確診時已達感染後期階段，身體免疫系統變弱，容易出現伺機性感染。本會專業護士24小時電話熱線提供緊急及即時協助，特別針對新感染個案適應服用抗病毒藥物及心理支援的需要。

In 2023-2024, 95% of service recipients expressed the home care service helped to improve their confidence and ability to cope with the disease. Moreover, 94% expressed they understand better the importance of adhering to treatment and practicing safer sex. 95% of cases reached "undetectable" viral load level. All care givers receiving bereavement service were thankful and expressed the important support of the bereavement counseling provided.

在2023-2024年度，百分之九十五的服務使用者均表示家居護理服務能提升他們處理健康問題的能力。百分之九十四的服務使用者明白服用抗病毒藥物與安全性行為的重要性。百分之九十五服務個案在過去一年的病毒指數亦能達到「不能檢測」的程度。另外，全部接受哀傷輔導服務的家屬均認同服務的重要性及對服務致以最衷心的感謝。

Statistics 服務統計

Health Improvement for patients who received SAC Home Care Service 接受本會家居護理服務會友健康狀況改善

The virus load reaches "undetectable" level after taking Highly Active Antiretroviral Therapy (HAART) in the past year.
過去一年，會友服用抗病毒藥物，而且病毒指數達不能檢測的程度。



95%

Yes
是

Attendance adherence in HIV Clinic consultation in the past year.
過去一年，能按時到愛滋病專科門診覆診。



98%

Statistic on services provided by Home Care Team 家居護理隊提供的服務統計

Psycho-social Support
情緒支援

31.9%

Medication Supervision &
Rehabilitation Advice
藥物督導及復康指導

43.5%

Collaboration with Other
Professionals / Volunteers
與其他專業人士/義工合作

13.6%

Education &
Bereavement Caring
教育與哀傷輔導服務

11%



Mother to Child Transmission Prevention Program (MTCTPP)

預防母嬰感染計劃



Mother-to-child transmission of HIV refers to the spread of HIV from an infected mother to her child during pregnancy, childbirth, or breastfeeding. However, the risk of this perinatal HIV transmission can be greatly reduced to less than 1% if the mother maintains an undetectable viral load throughout pregnancy and breastfeeding. Maintaining an undetectable viral load not only prevents transmission to the child, but also contributes to the overall health and well-being of the mother.

Since 2010, there has been significant progress in reducing new HIV infections among children. The number of new pediatric HIV infections has declined by 62%, dropping from an estimated 300,000 in 2010 to 120,000 in 2023. While this 62% reduction in new HIV infections among children is an encouraging development, the pace of progress has stalled in recent years. After rapid declines earlier in the decade, the continued drive to eliminate mother-to-child transmission of HIV has faced challenges, underscoring the need for sustained and intensified efforts going forward.

The Society for AIDS Care (SAC) launched Mother-to-Child Transmission Prevention Program (MTCTPP) in 2002. As the only organization collaborating with hospital physicians and nurses, SAC offers comprehensive MTCTPP services. Our dedicated team of home care nurses provides essential support to HIV-positive pregnant women, including medication supervision, assistance with baby care, and emotional support. To ensure immediate assistance, mothers can access our 24-hour emergency hotline for consultations. We remain committed to monitoring the well-being of the baby until they reach 18 months of age and confirm their HIV-free status.

SAC strongly advocates for all expectant mothers to undergo HIV testing early in their pregnancy and to retest during the third trimester, preferably before reaching 36 weeks. This proactive approach enables early detection and necessary treatment if required. Since 2002, SAC has achieved a remarkable 100% success rate in preventing mother-to-child transmission of HIV, with a total of 46 successful interventions.

Statistics 服務統計

Statistics on HIV prevention in
Mother-to-child Transmission
接受預防母嬰感染計劃統計

Success MTCT case
預防母嬰感染成功案例

100%



母嬰傳播愛滋病毒，指的是感染HIV的孕婦在懷孕期間、分娩過程或哺乳期間將病毒傳播給她的孩子。然而，如果孕婦在整個懷孕和哺乳期間保持病毒載量達到不可檢測的水平，這種母嬰HIV傳播的風險可大幅降低至低於1%。保持不可檢測的病毒載量不僅可以預防將病毒傳給孩子，同時也有助於孕育父母的整體健康和幸福。

自2010年以來，減少兒童新發HIV感染的工作取得了重大進展。新增兒童愛滋病感染人數下降了62%，從2010年的估計30萬人降至2023年的12萬人。這62%的新增兒童HIV感染大幅下降是一個令人鼓舞的進展。然而，近年來這一進度的步伐已經放緩。儘管在本十年初期曾急劇下降，但消除母嬰HIV傳播的持續努力面臨著挑戰，突顯了未來需要持續加大力度的必要性。

愛滋寧養服務協會由2002年開展預防母嬰感染計劃，作為唯一與醫院醫生和護士合作的機構，協會提供全面的母嬰傳播預防計劃服務。我們專業的家屬護士團隊為感染愛滋病毒的孕婦提供必須的支援，包括藥物監督、嬰兒護理協助和情感支持。為了確保及時的幫助，母親們可以通過我們的24小時緊急熱線進行諮詢。我們將致力於監測嬰兒的健康狀況，直到他們滿18個月，並確認他們沒有愛滋病毒病毒感染。

愛滋寧養服務協會鼓勵孕婦應盡早接受愛滋病毒抗體測試並於懷孕後期(約36週)再進行第二次檢測，以便及早發現和接受治療。由2002年至現在，本會已處理46個預防母嬰傳播個案，而成功率達100%。



Community and Home Based Rehabilitation Service 社區及外展復康服務

The Society for AIDS Care (SAC) has provided physiotherapy services to people living with HIV (PLHIV) and their caregivers since 1999. Through comprehensive assessment conducted by SAC professional physiotherapist, treatments are delivered either on home-based or centre-based, together with exercise training to improve clients' mobility and self-care capabilities, hence enhancing their quality of living.

In addition to supporting PLHIV with symptoms caused by early drug side effects or complications of the HIV itself, such as osteonecrosis, various arthritis or lung function decline, the service has also been specially targeted at the aging and early frailty situation of PLHIV in recent years with strengthening various exercise training and workshops such as lower limbs strength training and balance exercise, theraband training groups and talk on fall prevention. Moreover, this year, physiotherapist also cooperated with professional nurses to conduct segmental body composition monitoring with PLHIV with assessment on body fat percentage, visceral fat rating and limb skeletal muscle mass index. Together with health education and exercise training, PLHIV became more aware on their health situation and were encouraged to develop healthy living habits.

愛滋寧養服務協會自1999年開展物理治療服務，為愛滋病毒感染者及其照顧者提供全面復康支援。本會物理治療師為個案作全面評估，安排在日間中心或以外展形式接受治療，並配合運動訓練從而改善個案活動及自我照顧能力，改善生活質素。

物理治療服務除支援感染者因早期藥物副作用或愛滋病毒本身的併發症引起相關症狀如骨壞死、多種關節炎或肺功能衰退外，近年服務亦特別針對感染者趨向老齡化及提早衰老情況，加強各種運動小組訓練及工作坊，包括下肢肌力及平衡訓練、橡筋帶肌肉力量訓練及預防跌倒講座等。另外，本年度物理治療師亦與專業護士合作，透過使用體脂磅評估身體脂肪率、內臟脂肪指數、四肢骨骼肌質量指數等，配合健康教育及運動，加強感染者了解其身體機能情況，及早建立健康生活習慣。



Statistics 服務統計

Health improvement for physiotherapy service users
使用物理治療服務後健康情況改善

Health condition and physical ability have been improved
服務使用者身體狀況和活動能力有所改善

94.5%

Yes
是

Self-confidence has been improved as health condition improved
服務使用者身體狀況和活動能力改善，增加了對生活的自信心

93%

Statistics on recipients of physiotherapy service
接受物理治療服務的對象統計



Activities 活動	Description 簡介	Date/Time 日期/時間
Stretching exercise group 伸展運動小組	Stretching and relaxation exercises to encourage members exercise regularly. 進行簡單伸展運動，鼓勵會友恆常運動。	2023-2024 Organize regularly 恆常舉行
Ball game group 球類運動樂	Bowling, badminton and ping pong groups were organized to improve cardiopulmonary fitness, muscle endurance and body coordination 透過球類活動小組如保齡球，羽毛球及乒乓球，改善心肺功能、肌耐力和全身協調性。	2023-2024 Organize regularly 恆常舉行
Leisure sport gathering 優閒運動聚會	Through the leisure sport gathering activities, members participated in Switch-sport games which can challenge or help maintain their hand-eye coordination and reaction time of limbs. 透過優閒運動聚會，會友於日間中心參與電子互動遊戲等活動，考驗手眼協調和四肢的反應和靈活性。	2023-2024 Organize regularly 恆常舉行
Theraband exercise training 運動橡筋帶訓練	Use exercise band to train different muscle groups as strengthening exercises for members to maintain flexibility of limbs and trunk. 運用橡筋帶訓練不同肌肉組群，訓練會友保持四肢和軀幹的靈活性。	5/2023 and 3/2024
Lower limbs strength training and balance exercise 下肢肌力及平衡訓練班	Balance and lower limbs strength training exercises aimed to challenge and enhance our clients' stability and coordination, reducing their intrinsic risk of falling. 透過腿部肌肉阻力運動和平衡力訓練，會友們能練習並加強平衡力和身體協調性，降低跌倒風險。	6-7/2023 and 11-12/2023
Segmental body composition monitoring 體脂及骨骼肌質量評估	Encourage clients to become more aware of their body compositions and functions including body fat percentage, visceral fat rating and limb skeletal muscle mass index for health planning. 透過使用體脂磅評估身體脂肪率、內臟脂肪指數、四肢骨骼肌質量指數等，了解身體機能情況，為身體健康作規劃。	2023-2024 Organize regularly 恆常舉行
Health Talk 健康專業教室	Physiotherapist shared health and exercises issues to help patients understand their health condition. 與會友分享健康與運動的資訊，讓大家多了解自我管理及健康生活的方法。 2023-2024 Health Talk 健康講座 (1) Fall Prevention 預防跌倒 (2) Management on shoulder pain 肩膊痛處理	2023-2024 Organize regularly 恆常舉行





SAC Day Center 日間中心服務

SAC Centre is committed to promoting holistic health of people living with HIV (PLHIV) and their carers. Our professional team includes social workers, nurses and physiotherapist organizes various body-mind-spirit activities aimed at strengthening the physical, social and mental health needs of members. Through the relaxing and non-judgmental environment in our day centre, PLHIV can get in touch with fellows and build mutual trust through understanding and sharing, and hence strengthen the peer support network.

Our center theme in 2023-2024 was "Be Together for Glorious Future". We hoped to support PLHIV all-round as to maintain a good quality of life and achieve the target of 4th 90. The programs implemented this year are as highlighted below:

(1) Health Education

SAC continuously cooperated with HIV clinic specialists, clinical psychologist and social workers this year to conduct all-round health education activities for members as for promoting holistic health. Health education workshops covered various aspects related to HIV, caring on comorbidities, mental health and community resources. The topics covered in this year's health talk series including "Skin health of PLHIV", "HIV and cancer risk of gastrointestinal tract", "HIV, liver and kidney health", "Sexual health of PLHIV", "Aging, comorbidity and metabolic issue for PLHIV", "Advanced Development in HIV/AIDS treatment", "Being Friend with Emotions", "Being a Happy Person", "Depression and Anxiety" and "Embracing Emotions and Knowing More about Support Resources". In addition, in response to community influenza outbreaks and continued sporadic cases of COVID-19, we also continued to provide masks, hand sanitizer and household disinfection products to members with weak immune systems to reduce the chance of being infected by the virus.

愛滋寧養服務協會日間中心致力照顧愛滋病毒感染者及照顧者全人健康，中心專業團隊包括社工、護士及物理治療師針對會友身心社靈需要設計多元化活動，並透過中心輕鬆及非批判性環境讓感染者接觸同路人，從認識及分享建立互信關係，加強朋輩支援網絡。

2023-2024年度，中心以「結伴同行。活出未來」為主題，期望與感染者及照顧者同行，以全方位支援達至第四個90目標，讓感染者維持良好生活品質。本年度推行的活動包括：

(1) 健康教育

中心今年繼續與愛滋病診所專科醫生、臨床心理學家及專業社工合作，為會友提供全面健康教育活動，提升會友全人健康。本年度健康講座涵蓋愛滋病、共病照顧、精神健康及社區資源等範疇，其中包括：「常見皮膚問題及處理」、「腸道健康與你」、「肝腎健康知多D」、「認識性傳播疾病」、「慢性共病多面睇」、「治療最新發展方向」、「與情緒做朋友」、「做個開心快活人」、「認識抑鬱與焦慮」、「社區精神健康服務資源」等。另外，因應社區流感爆發及新冠持續零星個案，中心亦繼續向免疫力弱的會友提供口罩、洗手液及家居消毒用品等，以減低受病毒感染機會。





(2) SAC Food Bank and "Sharing the Bless" Program

Most of members are from low income families or unable to work due to health conditions. In facing of the rising local price index, SAC food bank continued to provide basic food including rice, oil, canned food and noodles to members in need with the funding support from HSBC Hong Kong Community Partnership Programme and Barry & Martin's Trust. In addition, we continued to cooperate with Foodlink Foundation in the "Sharing the Blessing" program to collect fruits, dry food and other daily necessities from supermarkets and share them with members, encouraging the cherishing of resources and reducing waste.

(3) Peer and Social Support Program

Peer and family support play a key role in maintaining a good quality life for PLHIV. SAC Day Centre is committed to strengthening the support network of peers and carers of people living with HIV through various activities. In addition to the Mid-Autumn Festival and Christmas parties this year, "Rice Dumpling Making Workshop", "Chinese New Year Gathering with Singleton Members" dinners and birthday parties for members have also resumed. With support from Koo Tin Lok Charitable Foundation Limited and Hong Kong Disneyland's "Community Involvement Program", charity film show and Hong Kong Disneyland Tour were continued to be arranged for our members to gather together.

(2) 食物銀行及有福同享

中心會友大部份為基層家庭，或因個人身體狀況未能就業。面對本地物價指數不斷上升，本年度中心獲得滙豐香港社區夥伴計劃及貝利馬丁基金會資助，讓食物銀行繼續提供基本食糧包括米、油、罐頭及麵條予有需要會友。另外，中心持續與膳心連基金合作「有福同享」計劃，增加從超級市場收集水果、乾糧及其他日常用品轉贈會友，鼓勵珍惜資源，減少浪費。

(3) 朋輩社交及家庭支援

朋輩及家庭支援維持感染者有質素的生活有關鍵性影響，中心致力透過各種活動加強感染者朋輩及照顧者支援網絡，本年度除中秋及聖誕聚會外，「糰有你關懷」糰子製作、獨居人士團年飯及會友生日會亦重新展開。此外，亦感謝古天樂慈善基金及香港迪士尼樂園「社區共享計劃」繼續支持，分別安排慈善電影共賞及迪士尼外遊活動予感染者共聚。





(4) Therapeutic Group Activities

Our professional team continued to organize diversified therapeutic group activities to take care of the whole-person needs of PLHIV. This year, we have arranged mindfulness practice, Nagomi pastel art learning groups, narcissus planting workshop, art creation activities, film sharing and chit-chat tea gatherings. Through participating in the activities, PLHIV were encouraged to express feelings and develop their talents for enhancing their confidence in self-care and living in the community.

(4) 治療小組活動

為照顧感染者身心社靈需要，中心專業團隊於本年度繼續致力開展多元活動，其中包括靜觀修習、和諧粉彩學習小組、鏢水仙球工作坊、藝術創作活動、電影分享聚會及活力茶聊等，讓感染者透過參與活動抒發個人感受及發展潛能，增強對生活的信心。

Statistics 服務統計

Statistics of Programs in Day Centre

日間中心活動統計 2023-2024

Total Participants 參與人數: 21,880

Health Education Program
健康教育活動

23%

Center Drop-in and
Support Service
中心偶到及支援服務

46.5%

Therapeutic Program
and Peer Support
治療性活動及朋輩支援

15.3%

Hotline support
熱線支援

15.2%





Empowerment Mutual Help Service 會友賦權互助服務

The SAC empowerment and mutual help service has been launched since 2000. It is a program using multi-dimensional process that support members under our care in capacity building and gaining control over their own lives. We encourage members to participate in various volunteer services according to their interest and our social workers design various training and volunteer service opportunities for them to enhance self-competence and confidence.

This year, we continued to provide self-exploration and communication skills training for our volunteers to enhance the cohesiveness of the volunteer team. Volunteers also continuously served our members and fully supported center activities preparation including Chinese New Year "Fei Chun" and decoration preparation, rice dumpling making, X'mas gift design, packing food packs and festival gifts for members, center festival decoration, red ribbon and blessing cards production and paperwork support, etc. Members also serve as volunteer mentors, sharing what they have learned with other volunteer members.

The smooth operation of the center also relies on the dedication of our volunteers. As to commend for their contribution, we organize volunteer recognition ceremony every year to review the past work with the volunteers and present certificates of commendation to them, we also discussed the direction of future development and new year planning with the volunteers.

We hope members can enhance their ability and sense of belonging to the centre through the empowerment mutual help service. Moreover, they can use their talents to contribute to the centre and society.

本會自2000年起開展會友賦權互助服務，希望從多方面提升會友能力，重新掌控個人生活，並在服務中支援其他身體較弱會友。中心社工設計各種訓練並因應會友專長安排服務機會予會友參與，提升其能力感，加強自信心。

本年度中心繼續安排義工參與自我認識及溝通技巧訓練，藉此加強義工團隊合作性。義工團隊持續服務感染者及支援中心活動準備，包括新年寫揮春及掛飾製作送贈會友、端午節包糰、聖誕小禮物設計、會友生日會表演、包裝食物及節日禮物包、中心節日佈置、紅絲帶和心意咭製作及文書工作支援等。另外，會友亦擔任義工導師，將個人所學與其他義工會友分享。

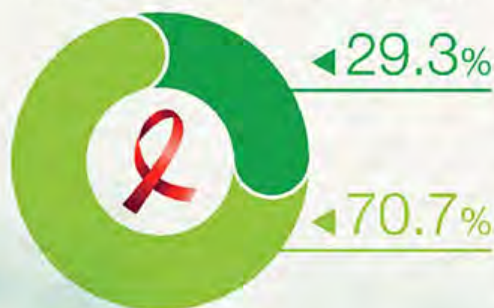
中心能夠順利運作有賴一眾義工無私的幫忙和付出。為表揚義工們於過去一年在中心義務工作的參與，本會每年安排義工嘉許禮，與義工們回顧過往工作的點滴及頒發嘉許狀。義工們亦一起討論對小組來年的方向及活動安排。

中心希望透過會友賦權互助服務，增強會友能力感和歸屬感及運用個人才能回饋中心及社會。

Statistics 服務統計

Statistics on empowerment mutual help service.
會友賦權服務統計

Total Participants 參與人數: 410



Volunteer Training
義工訓練

HIV/AIDS Education &
Empowerment Mutual
Help Activities
愛滋病教育及
賦權互助活動





Counseling Service 輔導服務

In addition to physical illness, people living with HIV (PLHIV) also face great challenges to their mental health and inter-personal relationships. Labeling and discrimination against PLHIV from the society have resulted in PLHIV and their carers tending to isolate themselves to cover their HIV status. PLHIV who lack support from family and peers are also unwilling to take the initiative to connect with community services. They face loneliness, helplessness, and emotional distress. We provide outreach and centre counseling services by professional social workers to PLHIV in need, including case counseling, therapeutic groups and hotline support, etc.

愛滋病病毒感染者除面對身體病患，精神健康及家庭人際關係亦面對很大挑戰。社會對愛滋病病毒感染者標籤化及歧視致使感染者及其照顧者傾向自我孤立以隱藏感染身份。缺乏家庭及朋輩支援的個案亦不願主動接觸社區服務，獨自面對孤單無助，情緒備受困擾。本會針對感染者需要由專業社工提供外展及中心輔導服務，包括個案輔導、治療性小組及熱線支援等。





This year, we have launched a 2-year "Together We Love – Mental Health Support Project" supported by the Advisory Committee on Mental Health of Health Bureau to mental health support services for PLHIV especially elderly and their carers. The service targets of this project are the more hidden, lonely and discriminated groups in the community. The label of "AIDS patient" has brought great stress to the mental health of this group and their families. Misconception on "AIDS" from the public also discourages this target elderly from accessing community services. Social worker provide early intervention on mental health with counselling and support services including outreach visits, peer support programs, mental health education and E-mental health hub for the elderly with HIV infection and their carers. Also, cases will be referred to relevant social services as to establish community support networks and enhance their ability in help seeking.

本年度本會開展為期2年由醫務衛生局精神健康諮詢委員會支持的「同途有愛- 精神健康支援計劃」，為愛滋病毒感染者特別是年長感染者及其照顧者提供精神健康支援服務。此項目服務對象為社區內較隱蔽、孤獨及被歧視一群。愛滋病毒感染者身份對這群長者及其家庭標籤為精神健康帶來極大壓力，一般大眾對愛滋病誤解往往亦使服務對象對接觸社區服務卻步。社工透過個人及小組輔導、外展探訪、同路人支援活動、精神健康教育及精神健康電子資訊平台等，盡早介入為有精神健康需要的愛滋病毒感染者及照顧者提供支援，並轉介個案往適切社會服務，加強社區支援網絡，提升其求助主動性。

Statistics 服務統計

No. of cases 服務個案: 170

No. of attendance 服務人次: 16,853

No. of hotline support 熱線支援: 2,690





Women Phone-in Hotline and Free HIV and Syphilis Testing Service

女士諮詢熱線及免費愛滋病與梅毒測試服務



As at the first quarter of 2024, there were 12,143 reported cases of HIV infection accumulated in Hong Kong and in which around 2,193 cases were women. Among the infected cases, one in every five infected cases was female. 37% of the cases served by SAC are female, and some of them are cases that were only detected in the late stages of infection.

In Hong Kong, women especially those who are married or have regular sexual partners are in general lacking awareness of HIV/AIDS and feel that the risk of infection is low, so there is no need for testing. Therefore, most female infected cases are only detected when complications occur in the later stages, which not only damages physical functions but also causes great mental distress. As there has been a lacking of HIV testing services specially tailored made for women, the Society for AIDS Care (SAC) has set up a Women HIV Testing Service to enhance their awareness on HIV prevention in 2015 and with syphilis testing included afterwards. SAC female professional nurses and social workers were in-charged of the hotline service and answered the enquiries on HIV and sexually transmitted diseases transmission. Moreover, they provided infection risk assessment, testing service arrangement, pre and post-test counseling support and information on local AIDS-related services. Whenever there were positive cases found, our nurse would provide instant support and accompany the cases to attend the HIV confirmation test and follow-up treatment in HIV Clinic.

We continuously devoted resources to promote "early testing, early treatment". We hoped to encourage women to actively participate in HIV testing and prevention education, reducing their chances to reach late diagnostic stage of illness.

截至2024年第一季，香港的愛滋病毒病毒感染個案累積至12,143宗，當中女士感染個案佔2,193多宗，大約每五位感染者當中就有一位是女性。本會服務愛滋病毒病毒感染人士中，女性個案佔37%，部份屬感染後期才檢測出來的個案。

在本港，一般婦女特別是已婚或有固定性伴侶的女性普遍對愛滋病較少認識，自覺感染風險低，沒有需要接受測試。因此，女士感染個案大多在後期併發症出現時才檢測出來，除身體抵抗力變弱及機能受到破壞，亦為精神上帶來很大困擾。有鑑於本港一直忽略女士對愛滋病毒測試服務的需要，本會於2015年開始設立女士愛滋病毒測試服務及諮詢熱線，其後再加入梅毒測試服務，加強女士教育及預防感染意識。熱線由本會女性專業人員包括護士及社工接聽，解答有關愛滋病毒及性病傳播疑問、感染風險評估、提供測試安排及測試前後輔導支援和本地愛滋病相關服務的資訊。測試後如有感染個案，本會專業護士即時提供支援及陪伴個案往愛滋病專科診所進行確診及跟進治療。

本年度本會持續投放資源推動女士積極參與愛滋病毒測試及預防教育工作，鼓勵女士「及早測試、盡早治療」，減少出現後期診斷的問題。

Statistics 服務統計

Total attendance 參與人次: 14,974



HIV Self-Testing Service 愛滋病病毒自我檢測服務

A total of 105 additional cases of HIV infection were reported to the Department of Health in the first quarter of 2024, bringing the cumulative total of reported HIV infections to 12,143 since 1984. Nearly 80% of the cases acquired the infections via sexual contact. In response to the goal of ending AIDS epidemic by 2030, the UNAIDS actively promotes and improves HIV testing coverage to help infected people know their personal infection status as early as possible so that they can receive treatment as soon as possible and hence reducing HIV transmission.

In recent years, HIV self-testing has been actively promoted overseas and in Hong Kong to further increase the testing rate. Therefore, we have launched HIV self-testing services since 2019, providing OraQuick® oral fluid test (pre-qualified by the World Health Organization) together with pre and post-testing counselling support conducted by professional nurses and social workers. The service encouraged those in need to get tested continuously in private environment and treatment could start early once infection was detected.

香港衛生署於2024年第一季接獲105宗感染愛滋病病毒新增呈報個案。自1984年以來個案累積至12,143宗，而接近百分之八十個案經由不安全性接觸感染。因應於2030年終結愛滋病流行的目標，聯合國愛滋病規劃署積極推動及提升愛滋病病毒檢測覆蓋，協助受感染人士盡早得悉個人感染狀況，從而盡快接受治療，減少病毒傳播。

近年，海外及本港積極推廣愛滋病病毒自我檢測，藉此進一步提升檢測率。因此，本會自2019年推出愛滋病病毒自我檢測服務，提供OraQuick®口腔黏液檢測工具(通過世界衛生組織資格預審)配合專業護士及社工提供測試前後輔導諮詢熱線，鼓勵有需要人士在私密的情況下持續進行測試，若發現感染可盡早接受治療。



The Society for AIDS Care

愛滋寧養服務協會

愛滋病自我檢測服務

HIV SELF-TESTING KIT SERVICE

OraQuick® Oral fluid test 口腔液檢測工具
www.aidscares.com.hk

若遇到下列情況，您需要考慮接受測試：
You should consider testing if you encounter the following situations:



計劃結婚/ 懷孕
Plan for marriage/
pregnancy



懷孕前期及後期
At early/ late
stage of pregnancy



懷疑自己或性伴侶感染愛滋病/
肝炎病毒/ 性病

Either you or your sexual partner
suspected of HIV/ hepatitis/
sexually transmitted infected



曾有不安全性行為
Had unsafe sex



OraQuick® 口腔液檢測工具可於愛滋寧養服務協會購買

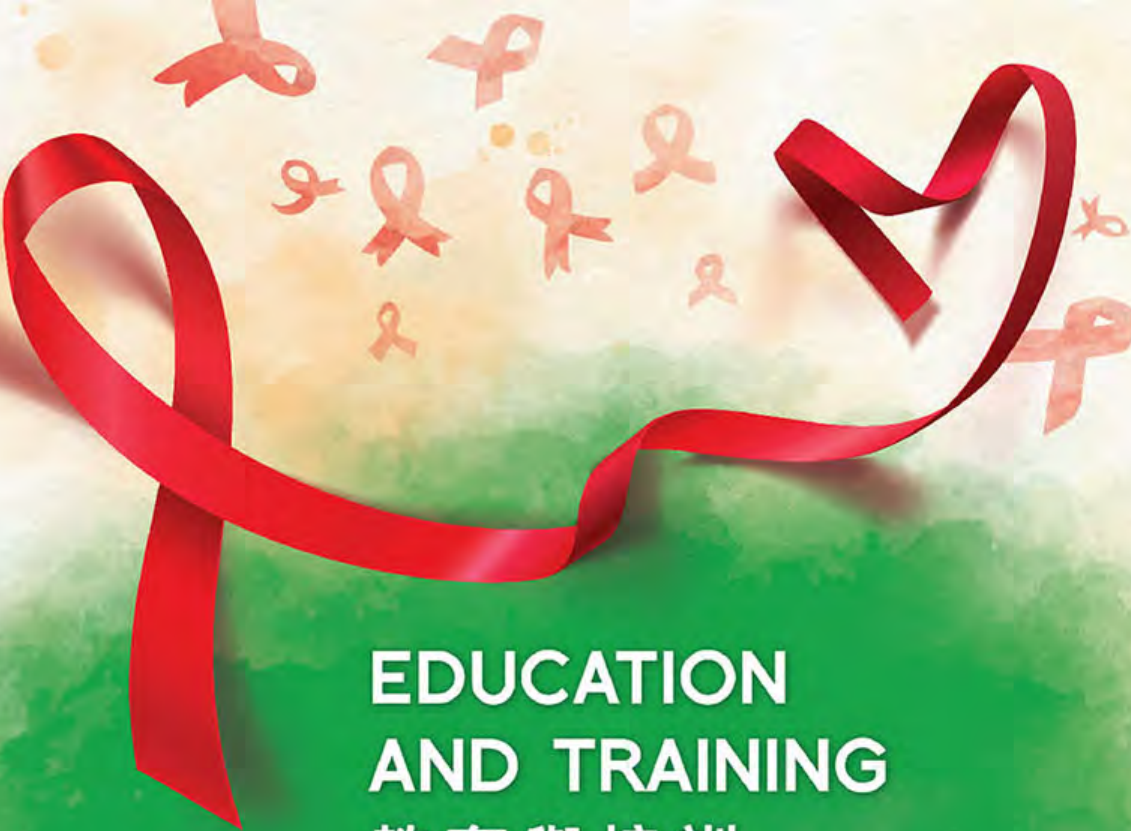
OraQuick® Oral fluid test kits are available for sale at The Society for AIDS Care

購買熱線 Order Hotline:

6730 8050



The Society for AIDS Care



EDUCATION AND TRAINING 教育與培訓



The Society for AIDS Care
愛滋寧養服務協會
多點關心 關照人生
A Different



“Say No to Discrimination!” Mask Design Contest 2023-2024 「向歧視說不！」 面具設計比賽 2023-2024

Since 2011, The Society for AIDS Care (SAC) has been organizing the annual Mask Design Contest under the theme “Say No to Discrimination!”. The contest aims to spread the message of acceptance towards people living with HIV/AIDS (PLHIV). Masks are used as a symbol of identity protection for PLHIV due to the fear of discrimination. Through the creation of artwork, students and public participants are invited to learn more about HIV/AIDS and the challenges PLHIV face, thereby eliminating misconceptions.

This year, the contest attracted thousands of entries from secondary schools and colleges across Hong Kong. On March 7, SAC held the inaugural “Say No to Discrimination!” Mask Design Contest 2023-2024 Awards Ceremony at the Henry G. Leong Yaumatei Community Centre. Our CEO, Ms. Alice Chan, delivered an opening speech to welcome nearly 300 attendees. The award ceremony honored the champion, 1st runner-up, 2nd runner-up, outstanding awardees, the recipient of the Facebook Most Popular Award, and the Most Active Participation School Award. After the ceremony, students, teachers, parents, and friends explored the displayed artworks and captured the memorable moments through photos.

愛滋寧養服務協會自2011年起，每年舉辦「向歧視說不！」面具設計比賽，傳遞包容和接納愛滋病毒感染者訊息。以面具作為愛滋病毒感染者懼怕公開病情及自我保護的象徵；讓學生及公開組參加者透過面具設計，正確認識愛滋病和了解愛滋病毒感染者所面對的挑戰，消除誤解。

今年的面具設計比賽吸引了數千名來自香港多間中學及大專院校的學生踴躍參與。本會於3月7日在梁顯利油麻地社區中心舉行首屆「向歧視說不！」面具設計比賽2023-2024頒獎典禮。本會的行政總監陳麗卿女士為頒獎典禮致辭，歡迎在場接近300位出席者。陳女士為我們頒發冠軍、亞軍、季軍、傑出作品獎、Facebook 最受歡迎獎及最踴躍參與學校獎。頒獎典禮完結後，各同學、老師、家長及親友們都細心欣賞比賽的作品及拍照留念。



Cambodia Project 柬埔寨計劃

“Love with Care” School Project

Since 1995, The Society for AIDS Care (SAC) has been committed to providing HIV-related educational training and development programs for less developed countries. Continuing this meaningful work, we launched the “Love with Care School Project” in collaboration with KHEMARA Cambodia, the longest-serving NGO for women and children in Phnom Penh, in 2018. This annual project aims to empower school students through education on sexual reproductive health and HIV prevention. It also offers HIV testing and counseling services to those in need, ensuring proper medical treatment and support. This year, the joint program successfully reached over 1,227 students at 4 high schools in Peam Chileang and Thmor Pich province.

World AIDS Day Community Event

To mark World AIDS Day, KHEMARA Cambodia extended SAC's signature Mask Design Contest to local communities in Peam Chileang and Tboung Khmum province. Students created hundreds of masks with the theme “Say No to Discrimination,” and selected the most popular designs. During these events, painting activities and quiz games were organized in a playful manner to educate students about sexual reproductive health. The events aimed to increase public knowledge of HIV/AIDS, eliminate misconceptions, and reduce discrimination against people living with HIV/AIDS. The meaningful events saw the participation of 500 people, including representatives of the Deputy Municipal Chief, The Commune Council of Women and Children, police officers, teachers, and peer educators.

Educational Training

The “Love with Care School Project” adopts a train-the-trainer teaching model to maximize its impact and sustainability. Project peer educators, who are elected by their classmates, receive regular, intensive training on HIV prevention and sexual reproductive health education. This empowers them to disseminate critical information within their own schools and communities. On December 11 and 12, 2022, KHEMARA Cambodia selected 34 students as peer educators from four secondary-high schools in Peam Chileang and Thmor Pich provinces. These peer educators have since undergone four comprehensive training sessions covering various aspects of HIV prevention and sexual reproductive health education.

愛與關顧學校計劃

愛滋寧養服務協會自1995年起，一直致力為發展中國家提供有關愛滋病的教育培訓及推行相關的發展計劃，讓更多人認識愛滋病，減低感染率。由2018年起，本會與一所為柬埔寨金邊婦女及兒童改善生活、於當地歷史最悠久的非牟利機構—KHEMARA Cambodia 展開年度「愛與關顧學校計劃」。該年度計劃旨在啟導當地學齡兒童在生育健康及預防愛滋病的發展，增加他們相關的知識。同時，計劃亦為有需要人士提供愛滋病毒測試及輔導服務，讓測試呈陽性反應或有生育健康問題的人士獲得適切的藥物治療及支援。而本年度計劃已順利於當地4所高中學校推行，直接受惠的學生更多達1,227人。

世界愛滋病日社區活動

為響應世界愛滋病日，KHEMARA Cambodia 分別在Peam Chileang省及Tboung Khmum省的社區內舉行本會代表性的面具設計活動。學生們以「向歧視說不」為題，親手設計了百多個面具，並選出最受歡迎的面具；這些活動亦設有繪圖及問答遊戲，讓參加者透過輕鬆有趣的方法更了解有關生育健康的知識。活動成功令更多社區人士正確認識愛滋病，消除對愛滋病毒感染者的標籤和歧視。活動約有500人參與，亦獲得多個團體支持，包括市委副市長、婦女及兒童委員會、警察、學校老師、學生及朋輩領袖等。

教育培訓

「愛與關顧學校計劃」以培育朋輩訓練領袖的形式進行，透過學生以投票形式選出朋輩領袖。這些朋輩領袖會定期接受預防愛滋病及生育健康教育的培訓，讓他們向同學們分享培訓所獲得的資訊，將資訊推廣至學校甚至社區。KHEMARA Cambodia分別於2022年12月11日及12日在Peam Chileang省及Thmor Pich省的4所高中學校選出34位學生，成為計劃的朋輩領袖；並安排這些朋輩領袖進行4次預防愛滋病及生育健康教育的培訓。

Equipped with this knowledge, they actively engage their peers, ensuring that accurate and essential information reaches a wider audience. By fostering peer-to-peer education, the project not only enhances individual understanding but also cultivates a supportive and informed community.

The Support of Local Authorities

The "Love with Care School Project" benefits greatly from the steadfast support of local authorities. Last year, Khemara Cambodia organized various events with their assistance, notably conducting a successful awareness campaign throughout the entire village on September 9, 2023. This initiative received enthusiastic participation and positive feedback from the community. The continued endorsement and commitment of local authorities underscore their belief in the project's impact and contribute significantly to its ongoing success and community engagement.

Project Outcome

Families living in remote areas of Cambodia have limited or no knowledge of HIV prevention and the importance of sexual and reproductive health. Through the "Love with Care School Project," KHEMARA Cambodia has been able to promote HIV-related educational training and development programs in these areas, raising public awareness. Over 30 students participated in a series of face-to-face interviews and surveys, with 100% stating that the project helped build their personal knowledge, skills, and understanding of HIV/AIDS prevention and sexual and reproductive health. All students indicated that the knowledge gained from the program has improved their personal lives. More significantly, after the training, 100% agreed that they are ready to share this knowledge with their family, friends, and community members outside of school.

Success Story: Lang Veba

Lang Veba, a 20-year-old student from Tuek Chanh High School, shared a touching story about his family's struggle with HIV/AIDS. His father, a soldier, unknowingly transmitted the virus to his mother, who passed away when Lang Veba was 15. Despite facing social challenges at school and his father's absence due to work in Phnom Penh, he remained committed to his studies. He stresses the importance of fidelity to prevent HIV/AIDS and advocates against discrimination. Grateful for our program, Lang Veba highlights the need for education and support to combat stigma and ensure compassionate care.

這些朋輩領袖完成培訓後，積極地與同學及朋輩分享獲得的知識，讓更多人受惠。是次計劃透過朋輩教育的形式，不僅提升了個人的知識見解，同時亦培養出一個支持及知情的社區。

社區團體支持

「愛與關顧學校計劃」獲得當地多個社區團體鼎力支持，讓活動得以在社區成功推行。於過去一年，KHEMARA Cambodia在各社區團體的協助下，舉行了多個活動；更於2023年9月9日在村內成功舉辦宣傳活動，各界踴躍參與，帶來正面的評價。各社區團體的持續支持及參與表達對計劃推行的信念，為計劃的成功及社區改變作出重大的貢獻。

計劃成效

在柬埔寨的一些偏遠地區，仍因資源的缺乏，令當地市民難以接觸生育健康及預防愛滋病的知識。透過「愛與關顧學校計劃」，KHEMARA Cambodia能繼續於學校及社區地區推行有關愛滋病教育培訓及相關發展的服務，讓更多人受惠。在計劃推行期間，已有30多位學生進行了一系列面談訪問及調查。全部學生均表示，是次計劃能讓他們取得正確預防愛滋病及生育健康的資訊，有效地增加個人知識並透過學到的知識改善個人生活。在培訓結束後，所有學生均同意及準備向其家人、朋友及社區分享計劃所學的資訊。

計劃的成功個案: Lang Veba

就讀於Tuek Chanh High School 年約20歲的男學生Lang Veba，與我們分享其家人感染愛滋病的故事。他的父親是一名軍人，在不知情的情況下將愛滋病毒傳染給他的母親，由於對愛滋病缺乏認識，令其母親的健康狀況日漸惡化，最終於Lang Veba 15歲時離世。Lang Veba的父親亦因工作關係長期離家，令Lang Veba需要獨自面對學業及社會的挑戰。Lang Veba強調在關係中保持忠誠對預防愛滋病傳播的重要性，同時亦應消除對愛滋病毒感染者的歧視。Lang Veba深信此計劃的推行有重大的意義及影響，能夠參與表示感謝。他的故事充分反映出教育及支援的必須性，讓他們得到適切的協助。





Health Talk 健康講座

The Society for AIDS Care (SAC) is dedicated to providing exceptional direct patient services to individuals living with HIV/AIDS (PLHIV), empowering them to achieve self-care and community integration. Our committed team consistently enhances their expertise in HIV care and prevention, keeping abreast of the latest research and advancements. In collaboration with esteemed partners such as Gilead Science and GlaxoSmithKline plc, SAC organized six specialized educational seminars in 2023. These seminars were exclusively tailored for our professional staff, enriching their skills and knowledge base. By promoting these educational initiatives, we not only enhance the quality of care provided to our patient members but also disseminate cutting-edge medical insights throughout our community.

愛滋寧養服務協會致力為愛滋病毒感染者提供優質的直接關顧服務，增強他們的自理能力，建立自信，讓他們重新融入社會。我們的專業團隊透過最新的研究報告，不斷提升預防愛滋病及愛滋病護理的知識。在吉利德科學公司及葛蘭素史克股份有限公司的支持下，本會於2023年舉辦了6次的教育研討會。透過這些為我們專業團隊而設的研討會，有效增強團隊的技能及知識的基礎。教育研討會不僅提高了團隊對愛滋病毒感染者的護理質素，亦能傳遞最新的醫學見解。



The 9th Asia Pacific Conference on AIDS and Co-infections

第九屆亞太愛滋病及其合併感染醫學會議



The 9th Asia Pacific Conference on AIDS and Co-infections (APACC) took place from 27 to 29 June 2024 at the Hong Kong Convention and Exhibition Centre. The conference brought together regional experts to share community and healthcare perspectives, as well as national HIV testing and prevention programs. The Society for AIDS Care (SAC) has been proudly supporting this initiative since the inaugural conference. Our dedicated team participated in both the physical and virtual components of the conference. They actively engaged in sessions featuring the latest HIV/AIDS research presented by scholars, ensuring SAC remains at the forefront of knowledge and innovation in the field.

第九屆亞太愛滋病及其合併感染醫學會議於2024年6月27日至29日在香港會議展覽中心舉行。是次會議邀請多位地區專家進行演說，分享社區及醫療保健的觀點，並提供各項建議或策略推行愛滋病毒檢測及預防。愛滋寧養服務協會十分榮幸自首屆會議起，一直都是會議的支持機構之一。本會的專業團隊到場及以線上的形式參與會議，聽取各學者講解最新的愛滋病研究報告，讓本會繼續處於知識領域的最前線。



“Know More about AIDS” Mobile Application 「愛知愛滋」流動應用程式

The Society for AIDS Care (SAC) launched the mobile application "Know More about AIDS" (APP), designed to disseminate comprehensive HIV/AIDS knowledge, transmission and prevention methods, and introduce our range of services and programs through virtual reality (VR) experiences. The APP also includes creative animations that emphasize the importance of early HIV diagnosis and adherence to treatment, highlighting how maintaining a low viral load can enable people living with HIV to lead normal lives and have healthy children with appropriate support. Through the APP, we encourage the public to educate themselves about HIV/AIDS and understand the challenges faced by individuals living with the condition, aiming to dispel misconceptions and combat discrimination effectively.

愛滋寧養服務協會推出流動應用程式—「愛知愛滋」，為公眾提供有關愛滋病的知識、傳播及預防方法等；同時透過VR虛擬實境影像介紹本會的服務及計劃。該流動應用程式利用創意動畫帶出愛滋病毒感染者只要及早診斷同持續治療，令血液內病毒數量維持偵測不到的水平，感染者跟大家一樣可以過正常生活，也可以有健康的下一代。本會希望透過該流動應用程式，鼓勵公眾推行有關愛滋病的教育，讓公眾了解愛滋病毒感染者所面對的挑戰，從而消除對他們的誤解和歧視。



Android 版本
免費下載途徑:



RESOURCE
DEVELOPMENTS
AND PROMOTION
資源發展及推廣



World AIDS Day 2023 世界愛滋病日2023

World AIDS Day, established by the World Health Organization in 1988 and observed annually on December 1, serves as a pivotal moment to raise global awareness about HIV/AIDS. This day plays a crucial role in combating the stigma associated with AIDS and HIV infection, providing a platform for solidarity with the millions affected worldwide. Many show their support by wearing a red ribbon, symbolizing HIV awareness, while others take proactive steps like undergoing HIV testing.

December also marks HIV/AIDS Awareness Month, encouraging everyone in Hong Kong to demonstrate their support. Active participation is crucial in reducing discrimination against People Living with HIV (PLHIV), creating an environment where they can seek support without fear and reintegrate into the community. This year, with generous support from MTR Corporation Limited, SAC launched a promotional campaign for its HIV Self Testing Service across key MTR stations and lines from November 22 to December 7, 2023. Utilizing non-invasive oral swabs, this service aims to enhance public awareness about HIV testing, offering the convenience of testing in a private setting at any time, promoting the goal of "early testing, early treatment." The campaign successfully reached over 5.52 million MTR users across Hong Kong, emphasizing the widespread impact of efforts to encourage HIV testing and support early intervention strategies.

世界衛生組織於1988年將每年的12月1日訂為世界愛滋病日，藉此提升全球對愛滋病的認知。世界愛滋病日讓全球的愛滋病毒感染者團結起來，對消除愛滋病的偏見及標籤發揮著重要的作用。不少人會戴上紅絲帶或者選擇進行愛滋病毒檢測，響應活動。

12月為愛滋病宣傳月，呼籲香港各界人士向愛滋病毒感染者表達支持。積極參與有助消除對愛滋病毒感染者的歧視，讓他們不再懼怕別人的目光，尋求適切援助，重投社會。今年，本會在香港鐵路有限公司的支持下，於2023年11月22日至12月7日期間在本港沿線鐵路站放置海報進行宣傳，介紹本會的愛滋病毒自我檢測服務，透過非入侵性口腔黏液檢測工具讓檢測者在私密的情況下隨時進行檢測，提高愛滋病毒檢測的意識。希望透過活動鼓勵公眾進行自我檢測，達致「及早測試，盡早治療」的目標。宣傳活動成功接觸全港超過552萬鐵路服務使用者，對鼓勵進行愛滋病毒檢測及支持早期干預政策帶來正面的影響。





Sharing Love Workshop 分享愛工作坊

Since the beginning of 2023, the Society for AIDS Care (SAC) has been organizing the "Sharing Love" workshop at our center. Initially held irregularly, the program quickly gained popularity and attracted a stable group of participants. Due to its success, we have transitioned it into a monthly event.

We invite donors and supporters to join our workshops, where participants create unique art pieces under various themed sessions. By guiding participants step-by-step, this meditative art form promotes concentration, relaxation, and inner peace. The finished artworks are then sent to our members, sharing blessings with families affected by HIV/AIDS.

自2023年初起，愛滋寧養服務協會在活力中心舉行「分享愛工作坊」。該活動起初是不定期舉行的，但隨著工作坊的受歡迎程度日增，並吸引了一批穩定的參與者，本會將其改為每月舉辦一次。

我們邀請捐款者及支持者參與工作坊；透過不同的工作坊主題，參加者創作其獨特的藝術作品。通過指導，參加者在創作時投進專注又放鬆的狀態，達至內心平靜，改善身心健康。完成的藝術作品將送贈予本會的會友，向愛滋病毒感染者及其家庭送上祝福及傳遞暖暖的心意，為社區帶來更多正能量。





Promotional Poster Campaign 宣傳海報設置

With the generous support of MTR Corporation Limited, The Society for AIDS Care (SAC) arranged for 400 posters promoting the SAC HIV Self Testing Service to be displayed at MTR stations across the East, West, and Ma On Shan Lines, as well as the Kwun Tong, Island, Tseung Kwan O, Tung Chung, and South Island Lines, and the Light Rail, from November 22 to December 7, 2023. This initiative aimed to encourage the public to utilize SAC's HIV self-testing service, which allows individuals to conduct self-tests in privacy as a preliminary screening of their HIV status. Additionally, a pre- and post-test counseling consultation hotline was established to provide HIV/AIDS information and follow-up services from our professional team. The promotion was a tremendous success, reaching an audience of 5.52 million people and advancing the goal of "early testing, early treatment."

在香港鐵路有限公司的鼎力支持下，愛滋寧養服務協會於2023年11月22日至12月7日期間在本港所有沿線鐵路站，包括東西鐵線、馬鞍山線、觀塘線、港島線、將軍澳線、東涌線、南港島線及輕鐵線等，放置400張海報進行宣傳，介紹本會的愛滋病毒自我檢測服務。鼓勵公眾使用本會的愛滋病毒自我檢測服務，讓他們能在私密情況下進行自我檢測，了解其感染愛滋病毒的狀況。同時亦可透過由本會專業同工提供的服務輔導諮詢熱線，進行檢測前後的諮詢，取得有關愛滋病的資訊及服務支援。是次宣傳活動成功接觸多達552萬人，達致「及早測試，盡早治療」的目標。

New Announcement of Public Interest to Broadcast 政府電視宣傳片播放

We are pleased to announce that we have successfully renewed the government's Announcement in the Public Interest (API), featuring a TV announcement with creative animation to promote AIDS acceptance. This TV announcement conveys the critical message that an undetectable HIV viral load is equal to HIV untransmittable (U=U). It also highlights our mother-to-child transmission prevention program. Through the use of creative animation, the announcement effectively communicates that people living with HIV (PLHIV) should seek proper treatment without fear of discrimination or being turned away due to their HIV status. The announcement will be broadcast on RTHK, Viu TV (Now TV), TVB, and HOY TV (Cable TV).

愛滋寧養服務協會再次成功申請在各政府電視頻道，播放本會的電視宣傳片，鼓勵公眾正確認識愛滋病。該電視宣傳片採用創意動畫，讓公眾更容易認識愛滋病，並說明只要感染者的愛滋病毒載量(病毒在人體血液內的數量) 達至無法檢測的水平，便不能透過性接觸傳播愛滋病毒(U=U)；同時亦介紹本會的預防母嬰感染計劃。透過生動的創意動畫，讓公眾明白愛滋病毒感染者應尋求適切的治療，不應因害怕被歧視或因其感染狀況而諱疾忌醫。這電視宣傳片會在香港各政府免費電視頻道，包括香港電台、Viu TV (Now TV)、無線電視及HOY TV(有線電視)等播出。



"Know more about AIDS" Video:
Can You Tell If Someone Is HIV-positive?
「愛知愛滋」影片：
看不見的愛滋病毒感染者？



FINANCIAL HIGHLIGHTS

財務摘要



Honorary Treasurer's Report

For the year ended 31st March 2024

Activities during the year

The Society continues to provide professional care and comprehensive rehabilitation services for the benefit of people whose lives are impacted by HIV and AIDS. In addition, various support programmes are run focused on prevention of mother-to-child transmission, counselling and empowerment.

All of these services are provided in the field and through the operation of the Society's Day Centre in Mongkok. The Society was able to report a positive financial surplus in each of the past few years.

Income, expenditure and surplus for the year

The Society's income for the year comprised HK\$11.7 million (2023: HK\$10.6 million), of which HK\$2.2 million was granted by the AIDS Trust Fund (2023: HK\$2.2 million) with the remainder being primarily derived from a variety of fund-raising activities and bank interest.

Expenditure incurred during the year was HK\$10.3 million (2023: HK\$10.2 million), of which HK\$2.6 million was spent on AIDS Trust Fund projects (2023: HK\$2.7 million).

The Society's financial surplus for the year was HK\$1.3 million (2023 HK\$0.4 million).

Financial position as at 31st March 2024

The Society remains in a strong financial position. At 31st March 2024, the Society's Funds were HK\$66.1 million (31st March 2023: HK\$68.2 million), with the decrease year-on-year due to timing of cash receipts relating to project funding. These were primarily held in the form of short-term cash deposits placed with investment grade banks.

Looking forward

The Society plans to remain active raising funds to enable it to continue to provide HIV and AIDS related services and professional care in Hong Kong. The Society's principal programs will continue, which include running the Day Centre, the women's hot-line and testing programme as well as a HIV self-testing program.

Two major projects - The AIDS Trust Fund (a government funded agency) has granted HK\$7.0M for 3 years Home Care and Rehabilitation Project from 1st April 2023 to 31st March 2026 while Health Bureau agreed to grant HK\$1.6M for 2 years project of "Mental Health Initiatives Funding Scheme" from 1st May 2023 to 30th April 2025. These two projects ensure that the Society's major project funding for the next financial year remains broadly unchanged.

As at 31st July 2024 the balance of the Society's reserves was HK\$67.5 million of which HK\$59.5 million has been set aside in the Designated Fund.



Craig Beattie
Honorary Treasurer
Date : 30 Sep 2024

INDEPENDENT HONORARY AUDITORS' REPORT TO THE MANAGEMENT BOARD OF THE SOCIETY FOR AIDS CARE LIMITED

(Incorporated In Hong Kong And Limited By Guarantee)

Opinion

We have audited the financial statements of The Society For AIDS Care Limited ("the Organisation") set out on pages 7 to 19, which comprise the statement of financial position as at 31st March, 2024, and the income and expenditure statement, statement of cash flows and statement of changes in funds for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the financial statements give a true and fair view of the financial position of the Organisation as at 31st March, 2024, and of its financial performance and its cash flows for the year then ended in accordance with Hong Kong Financial Reporting Standards ("HKFRSs") issued by the Hong Kong Institute of Certified Public Accountants ("HKICPA") and have been properly prepared in compliance with the Hong Kong Companies Ordinance.

Basis For Opinion

We conducted our audit in accordance with Hong Kong Standards on Auditing ("HKSAs") issued by the HKICPA. Our responsibilities under those standards are further described in the Auditors' Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organisation in accordance with the HKICPA's Code of Ethics for Professional Accountants ("the Code"), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the report of the directors set out on pages 1 to 3, but does not include the financial statements and our auditors' report thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**INDEPENDENT HONORARY AUDITORS' REPORT
TO THE MANAGEMENT BOARD OF
THE SOCIETY FOR AIDS CARE LIMITED**

(Incorporated In Hong Kong And Limited By Guarantee)

Responsibilities Of The Directors And Those Charged With Governance For The Financial Statements

The directors are responsible for the preparation of the financial statements that give a true and fair view in accordance with HKFRSs issued by the HKICPA and the Hong Kong Companies Ordinance, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Organisation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Organisation or to cease operations, or have no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organisation's financial reporting process.

Auditors' Responsibility For The Audit Of The Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. This report is made solely to you, as a body, in accordance with section 405 of the Hong Kong Companies Ordinance and for no other purpose. We do not assume responsibility towards or accept liability to any other person for the contents of this report. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with HKSAAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with HKSAAs, we exercise professional judgment and maintain professional skepticism throughout the audit. We also :

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

**INDEPENDENT HONORARY AUDITORS' REPORT
TO THE MANAGEMENT BOARD OF
THE SOCIETY FOR AIDS CARE LIMITED**

(Incorporated In Hong Kong And Limited By Guarantee)

Auditors' Responsibility For The Audit Of The Financial Statements (Cont'd)

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organisation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organisation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Organisation to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



S. Y. Yang & Company
Certified Public Accountants

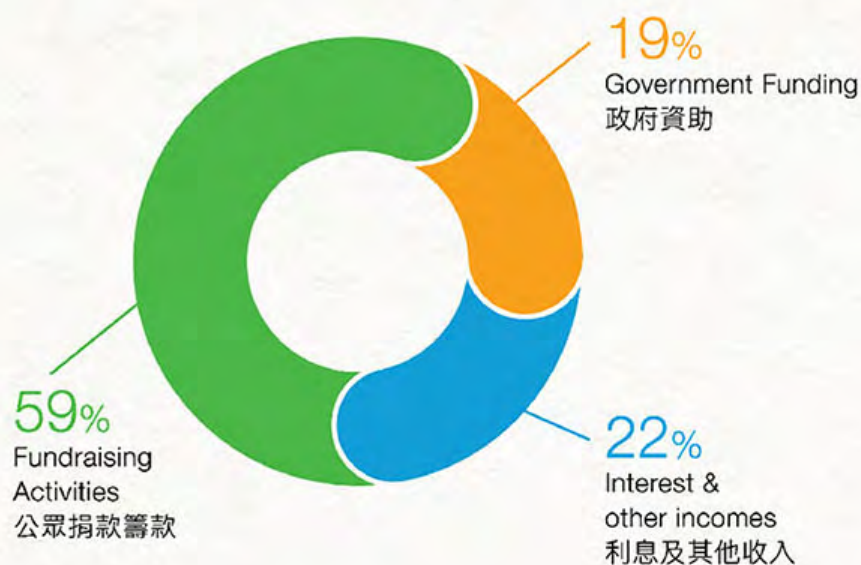
Hong Kong ; 12th June, 2024

The Financial Statement Income 2023-2024 收入來源

● Government Funding
\$2,232,247

● Interest & other incomes
\$2,550,660

● Fundraising Activities
\$6,905,871



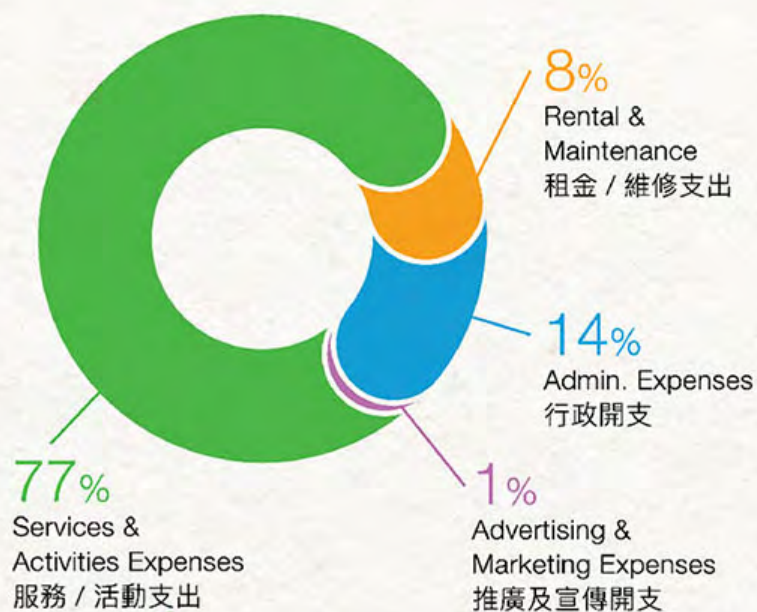
The Financial Statement Expenditure 2023-2024 支出項目

● Rental & Maintenance
\$811,421

● Admin. Expenses
\$1,438,399

● Advertising & Marketing Expenses
\$133,597

● Services & Activities Expenses
\$7,963,884





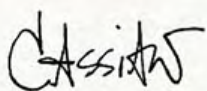
It's going to take both science and social change to end the HIV epidemic. When we unite as bold and brave individuals, alongside passionate and persistent communities, we can help end the epidemic for everyone, everywhere.

Learn more about
our commitments in HIV:



Acknowledgement 鳴謝

We wish to express our thanks to the following organizations and individuals for their generous donation and support:
我們藉此機會感謝下列機構及人士的慷慨捐款和支持:



香港公益金
THE COMMUNITY CHEST



平等機會委員會
EQUAL OPPORTUNITIES COMMISSION



Replacing hunger with a smile
將飢餓 換成微笑 膳心連



保康醫療用品公司
IAP Medical Supplies Company



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Johnson & Johnson

J.P.Morgan

MAC



曼秀雷敦



創健醫療
NEO-HEALTH
GROUP

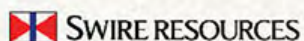


岡本

Paul Weiss
宝维斯



SWIRE COCA-COLA HK



SWIRE RESOURCES



THE UPPER HOUSE
HONG KONG



Acknowledgement 鳴謝

- Abbott Laboratories Limited
- Advisory Committee on Mental Health
- Barry & Martin's Trust
- Council for the AIDS Trust Fund
- DCH Auriga (Hong Kong) Limited
- Enfusion HK Limited
- Estee Lauder (Hong Kong) Limited
- Gilead Sciences Hong Kong Limited
- Okamoto Industries (H.K.) Limited
- 正元中醫中心有限公司

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Christopher David Jackson
Kwan Rhea Jesca
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Lee Tsz Yan
Leung Kun Hang
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Ng Suk Yin
So Wai Wa
So Yuen Yan
Wan Chui Lee
Winnie Hung Wai King
Wong Chuen Hing
Yeung Tin Yau
Yuk Yu Kwong
方慈利
尼姑
李炫正
李志成
李家华
李珮珊
李淑芬
李淑珍
李碧儀
林健恒

洪量丰
梁偉廉
梁焯棟
梁耀明
陳琮英
游潔容
蔡榮星
鄧桂蓮
鄧淇鐔
鄭宋麗
鄭偉聰
鄭雅晨
羅國榮
關碩智
關寶瑩
關耀禧

We would like to give our deepest gratitude to our generous donors, sponsors, volunteers, members and staff. With your support, our services have been developed successfully. We apologize for the missing acknowledgement, if any.

承蒙各界善長、贊助商、義工、會友及員工的鼎力支持，本會服務得以順利推廣，謹此向各位致以萬二分謝意。致謝名單如有任何遺漏，謹此致歉。





The Society for AIDS Care
愛滋寧養服務協會

你的捐助 將為我們的下一代，帶來零愛滋病感染的未來
Your Donation will help build a future of zero HIV infection
for our next generation

本人願意作以下捐款 I would like to make the following donation

- ☐ *每月捐款 MONTHLY DONATION: ☐ 港幣 HK\$300 ☐ 港幣 HK\$500 ☐ 港幣 HK\$1,000 ☐ 其他 OTHER: 港幣 HK\$ _____
- ☐ *一次過捐款 ONE-OFF DONATION: ☐ 港幣 HK\$500 ☐ 港幣 HK\$1,000 ☐ 港幣 HK\$2,000 ☐ 其他 OTHER: 港幣 HK\$ _____

*港幣100元以上捐款發稅收條。Receipt will be issued for donations of HK\$100 or above.

個人/聯絡資料 Application Details

☐ 先生 Mr ☐ 小姐 Miss ☐ 女士 Ms	
英文姓名 (請在姓氏下劃線) English Name (Please underline last name)	
中文姓名 Chinese Name	
通訊地址 Mailing Address	
電郵 E-mail	電話 Tel No.
出生日期 Date of Birth	日 DD 月 MM

信用卡捐款 Credit Card Donation

☐ Visa ☐ Mastercard ☐ American Express ☐ JCB ☐ UnionPay	
持卡人姓名 Cardholder's Name	
信用卡號碼 Credit Card Number	
信用卡有效日期 Card Valid Until	月 MM 年 YY (須於三個月內有效 Must be valid for the next three months)
請在其中一適當方格內加上✓號, Please check the appropriate box below:	
☐ 個別捐款 請於本人的信用卡賬戶內一次過扣除以上賬款。 One-off donation Please charge my credit card once for the above specified amount.	
☐ 每月捐款 本人現授權愛滋寧養服務協會由本人之信用卡賬戶內定期扣除上述賬款，直至本人另行通知為止。本人同意此授權書於本人之信用卡有效日期後及獲發新卡時繼續生效，並無須另行填寫授權書。(如需要取消或更改本授權書，請於取消或更改生效日期七個工作天前通知我們。) Monthly donation I hereby authorize The Society for AIDS Care Limited to charge my credit card account for the amount specified in a regular manner as agreed upon by me and The Society for AIDS Care Limited until further notice. I agree the validity of this agreement will continue before or after the expiry date of the credit card account. (Cancellation or variation of this authorization shall be given to The Society for AIDS Care Limited at least 7 working days prior to the date on which such cancellation or variation is to become effective.)	
持卡人簽名 Cardholder's Signature	日期 Date

每月捐款將於信用卡到期日後自動延續，直至閣下另行通知為止。捐款將於收到此表格後即日生效，並於每月十號左右扣除有關款項。
Upon expiry and renewal of a credit card, monthly donations will continue unless notified otherwise. Donations will be effective immediately upon receipt of this form. Transactions will normally be processed around the 10th of every month.

☐ 有關個人資料絕對保密，只會用於發放本會最新消息，如閣下願意於日後收到相關資訊，請於方格內加上✓號。

Personal information collected will be treated as highly confidential and used to the purpose of sending our latest news only. Should you decide to receive any updates from us, please ✓ the box.

幫助愛滋寧養服務協會節省開支，讓更多愛滋病感染者受惠。你可以使用信用卡捐款時將表格傳真至(852)2521 7668 代替郵寄或於郵寄時貼上郵票。
Help SAC save cost, you can fax this form to (852) 2521 7668 for credit card donation or use a stamp while mailing.

網上捐款 Online Donation

www.aidscares.com.hk/direct-donation

請到以上連結，便可以使用信用卡作即時捐款，網上捐款免交回此回條，我們將依據你的資料發收據。

You can make real time donation with your credit card on the link above. You do not need to return this slip. Receipt will be issued according to the information you provided online.

支票捐款 Cheque Donation

支票號碼 Cheque No.: _____
抬頭: 愛滋寧養服務協會有限公司
Payable to "The Society for AIDS Care Limited"

直接存款 Direct Deposit

請將捐款直接存入本會其中一個銀行戶口，並將收據寄給我們。
Please deposit the donation into one of our following bank accounts, and send us the receipt.

東亞銀行 BEA account: 015-228-10-400465-6
匯豐銀行 HSBC account: 096-158233-838

繳費靈捐款 PPS Donation



商戶編號: 6325
商戶名稱: 愛滋寧養服務協會
Merchant Code : 6325
Merchant Name : THE SOCIETY FOR AIDS CARE

交易編號 Payment Reference No.: _____

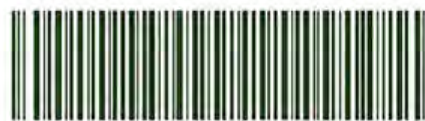
便利店捐款 Donation at Convenient Stores

閣下可以到全港任何一間OK便利店*/U Select/ U Select Food/ VanGO便利店/華潤萬家超級市場以現金或易辦事捐款。

(*單一慈善現金捐款金額不能超過港幣五千元正。)

Cash or EPS donation available in Circle K Convenience Stores*/ U Select/ U Select Food/ VanGO Convenience Stores/ CR Vanguard Supermarkets.

(*Cash donation to charity merchants shall not exceed HK\$5,000 per transaction.)



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銀行每月自動轉賬 Bank Monthly Autopay

☐ 請致電3622 1293索取授權書。
Please call 3622 1293 for a bank autopay authorization form.

捐款收據 Donation Receipt

一年內累積捐款港幣一百元以上可憑收據在香港申請免稅。
Accumulated donations of HK\$100 or above annually are tax deductible with a receipt.

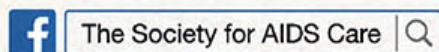
☐ 請寄發收據。Please send me a receipt.
1. 若收據抬頭並非捐款者本人，請以英文列明 Please specify the recipient if it is different from the donor: _____

2. 若未有捐款者姓名或地址，恕未能寄發收據 We are unable to provide receipts to donors without full name or address.

☐ 為幫助節省行政開支，本人不需要收據。
To help save administrative costs, please do not send me a receipt.



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Together We Make A Difference



 **Donation Hotline 捐款熱線: 3622 1293**

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