

2024 - 2025 年報

ANNUAL REPORT

多點關心 照亮人生

Together We Make A Difference

The Society for AIDS Care (SAC)

established in November 1994, is Asia's first community-based, non-profit charitable organization providing high-quality direct patient care services to people living with HIV/AIDS (PLHIV) of all ages, including children, women, adults, and the elderly, as well as their caregivers. SAC also implements a women's phone-in hotline and offers free HIV and Syphilis testing services. The professional service team consists of nurses, social workers, counselors, and physiotherapists, offering both outreach and center-based services on HIV/AIDS care and prevention. These services include drug supervision, therapeutic counseling, psychological support, physiotherapy, physical training, peer support, public education, and volunteer training. SAC is committed to providing professional care to PLHIV, strengthening their self-care abilities, building their self-confidence, and promoting a vision of positive living to facilitate full community reintegration. SAC is also a U=U (HIV Undetectable = Untransmittable) community partner.

愛滋寧養服務協會

於一九九四年十一月成立，為一所以社區為基礎的非牟利慈善機構。本會是亞洲首個為感染愛滋病病毒的兒童、婦女、成人、長者及其照顧者提供直接關顧服務，同時提供女士免費諮詢熱線及愛滋病與梅毒測試服務的機構。本會擁有護士、社工、輔導員及物理治療師的專業團隊，不但提供外展服務，亦在日間中心進行各種關顧及預防愛滋病的服務，包括藥物督導、治療輔導、心理支援、物理治療、體能訓練、朋輩支援、公眾教育及義工培訓等。我們致力提供專業的服務，增強愛滋病病毒感染者的自理能力、建立自信，促進社區共融發展。本會為支持測不到 = 傳不到 (感染者的愛滋病病毒載量達至無法檢測水平 = 不能透過性接觸傳播愛滋病病毒) 的社區伙伴。

Mission Statement 使命宣言

As advocate for PLHIV, The Society for AIDS Care supports and empowers community groups and individuals with response aiming at developing and implementing integrated and sustainable HIV/AIDS programs on care and prevention.

致力為愛滋病病毒感染者爭取應有權益，策動社區組織或個人提供資源及支援，鼓勵發展及推動綜合式愛滋病的預防及關顧計劃。

Objectives 目標



To advocate for PLHIV on their rights to have quality of life and rights to be respected.

促進社會各方面，支持愛滋病病毒感染者爭取獲得基本尊重及提高生活質素的權利。



To collaborate with and to empower partners including community groups or individuals to develop integrated sustainable HIV/AIDS programs on care and prevention.

推動社區組織或個人的合作伙伴，共同策劃及發展長遠綜合式愛滋病的預防及關顧計劃。



To act as resources and support for partners in implementing HIV/AIDS programs on care and prevention. 為合作伙伴提供資源及援助，落實執行預防愛滋病及關顧愛滋病病毒感染者的服務項目。

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Board of Directors 董事會成員

Founder 創辦人



Sr. Maureen McGinley MBE 麥潔妮修女MBE

Chairperson 主席



Ms. Nichole Garnaut

Vice Chairperson 副主席



Mr. Christopher Jackson

Honorary Treasurer 義務司庫



Mr. Craig Beattie

Directors 董事



Mr. Marcus Pollard
Mr. Marcel Thoma
Mr. Randy Weddle
Dr. Andrew Yuen 阮偉文博士
Dr. Jonpaul Zee 徐詩駿醫生

Honorary Auditor 義務核數師



Mr. Charles Yang, BBS, JP 楊傳亮先生BBS JP
S.Y. Yang & Co. 楊錫禹會計師行

Honorary Co. Secretary 義務公司秘書

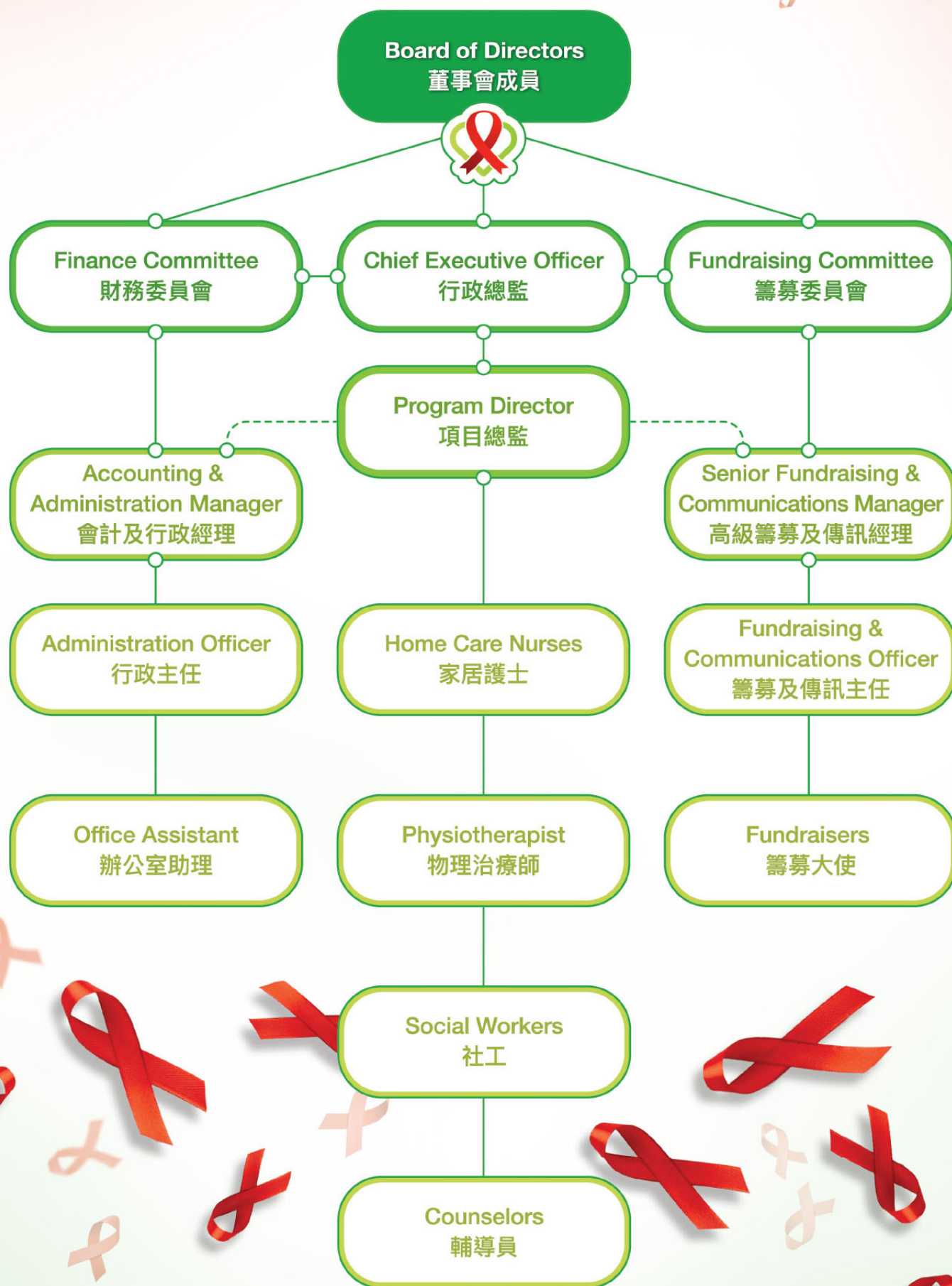


Clyde & Co. 其禮律師行



Organization Chart

組織架構圖



A Tribute to Our Founder

向創辦人致敬

In Loving Memory of



Sr Maureen McGinley

1948 - 2025



Chairperson's Message 主席獻辭

In a year marked by shifting economic conditions across Hong Kong, the Society for AIDS Care (SAC) remains deeply committed to our mission of supporting people living with HIV/AIDS (PLHIV). Our Centre continues to be a safe, inclusive space where individuals receive the care they deserve. Our dedicated professional team, which includes social workers, nurses, and physiotherapists, offers various activities that support the physical, social, and mental well-being of our members. Through the relaxing and non-judgmental environment in SAC day centre, PLHIV can connect with fellows, foster mutual trust through understanding and sharing, and strengthen their peer support network. Our 24-hour telephone support hotline also remains a vital lifeline, offering professional care and psychosocial assistance—especially for those newly diagnosed and adjusting to their treatment journey. With the commitment of our professional team, SAC has achieved an undetectable rate of over 97% among PLHIV under our care, contributing significantly to HIV transmission control in Hong Kong. Furthermore, 93% of them expressed that the home care service helped to improve their self-confidence and ability to cope with the disease.

Statistics from the Department of Health indicate that Hong Kong recorded 365 new HIV cases in 2024, averaging one new infection per day. This brings the cumulative total to 12,403 cases since 1984. Notably, almost half of the newly reported cases in 2024 were late presenters, meaning individuals were diagnosed at a stage where their immune systems were already severely compromised. This underscores the importance of early testing—not only for timely treatment but also to prevent mother-to-child transmission. We continue to promote our HIV self-testing program through public roadshows and community posters, ensuring that those in need can easily access testing information. Our self-testing kits use a non-invasive oral swab and can be used privately at any time, encouraging regular testing. More importantly, we continue to provide free HIV and syphilis testing with professional counseling to women in need. Since the SAC's Mother-to-Child Transmission Prevention Program began in 2002, 48 healthy babies have been born, demonstrating the life-changing impact of early intervention.

One of our ongoing challenges is to continue driving meaningful transformation in the lives of individuals, empowering PLHIV to live free from fear and discrimination, and to enjoy the same quality of life as everyone else. We remain steadfast in our commitment to providing HIV-related educational training for secondary school students, as well as supporting development programs in less developed countries. Now entering the eighth year in Cambodia, our joint year-long school program with KHEMARA Cambodia has successfully empowered thousands of students through comprehensive sexual and reproductive health education and HIV prevention. Under the leadership of the AIDS Walk co-chairpersons, Mr. Christopher Jackson, Dr. Andrew Yuen, Mr. Marcel Thomas, Mr. Dexter Ong, and Ms. Simmi Malhotra, our Walk has another successful year, inspiring thousands of participants to join globally. I am deeply grateful to all committee members and supporters whose dedication and hard work made it possible.

We are also pleased to welcome Dr. Jonpaul Zee to our Board of Directors. His expertise and passion will be a tremendous asset to our mission. At the same time, I extend my heartfelt thanks to our continuing board members for their unwavering guidance and steadfast commitment to our cause. I would also like to express my deepest gratitude to our dedicated staff, volunteers, donors, and partners, whose tireless efforts have been instrumental in our success. It is both a privilege and an honour to collaborate with such exceptional individuals. Lastly, I invite you to join us on this remarkable journey as we strive to build a more inclusive and compassionate society. Together, we are changing lives and working toward a future where HIV/AIDS is no longer a public threat.

Nichole Garnaut
October 2025

在香港經濟環境持續變化的一年中，愛滋寧養服務協會始終堅守支持愛滋病毒感染者的使命。本會的日常中心持續提供一個安全的環境，讓每位會員都能獲得應有的關顧與支援。我們的專業團隊由護士、社工和物理治療師組成，定期舉辦不同類型的活動，以促進會員的身心靈健康及社交發展。在日常中心輕鬆及非批判性的環境裏，愛滋病毒感染者可以與其他會員建立連繫，透過互相理解與分享建立互信，進一步強化他們的朋輩支援網絡。本會的專業護士24小時諮詢熱線提供緊急及即時協助，尤其針對新感染個案適應服用抗病毒藥物及心理支援的需要。在本會專業團隊的照顧下，97%服務使用者的愛滋病毒載量達至無法檢測水平，為本港控制愛滋病毒傳播作出重大的貢獻。此外，93%服務使用者亦表示，家居護理服務能有助提升其自信心和面對疾病的應對能力。

根據衛生署的數據顯示，香港於2024年共接獲365宗愛滋病毒新增個案，即平均每天新增一宗個案，而愛滋病毒感染呈報案由1984年至今已累積至12,403宗。值得注意的是，在上述2024年錄得的新增感染個案中，近半數屬於感染後期才檢測出來的個案，即在免疫系統已受到嚴重破壞的階段才確診。這突顯了及早檢測的重要性——不僅有助於及時展開治療，亦能預防母嬰傳播。正因如此，「及早測試，盡早治療」的理念尤為重要，我們透過公眾宣傳活動及設置宣傳海報，積極推廣愛滋病毒自我檢測服務，讓有需要的人士能更容易獲得有關資訊。本會的愛滋病毒自我檢測服務提供非侵入性的口腔拭子，讓檢測人士隨時在私密情況下進行自我檢測，希望能增加公眾對恆常檢測的需求。同時，本會亦繼續為有需要的女士提供由專業輔導人員接聽的免費愛滋病與梅毒測試服務熱線支援。本會自2002年起推行的預防母嬰感染計劃已迎接48位健康嬰兒的誕生，展示出及早介入的有效性。

爭取感染者應有的權益，是我們持續面對的其中一項挑戰，我們致力讓愛滋病毒感染者不再感到恐懼及歧視，享有與其他人一樣同等的的生活品質。為此，我們繼續履行使命，致力為中學生及與發展中國家的愛滋病服務機構合作，提供有關愛滋病的教育培訓。踏入在柬埔寨推行計劃的第八年，本會與KHEMARA Cambodia展開年度學校計劃，成功啟導千多名學生有關生育健康教育及預防愛滋病的教育。在聯合主席Mr. Christopher Jackson、阮偉文博士、Mr. Marcel Thomas、Mr. Dexter Ong及Ms. Simmi Malhotra的帶領下，本會的年度AIDS Walk已成功舉行，並得到千多位來自世界各地參加者的熱烈支持。我衷心感謝委員會成員及各支持者的鼎力支持，令是次活動得以圓滿舉行。

本會也熱烈歡迎徐詩駿醫生加入董事會。他的專業知識與仁心熱忱將為推動本會使命和工作作出寶貴的貢獻。同時，我向繼續服務的董事會成員致以衷心感謝，感激他們不懈的指導與對我們使命的堅定支持。我亦要向協會的專業團隊、義工、捐款者及各合作夥伴表達最深切的感激，他們無私的付出是我們成功的關鍵。能夠與這些如此傑出的人士繼續合作讓我感到非常榮幸。最後，我誠邀您加入我們，攜手創造一個更包容和關愛的社會，共同改變生命，努力實踐愛滋病不再成為公共衛生威脅的使命。

Nichole Garnaut
2025年10月



Chief Executive Officer's Report 行政總監報告

This year marks as a milestone in reshaping how Hong Kong addresses HIV. In June 2025, the Government has announced a strategic shift in the AIDS Trust Fund (a government fund dedicated to supporting HIV programs), transitioning from disease-specific funding toward a more inclusive and integrated healthcare model. Hong Kong will implement this new approach to HIV prevention and care, emphasizing broader collaboration with community stakeholders, including NGOs, and integrating services within the public health system. With HIV now considered a manageable chronic condition, the Government aims to integrate people living with HIV/AIDS (PLHIV) into mainstream care services and to ensure equitable access to treatment, reduce stigma, and promote social inclusion. In response, the Society for AIDS Care (SAC) remains committed to supporting PLHIV in regaining independence and achieving fuller social integration. For over three decades, SAC has provided holistic support services that empower individuals to face both their illness and life's challenges. Our Day Centre plays a pivotal role in this mission, offering a comfortable, caring, and non-judgmental environment where members can engage in activities, connect with peers, and receive support in confidence. This safe space allows individuals to participate freely, without fear of stigma or disclosure, fostering dignity and resilience in their journey toward wellness.

As part of the ongoing commitment to strengthening these strategies, HIV testing remains a critical foundation for effective prevention and care —enabling early diagnosis, timely treatment, and reduced transmission. Given the significance of HIV testing, it is imperative for the public to increase their participation in testing efforts. SAC's HIV self-testing program, launched to promote "early testing, early treatment", has continued to grow over the past years. This program, using a non-invasive oral swab, aims to raise awareness of HIV testing and offers the advantage of being performed privately at any time, making regular testing more accessible. Through extensive public roadshows and community outreach, we have increased awareness and accessibility, ensuring that more individuals can take control of their health with dignity and privacy. Last year, the program successfully reached an audience of over 5.1 million through our promotional poster campaign, and we plan to continue this effort in the coming year. Additionally, to promote more testing opportunities for women, we continue to provide free HIV and syphilis testing with professional counselling to those in need. It is very important that early diagnosis is established so that treatment could be provided for extending life expectancy and curbing the epidemic.

Building on the momentum of expanded public HIV testing, efforts have also focused on preventing mother-to-child transmission (MTCT). Between 2014 and 2024, eight MTCT cases were diagnosed in Hong Kong, highlighting the ongoing importance of robust prevention strategies. While the Universal Antenatal HIV Antibody Testing Programme with informed consent (UATP) provides early screening during pregnancy, these cases underscore the need for re-testing services in the later stages of pregnancy to ascertain no further new infections that may occur after the early test. To address this gap, the Scientific Committee on AIDS and STI under the Centre for Health Protection of the Hong Kong Department of Health updated its clinical guidelines in March 2024, recommending repeat HIV testing in the third trimester for women with ongoing risk exposure. These updates reflect growing evidence that maternal HIV acquisition can occur after initial testing, leading to late-stage transmission risks. Simultaneously, SAC has been proactive in addressing this need through the Mother-to-Child Transmission Prevention Program (MTCTPP) since its inception in 2002. The MTCTPP aims to eliminate HIV transmission in newborns by collaborating closely with doctors and nurses in hospitals and HIV clinics. SAC's dedicated home care nurses work alongside a multidisciplinary team to ensure pregnant mothers adhere to highly active antiretroviral therapy (HAART), resulting in a 100% success rate with 48 healthy babies born under this program.

今年標誌著香港在應對愛滋病毒病毒感染防控工作上的新里程碑。政府於2025年6月宣布對「愛滋病信託基金」（一項專門支援愛滋病相關項目的政府資助）進行策略性轉型，從以往應對單一疾病的資助模式，轉為更具包容性和整合性的協作模式。香港將會實施這項嶄新的愛滋病毒病毒感染防控及預防策略，強調與各社區持份者參與更廣泛的工作，同時亦會將服務納入更廣泛的醫療系統。隨著愛滋病毒病毒感染已被視為可控制的慢性疾病，政府致力將感染者納入主流服務，確保人人享有平等的治療機會、減少污名化，並進一步促進社會對他們的接納和支持。有鑑於此，本會繼續致力為感染者提供全方位支援，協助他們重建自我，融入社會生活。於過去30年，愛滋寧養服務協會一直致力為愛滋病毒病毒感染者提供全面的支援服務，協助他們面對疾病和生活上各種挑戰。本會的日間中心發揮著重要作用，提供一個舒適、輕鬆及關愛的環境，讓會員們能夠參與各種活動，互相認識和支持。在沒有被批判和歧視的氣氛下，會員們毋須擔心其身份洩露，可以隨意參與不同活動，在達致全人健康旅程中展現堅毅與自我價值。

為進一步提升本港防控工作的成效，推動全民參與愛滋病毒檢測是關鍵一步，有助於及早診斷、及時治療，並減少傳播。鑑於愛滋病毒測試的重要性，必需提升公眾對檢測的參與度。近年，本會的愛滋病毒自我檢測服務持續發展，旨在促進「及早測試，盡早治療」的目標。該服務提供非侵入性的口腔拭子，讓檢測人士隨時在私密情況下進行自我檢測，希望能提升公眾對恆常愛滋病檢測的意識。透過廣泛公眾宣傳及社區活動，讓公眾更容易獲得有關資訊，增加對愛滋病毒測試的意識，確保他們能夠更自主和在私隱保障下掌握自己的健康。去年，服務的宣傳海報活動成功接觸到510萬人，而宣傳活動亦將於來年繼續推行。此外，為了向女性提供更多檢測機會，本會將繼續為有需要的人士提供免費愛滋病與梅毒測試服務，並提供專業諮詢。及早診斷，接受治療對延長壽命和遏止愛滋病傳播尤其重要。

隨著愛滋病毒測試的推廣成效逐漸顯現，預防母嬰傳播的工作也是重中之重。於2014年至2024年間，香港共接獲八宗經母嬰傳播感染愛滋病毒的新增個案，進一步印證了持續推行母嬰傳播預防措施的重要性。雖然「產前愛滋病毒抗體普及檢測計劃」在孕早期提供孕婦知情同意下的早期篩查，但上述的新增母嬰傳播感染個案反映出在懷孕後期重新檢測的必要性，以確保未有新感染發生。為了加強防範後期的感染風險，香港衛生署轄下的衛生防護中心愛滋病及性病科學委員會於2024年3月更新臨床指引，建議對仍有感染風險的孕婦於第三孕期進行重複檢測。這些更新反映了已有越來越多的證據顯示，孕婦在初次檢測後仍可能感染愛滋病毒，增加後期母嬰傳播的風險。同時，本會自2002年起推行的預防母嬰感染計劃，為有需要的人士提供服務。此計劃旨在透過與醫院及愛滋病診所醫生和護士的密切合作，消除新生兒愛滋病毒感染的母嬰傳播。本會的专业護士與不同的團隊合作，確保懷孕母親持續接受高效能抗病毒療法；該計劃已迎接48位健康嬰兒的誕生，成功率達100%。

In line with SAC's ongoing commitment to holistic support, we remain dedicated to fostering the overall well-being of PLHIV and their caregivers, recognizing the importance of emotional resilience, social connection, and personal fulfilment. In 2024-2025, our centre theme was "Be Together for 30 years, Creating a Better Tomorrow". Diversified activities and empowerment programs were arranged through special projects to encourage PLHIV to be more engaged in the community, build different interests, enjoy and live a wonderful life. These initiatives included therapeutic art programs, educational seminars, mindfulness practices, individual and group fitness training, and volunteer engagement, all aimed at enhancing the holistic health of PLHIV. These activities were conducted by our dedicated team of social workers, counselors, and physiotherapists. Co-currently, with the sponsorship of Gilead Sciences and GlaxoSmithKline plc, we have organized 6 educational seminars in 2024 for our professional staff. The topics covered were "Eye Health for PLHIV", "Management of Drug Side-effects and Antiretroviral Resistance", "Understanding Chronic Inflammation and Management", "Knowing More about Shingles", "Advanced Development in HIV/AIDS Treatment", and "Cardiovascular Disease and Stroke". Through the educational seminars, we were able to deliver better direct care services to our members, as well as to share new medical information and trends with them.

Now in its 13th year, the "Say No to Discrimination!" Mask Design Contest continues to empower youth through creativity and advocacy. This year, the Awards Ceremony returned for the second time to the Yaumatei community centre, welcoming over 300 students, teachers, and their friends and families. This contest provided youth with valuable opportunities to learn about HIV acceptance and effective measures for self-protection. Looking ahead, the program will continue to educate young people about HIV and empower them with essential knowledge. Internationally our collaborative student initiative with KHEMARA, Cambodia, titled "Love with Care," now entering its sixth year, aims to enhance the quality of life for women and girls in the community. The program focuses on providing crucial sexual and reproductive health education, including HIV prevention. Last year, we expanded our support to four secondary schools, successfully reaching 1,541 students and continuing to grow in impact and outreach.

With over two decades of impact, SAC's flagship AIDS Walk has exemplified resilience and unity in overcoming challenges. Looking ahead, we are embracing a new hybrid format for this meaningful cause. We extend our heartfelt thanks to our dedicated AIDS Walk committee, as well as to our partners including T-shirt producer Simple Approach, designer Cassian Lau, celebrities, ambassadors, key opinion leaders, and sponsors, whose invaluable support has elevated this event to new heights. Their contributions not only amplify our message but also help foster a more inclusive and informed community.

Our meaningful achievements across various programs are made possible thanks to the generosity of our supporters and volunteers. We are deeply grateful for every donation received and remain committed to ensuring that every contribution is used wisely and effectively. With your steadfast support, we look forward to achieving even greater positive change within the HIV/AIDS community in the years ahead. Together, we make a difference.

Alice Chan
October 2025

因應本會對提升愛滋病病毒感染者全人健康的堅定承諾，我們致力促進感染者及其照顧者的整體福祉，並深切明瞭情緒韌性、社會連結與個人滿足感在其中所扮演的重要角色。在2024-2025年度，本會中心以「同行三十。共創明天」為主題，透過各專題計劃安排多元化的活動，鼓勵愛滋病病毒感染者建立不同的興趣，融入社區，享受生活。這些活動由本會專業社工、輔導員及物理治療師團隊負責推行，項目包括藝術創作活動、教育講座、靜觀練習、個人和小組體能訓練及義工活動等，全面提升感染者的身心健康。同時，在吉利德科學公司及葛蘭素史克股份有限公司的贊助下，於2024年為本會的專業團隊進行6次的教育研討會。教育研討會主題包括「眼睛健康齊關注」、「藥物副作用及抗藥性管理」、「認識慢性炎症及處理」、「生蛇知多D」、「愛滋病治療新希望」和「心血管疾病與中風」。透過舉行這些教育講座，讓我們能與愛滋病病毒感染者分享最新的藥物資訊，提供更完善的直接關顧服務。

此外，「向歧視說不！」面具設計比賽已邁入第十三年，繼續鼓勵學生透過藝術和創意勇敢表達對愛滋病病毒感染者的支持與關愛，推動反歧視信息。今年，比賽頒獎典禮第二次於梁顯利油麻地社區中心舉行；而典禮當日吸引逾300多位教師、學生及其親友踴躍出席。此比賽為青少年提供寶貴機會，讓他們在過程中能正確認識及預防愛滋病。該計劃將繼續向年輕人推行有關愛滋病的教育，分享基本的健康知識。在國際方面，我們與KHEMARA Cambodia展開的「愛與關顧學校計劃」已踏入第六年，旨在改善當地婦女及女孩的生活質素；該計劃為她們提供有關生育健康及預防愛滋病的知識。去年，計劃已擴展到4所高中學校推行，直接受惠的學生更多達1,541人，並持續為社區帶來影響。

本會的年度AIDS Walk慈善步行活動在過去數十年，以堅韌和團結的精神克服各種挑戰。展望未來，我們將以新的混合形式舉行慈善步行活動，與一眾參加者共同完成這項極具意義的活動。我們特別鳴謝AIDS Walk委員會、Simple Approach提供活動T-Shirt、藝術家劉啟舜先生設計活動T-Shirt、影視明星、活動大使、時尚名人及贊助商的支持，讓活動能順利舉行。他們的積極參與和貢獻，不僅強而有力地向社會各界傳達了本會活動「向歧視說不！」的核心理念，喚起社會對歧視問題的反思，更推動了愛滋病相關知識的普及教育。

我們在各項活動與計劃中取得的成果，有賴每位捐款者與義工的慷慨支持與無私奉獻。我們衷心感謝每一筆善款，令本會能盡心地提供更好的服務。在您的堅定支持下，我們期望在未來數年能為愛滋病病毒感染者及社區帶來正面的改變。多點關心，照亮人生！

陳麗卿
2025年10月



SERVICE REPORT

服務報告





Community Home Care Service

社區家居護理服務

The Society for AIDS Care (SAC) Community Home Care Service has been providing direct care services to people living with HIV/AIDS (PLHIV) including children, women, adult, elderly and their care givers. All cases in the service are referred by HIV Clinics of Department of Health and Hospital Authority. SAC professional HIV nurses render drug supervision, health education, safe sex knowledge and psychological support according to cases' needs. Cases are encouraged to maintain stable medication adherence as to reach undetectable viral load level for reducing the risk of HIV transmission in the community. Nurses also work closely with the staff of HIV Clinics from Department of Health and Hospital Authority to cases in improving health management and enhancing self-care ability. The service has supported over 1,500 cases.

According to 2024 statistics from Department of Health, although new HIV infection has declined for nine consecutive years, the proportion of late presentation accounted for nearly 50% among new infected cases. SAC has enhanced the support to late presenters recently. As the immune system of most late presentation cases was weakened and some cases have progressed to AIDS at the time of HIV diagnosis, the cases and their carers eagerly seek community care support services. SAC nurses provide support on drug management, caring skill training, community service information provision and PLHIVs' funeral arrangement as to reduce the stress on caring. Our 24-hour telephone support hotline service operated by nurses provides emergency and psychosocial support especially for those newly HIV diagnosed cases for smoothly adapting to taking antiviral drugs.

With the development in HIV treatment, the life span of PLHIV has been extended, aging of PLHIV has become increasingly obvious. Support for taking care of other co-morbidities such as cardiovascular disease, diabetes, cancer, stroke, and liver and kidney problems is particularly important. SAC professional nurses have continuously enhanced education on healthy living and nutritional diet together with nutritional milk powder support for empowering PLHIVs' health condition and self-care abilities.

愛滋寧養服務協會社區家居護理服務由本會專業護士提供直接關顧服務予感染愛滋病毒人士包括兒童、婦女、成人、長者及照顧者。服務所有個案由衛生署及醫院管理局屬下愛滋病專科診所轉介，本會護士就個案需要提供藥物督導、健康教育、安全性行為知識及心理支援等服務，鼓勵感染者持續服藥讓體內病毒指數達到「不能檢測」的程度，減低病毒於社區傳播風險。護士亦緊密與衛生署及醫院管理局愛滋病專科診所同工協作，跟進個案需要以全面改善健康管理狀況及提升自我照顧能力，服務現時已為超過1,500個案提供支援。

根據衛生署2024年資料，雖然新感染個案連續九年下降，但晚發現感染個案佔新感染個案接近五成。本會近年亦加強支援晚發現個案，此類個案大多免疫力較差，甚至已發病為愛滋病患者，個案及其照顧者對社區護理需要殷切，本會護士亦為其提供支援如藥物處理、照顧護理知識、社區服務資訊及感染者殯葬安排等，以減輕照顧壓力。24小時電話熱線提供緊急及即時協助，特別針對新感染個案適應服用抗病毒藥物及心理支援的需要。

另外，隨著治療愛滋病藥物發展，愛滋病病毒感染者壽命延長，感染者老齡化情況日加明顯，共病照顧支援例如心血管疾病、糖尿病、癌症、中風及肝腎問題尤其重要。本會專業護士團隊繼續加強健康生活及飲食營養教育，為有需要感染者提供營養奶粉，以提升感染者身體機能及自理能力。

In 2024-2025, 93% of service recipients expressed the home care service helped to improve their confidence and ability to cope with the disease. Moreover, 97% expressed they understand better the importance of adhering to treatment and practicing safer sex. 97% of cases reached "undetectable" viral load level. All care givers receiving bereavement service were thankful and expressed the important support of the bereavement counseling provided.

在2024-2025年度，百分之九十三的服務使用者均表示家居護理服務能提升他們處理健康問題的能力。百分之九十七的服務使用者明白服用抗病毒藥物與安全性行為的重要性。百分之九十七服務個案在過去一年的病毒指數亦能達到「不能檢測」的程度。另外，全部接受哀傷輔導服務的家屬均認同服務的重要性及對服務致以最衷心的感謝。

Statistics 服務統計

Health Improvement for patients who received SAC Home Care Service

接受本會家居護理服務會友健康狀況改善

Yes
是

97%



The virus load reaches "undetectable" level after taking Highly Active Antiretroviral Therapy (HAART) in the past year.
過去一年，會友服用抗病毒藥物，而且病毒指數達不能檢測的程度。

99%



Attendance adherence in HIV Clinic consultation in the past year.
過去一年，能按時到愛滋病專科門診覆診。

Statistics on services provided by Home Care Team

家居護理隊提供的服務統計

Psycho-social Support
情緒支援

37.8%

Collaboration with Other
Professionals / Volunteers
與其他專業人士/義工合作

15.9%



Medication Supervision &
Rehabilitation Advice
藥物督導及復康指導

Education &
Bereavement Caring
教育與哀傷輔導服務

42.7%

3.6%



Mother-to-Child Transmission Prevention Program (MTCTPP)

預防母嬰感染計劃

Mother-to-child transmission of HIV, which occurs when the virus is passed from an HIV-positive mother to her child during pregnancy, childbirth, or breastfeeding. Without intervention, the transmission risk ranges from 15% to 45%. However, this risk can be reduced to less than 1% if the mother maintains an undetectable viral load through consistent antiretroviral therapy (ART) throughout pregnancy and breastfeeding. Early identification of HIV infection should prompt immediate linkage to lifelong treatment, care, and support to ensure viral suppression, which not only prevents transmission to the child but also enhances the mother's overall health and well-being, alongside the provision of partner services.

According to UNAIDS 2025 statistics, new HIV infections among children have declined by 62% since 2010, from 310 000 [220 000–450 000] in 2010 to 120 000 [82 000–170 000] in 2024. Although progress in reducing new HIV infections is greatest among children, progress has stalled in recent years and prevention of mother-to-child transmission of HIV remains urgent.

Since launching the Mother-to-Child Transmission Prevention Program (MTCTPP) in 2002, the Society for AIDS Care (SAC) has been the sole organization partnering with hospital physicians and nurses to deliver comprehensive MTCTPP services. Our dedicated home care nursing team supports HIV-positive pregnant women with critical services, including medication oversight, baby care assistance, and emotional support. A 24-hour emergency hotline is available for immediate consultations, and we continue to monitor the baby's well-being until they reach 18 months and are confirmed HIV-free.

SAC urges all pregnant women to get tested for HIV early in pregnancy and again in the third trimester, ideally before 36 weeks, to facilitate early detection and timely treatment if needed. Since starting its Mother-to-Child Transmission Prevention Program in 2002, SAC has maintained a perfect 100% success rate in preventing HIV transmission from mother to child, achieving 48 successful interventions.

母嬰傳播的愛滋病毒，即愛滋病病毒感染陽性孕婦在懷孕、分娩或哺乳期間將病毒傳給嬰兒，若缺乏干預措施，傳播風險介於15%至45%之間。然而，若母親在懷孕和哺乳期間通過持續的抗病毒治療（ART）保持病毒量達到不可檢測的水平，傳播風險可降至1%以下。及早發現愛滋病病毒感染及儘早治療、護理和支持，以確保病毒抑制，這不僅能防止病毒傳給嬰兒，還能提升母親的整體健康和幸福，同時提供伴侶的支援服務。

根據聯合國愛滋病規劃署2025數據，自2010年以來，兒童新發愛滋病病毒感染病例已下降62%，從2010年的310,000例 [220,000–450,000] 減少至2024年的120,000例 [82,000–170,000]。雖然在預防兒童感染愛滋病病毒方面進展顯著，然而近年來進展卻趨於停滯，預防母嬰感染工作仍然刻不容緩。

自2002年開展母嬰傳播預防計劃以來，愛滋寧養服務協會一直是唯一與醫院醫生和護理人員合作提供全面母嬰傳播預防計劃服務的機構。我們專業的家護士團隊為感染愛滋病毒的孕婦提供必須的支援，包括藥物監督、嬰兒護理協助及情感支持。我們提供24小時緊急熱線以供即時諮詢，並持續監護嬰兒的健康，直到他們滿18個月並確認沒有愛滋病病毒感染。

愛滋寧養服務協會呼籲所有孕婦在懷孕早期及第三孕期（最好在36週前）進行愛滋病病毒檢測，以利於及早發現和及時治療。自2002年開展母嬰傳播預防計劃以來，協會在防止愛滋病病毒從母親傳播至嬰兒方面保持100%的成功率，共成功完成48個案。

Statistics 服務統計

Statistics on HIV prevention in Mother-to-child Transmission

接受預防母嬰感染計劃統計

100%



Success MTCT case
預防母嬰感染成功案例





Community and Home-Based Rehabilitation Service 社區及外展復康服務

The Society for AIDS Care (SAC) has provided physiotherapy services to people living with HIV (PLHIV) and their caregivers since 1999. Through comprehensive assessment conducted by SAC professional physiotherapist, we provide treatments either at home or in our centre. Along with treatments, we also offer exercise training aimed at improving clients' mobility and self-care abilities, ultimately enhancing their overall quality of life.

It's not uncommon for PLHIV to experience symptoms related to medication side effects or complications from the virus itself, such as elevated inflammatory markers, which can occur even when viral loads are well-controlled. This heightened inflammation may increase the risk of chronic neuropathic or nociceptive pain, persisting even after injuries have healed. Furthermore, PLHIV may face additional health challenges, including osteonecrosis, chronic obstructive pulmonary disease, and various forms of arthritis. Physiotherapy can assist in relieving symptoms associated with these conditions and teach PLHIV how to manage their health effectively in the long term.

With the majority of our cases entering their senior years, our services are increasingly focused on addressing the aging process and early signs of frailty among PLHIV. In recent years, we have implemented a range of targeted exercise programs and workshops, including balance exercises, proprioception training, theraband training groups, and core strengthening group.

愛滋寧養服務協會自1999年開展物理治療服務，為愛滋病毒感染者及其照顧者提供全面復康支援。通過本會專業物理治療師進行的全面評估，我們提供家庭或中心的治療服務。除了治療，我們還提供旨在改善會友的活動能力和自我護理能力的運動訓練，最終提升他們的整體生活質量。

對於愛滋病毒感染者來說，經歷與藥物副作用或病毒本身併發症相關的症狀並不少見，例如即使在病毒載量得到良好控制的情況下，仍可能出現的炎症標記升高。這種加劇的炎症可能增加慢性神經病理性或傷害性疼痛的風險，並在受傷癒合後仍然持續。此外，愛滋病毒感染者可能面臨其他健康挑戰，包括骨壞死、慢性阻塞性肺病和各種形式的關節炎。物理治療可以幫助緩解與這些病症相關的症狀，並教導愛滋病毒感染者如何有效地管理自己的健康，以實現長期的健康管理。

隨著我們大多數個案步入年齡化，我們的服務越來越專注於應對愛滋病毒感染者的老化過程和早期衰弱跡象。近年，我們實施一系列針對性的運動計劃和工作坊，包括平衡訓練、感覺統合訓練、彈力帶訓練小組及核心力量訓練小組。



Recently, we have observed an increase in pain-related referrals among our members. Research indicates that pain can significantly affect PLHIV both physically and psychologically, leading to missed appointments and reduced medication adherence, potentially resulting in treatment failure. Open communication with healthcare providers about pain and medication challenges is crucial. Our services offer a safe and supportive environment for this dialogue, focusing on both preventing and managing pain in PLHIV. We provide a range of exercise classes, including yoga, theraband workouts, and core strengthening workshops, designed to promote mobility, strength, and flexibility. Additionally, we offer educational talks covering common musculoskeletal conditions causing pain and emphasize proper posture, empowering members to manage their conditions effectively, prevent age-related complications, and improve their overall health and well-being.

Through a combination of health education and exercise training, PLHIV gain a greater awareness of their health status and are encouraged to adopt healthier lifestyle habits.

近年，我們注意到與疼痛相關的物理治療轉介個案有所增加。研究顯示，疼痛對於愛滋病毒感染者在生理及心理上都有顯著影響，可能導致缺席覆診和降低用藥依從性，進而造成治療失敗。因此，與醫護人員就疼痛和用藥挑戰進行開放的溝通至關重要。我們的服務提供一個安全和支持的環境，以促進這種對話，專注於預防和管理愛滋病毒感染者的疼痛。我們提供一系列運動課程，包括瑜伽、彈力帶訓練和核心力量工作坊，旨在促進個案身體靈活性、肌肉力量和活動能力。此外，我們還提供有關常見肌肉骨骼疾病的教育講座，強調正確的姿勢，幫助會友有效管理自己的病情，預防與年齡相關的併發症，並改善整體健康和福祉。

通過健康教育和運動訓練，愛滋病毒感染者對自己的健康狀況有了更深入的認識，並被鼓勵建立更健康的生活習慣。



Statistics 服務統計

Health improvement for physiotherapy service users 使用物理治療服務後健康情況改善

Yes
是

98.6%



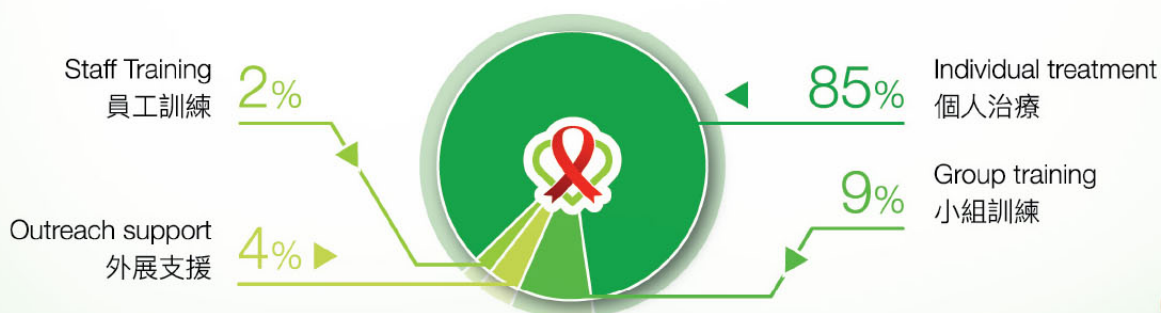
Health condition and physical ability have been improved
服務使用者身體狀況和活動能力有所改善

98.6%



Self-confidence has been improved as health condition improved
服務使用者身體狀況和活動能力改善，增加了對生活的自信心

Statistics on recipients of physiotherapy service 接受物理治療服務的對象統計



Activities 活動	Description 簡介	Date/Time 日期/時間
Yoga exercise group 有益身心瑜珈班	Whole-body stretching and mobilization exercises, combined with gentle yoga poses, focus on teaching members techniques that promote physical well-being and mental relaxation. 全身伸展和活動性練習，結合柔和的瑜伽姿勢，專注於教會友促進身體健康和心理放鬆的技巧。	10/2024 and 2/2025
Ball game group 球類運動樂	Bowling and ping pong groups were organized to improve cardiopulmonary fitness, muscle endurance and body coordination. 透過球類活動小組如保齡球及乒乓球，改善心肺功能、肌耐力和全身協調性。	2024-2025 Organized regularly 恆常舉行
Leisure sport gathering 優閒運動聚會	Through the innovative leisure sport gathering activities, members participated in Switch-sport games which can challenge or help maintain their hand-eye coordination and reaction time of limbs. 透過優閒運動聚會，會友於日間中心參與電子互動遊戲等活動，考驗手眼協調和四肢的反應和靈活性。	2024-2025 Organized regularly 恆常舉行
Theraband exercise training 運動橡筋帶訓練	Utilize Therabands for total body exercises to enhance the strength and mobility of members' limbs and core. 運用橡筋帶進行全身運動，以增強四肢和軀幹的力量和靈活性。	9/2024 and 10/2024
Fall prevention training 防跌運動班	Balance and lower limbs strength training exercises aimed to challenge and enhance members' stability and balance, reducing their intrinsic risk of falling. 透過腿部肌肉阻力運動和平衡力訓練，會友們能練習並加強平衡力，降低跌倒風險。	4-5/2025
Mölkky activity group 芬蘭木棋小組	Enhance members' hand-eye coordination, balance, and stability through engaging in our Mölkky activity group. This fun and interactive game also fosters teamwork and social interaction. 透過參加我們的 Mölkky 活動小組，增強會友的手眼協調、平衡和穩定性。這個有趣且互動的遊戲還促進了團隊合作和社交互動。	2025 Organized regularly 恆常舉行
Core strengthening exercise group with fitball 核心肌肉健身球訓練課	This exercise class aims to enhance members' core strength by incorporating fun and engaging activities using fitballs. Participants will enjoy a variety of exercises that not only improve their stability and balance but also promote overall fitness. 這個健身課程旨在通過有趣的健身球活動來加強成員的核心力量。參與者將享受各種各樣的練習，不僅能提高穩定性和平衡性，還能促進整體健康。	7/2025
Health Talk 健康專業教室	Physiotherapist shared health and exercises issues to help members' understand their health condition. 與會友分享健康與運動的資訊，讓大家多了解自我管理及健康生活的方法。 2024-2025 Health Talk 健康講座 (1) Importance of maintaining good posture 保持好姿勢講座 (2) Understanding and Prevention of Osteoporosis talk 骨質疏鬆的認識與預防講座	2024-2025 Organized regularly 恆常舉行



SAC Day Center 日間中心服務

SAC Centre is committed to promoting holistic health of people living with HIV (PLHIV) and their carers. Our professional team includes social workers, nurses and physiotherapist organizes various body-mind-spirit activities aimed at strengthening the physical, social and mental health needs of members. Through the relaxing and non-judgmental environment in our day centre, PLHIV can get in touch with fellows and build mutual trust through understanding and sharing, and hence strengthen the peer support network.

SAC has established for 30 years and our center theme in 2024-2025 was "Be Together for 30 years, Creating a Better Tomorrow". We hoped to continuously walk along with our members for enhancing their quality of life and hence enjoying every moment of life. The programs implemented this year are as highlighted below:

(1) Health and Life Education

In addition to HIV and health specialists, SAC continuously cooperated with various professionals including dietitian, social worker and lawyer this year to conduct multi-dimension health and life education activities as for supporting members to face different life challenges. This year, health and life education workshops covered various topics related to HIV, caring on comorbidities, mental health, community resources and arrangement of posthumous affairs. The topics covered in this year's workshop series including "Advanced Development in HIV/AIDS Treatment", "Management of Drug Side-effects and Antiretroviral Resistance", "Understanding Chronic Inflammation and Management", "Eye Health for PLHIV", "Knowing More about Shingles", "Cardiovascular Disease and Stroke", "Sleep Well Live Well", "Aging in Place", "Understanding of Cognitive Impairment and Dementia", "Dietary Tips for Preventing Cognitive Decline", "Three Treasures of Peace", "Advanced Care Directives", "Information of Funeral Arrangement" and "How to Face Loss".

愛滋寧養服務協會日間中心提供輕鬆及非批判性環境讓感染者及照顧者接觸同路人，建立相互支持網絡，並透過專業團隊包括社工、護士及物理治療師設計多元化身心靈活動，致力照顧愛滋病毒感染者及照顧者全人健康。

本會成立至今三十年，2024-2025年度中心以「同行三十。共創明天」為主題，期望繼續與感染者及照顧者同行，提升生活質素並享受生命每一刻。本年度推行的活動包括：

(1) 健康及生命教育

中心今年除繼續與愛滋病及其他專科醫生合作外，亦與社區內不同專業界別合作包括營養師、社工及律師等，為會友安排多樣化健康及生命教育活動，支援會友面對生命各種挑戰。本年度健康及生命教育活動涵蓋愛滋病及共病照顧、精神健康、社區資源及身後事規劃等範疇，其中包括：「愛滋病治療新希望」、「藥物副作用及抗藥性管理」、「認識慢性炎症及處理」、「眼睛健康齊關注」、「生蛇知多D」、「心血管疾病與中風」、「睡眠健康」、「居家安老有辦法」、「認識認知障礙」、「預防腦退化營養飲食」、「生前規劃-遺囑及持久授權書」、「生前規劃-預設醫療指示」、「生前規劃-殯葬資訊」、「生命教育-如何面對失去」等。



(2) SAC Food Bank and "Sharing the Bless" Program

SAC food bank has continuously provided basic food including rice, oil, canned food and noodles to members in need with the funding support from Barry & Martin's Trust. In addition, we continued to cooperate with Foodlink Foundation in the "Sharing the Blessing" program to collect fruits, dry food and other daily necessities from supermarkets and share them with members, encouraging the cherishing of resources and reducing waste.

(2) 食物銀行及有福同享

本年度中心繼續獲得貝利馬丁基金會資助，推行食物銀行支援服務，為基層家庭或因個人身體狀況未能就業的會友提供基本食糧包括米、油、罐頭及麵條。另外，中心持續與膳心連基金合作「有福同享」計劃，從超級市場收集水果、乾糧及其他日常用品轉贈會友，鼓勵珍惜資源，減少浪費。另外，中心亦繼續向免疫力弱的會友提供口罩、洗手液及家居消毒用品等，以減低受呼吸道病毒感染機會。

(3) Peer and Family Support Program

Peer and family support play a crucial role in enhancing holistic well-being of PLHIV. SAC Day Centre is committed to strengthening family relationship of PLHIV and building peer support networks for PLHIV and carers through various activities. In addition to organizing festive celebrations, members including carers were invited to join "Rice Dumpling Making Workshop" to prepare rice dumplings for expressing care to members. Besides, singleton members account for 30% of centre cases. SAC social workers visited single and frail cases regularly and encouraged them to participate in centre activities. "Chinese New Year Gathering with Singleton Members" was also arranged this year to share love and support with them.

(3) 朋輩社交及家庭支援

朋輩及家人支持對提升感染者身心靈健康有關鍵作用，中心致力透過各種活動協助感染者鞏固家庭關係及建立朋輩支援網絡。本年度中心除安排節日性慶祝活動外，亦邀請感染者及家人參與「饗有你關懷」愛心糰子製作，為會友送上祝福。此外，獨居感染者佔本會服務個案比例達三成，中心社工除定期探訪年長體弱獨居個案外，亦鼓勵獨居人士參與中心活動，本年度繼續舉辦獨居人士團年活動，為他們送上關懷。





(4) Therapeutic Group Activities

Our professional team continued to organize diversified therapeutic group activities to take care of the holistic needs of PLHIV. This year, we have arranged mindfulness practice, tabletop game groups, Nagomi pastel art learning groups, art creation activities, film sharing and chit-chat tea gatherings. Through participating in the activities, PLHIV were encouraged to express feelings and develop their talents for enhancing their confidence in self-care and living in the community.

(4) 治療小組活動

為照顧感染者身心社靈需要，中心專業團隊於本年度繼續設計多元化治療小組，其中包括靜觀修習、桌上遊戲活動、和諧粉彩小組、藝術創作活動、電影分享聚會及活力茶聊等，讓感染者透過參與活動抒發個人感受及發展潛能，增強對生活的信心。

Statistics 服務統計

Statistics of Programs in Day Centre

日間中心活動統計 2024-2025

Total Attendance 服務人次: 23,536

Health Education Program
健康教育活動

16.8%

Peer Support Program
朋輩支援活動

15.2%

Center Drop-in and
Support Service
中心偶到及支援服務

52.4%

Therapeutic Program
治療性活動

15.6%





Empowerment Mutual Help Service 會友賦權互助服務

Since 2000, the SAC empowerment and mutual help service has been dedicated to enhancing members' capacities through a multi-dimensional process, enabling them to regain control over their own lives and, through service, support other members who are physically frail. Our center's social workers design a series of trainings and, based on members' strengths and interests, arrange service opportunities that allow them to apply their talents, strengthen their sense of competence and confidence, and build positive connections through mutual support.

To make volunteer service more systematic and diversified, this year our volunteer training and service advanced along four key areas:

1. Self-exploration: Through sharing and art creation activities, volunteers deepened their understanding of one another's interests, abilities, personalities, and values, laying a solid foundation for future collaboration and mutual support.

2. Team building: Monthly volunteer meetings were arranged to review past service outcomes and preview upcoming plans. Team cohesiveness was developed through team building games activities. There were regular themed sharing sessions on current affairs and topics of concern to volunteers, such as anti-scam awareness, dementia knowledge and elderly's mental health to broaden their horizons and knowledge.

3. Skills enhancement: SAC offered a variety of workshops, including talent-sharing activities (e.g. Pastel Nagomi Art, Chinese New Year ornaments, Fai Chun couplets, and balloon twisting) and arts-and-crafts courses (e.g. mosaic, aroma stone making, towel bear sewing, star-flower crafts, aromatherapy candle making, Zentangle practice, chenille-stem crafts, and paper quilling). Volunteers learned new skills, expressed creativity and applied their creations in service. Some members also served as volunteer trainers, sharing their expertise and experience with fellow volunteers to promote knowledge exchange and skills inheritance.

本會自2000年起開展會友賦權互助服務，致力從多方面提升會友能力，讓他們重新掌控個人生活，並在服務中支援其他身體較弱的會友。中心社工設計各種訓練，並因應會友的專長安排服務機會，讓會友能夠發揮所長、提升能力感及自信心，並在互助中建立正向的連結。

為了讓義工服務更有系統及多元發展，本年度義工培訓和服務按四大範疇推進：

1. 自我認識：透過日常交流分享以及藝術創作活動，義工們能更深入地了解彼此的喜好、能力、個性與價值觀，為日後的合作建立穩固的相互理解基礎。

2. 團隊建立：中心安排義工月會，回顧和總結過去的服務成果，並預告未來的服務計劃；同時透過團隊遊戲促進成員之間的合作與默契。此外，亦定期舉辦專題分享會，圍繞義工關注的社會時事及重要議題展開討論，例如防範詐騙資訊、認知障礙症知識，以及長者精神健康等，藉此擴闊義工的視野與知識面。

3. 技能提升：舉辦多元化的工作坊，包括才能共享活動（如製作賀年掛飾、揮春書寫、扭氣球等），以及藝術創作課程（如和諧粉彩創作、馬賽克拼貼、擴香石製作、毛巾熊縫製、星之花手工、香薰蠟燭製作、禪繞畫練習、毛絨條手作及捲紙拼貼等），讓義工在學習新技能的同時發揮創意，並能將成果運用於服務之中。同時部分會友更擔任義工導師，與其他義工分享個人專長與經驗，促進知識交流與技能傳承。

4. Service practice: Volunteers utilized the skills they learnt from volunteer training to support SAC Centre such as festival decorations and various activities including preparation for Mid-Autumn and Christmas Party, and center group programs. They also made handcrafts as birthday gifts for members and took part in the "Rice Dumplings Making Workshop" initiative, making rice dumplings for members at Dragon Boat Festival to share care and warmth.

The smooth operation of the center relies on the selfless dedication and active participation of our volunteers. To recognize their efforts and contributions over the past year, an annual Volunteer Recognition Ceremony was organized to revisit memorable service moments with our volunteers and present certificates of commendation. At the same time, volunteers come together to brainstorm and discuss service directions and activity plans for the year ahead. Through the empowerment and mutual help service, we hope members can further strengthen their sense of capability and belonging to the center, and be encouraged to use their talents to give back to the center and to society, fostering a mutually supportive and inclusive community.

4. 服務實踐：義工們將所學技能應用於實際服務中，包括協助中心進行節日佈置，支援各類活動的舉辦，例如中秋節及聖誕節聯歡會、中心小組活動等；亦會親手製作禮物贈送予生日的會友，並參與「粽有你關懷」活動，在端午節為中心會友包裝粽子，將關愛和溫暖傳遞至每一位會友手中。

中心的順利運作，有賴義工無私的付出與積極參與。為表揚他們在過去一年的努力與貢獻，本會每年舉辦義工嘉許禮，與義工們一同回顧服務的美好時刻，並頒發嘉許狀。同時，義工們亦會在活動中集思廣益，共同討論來年的服務方向與活動安排。中心希望透過會友賦權互助服務，進一步增強會友的能力感與歸屬感，並鼓勵他們運用個人才能，回饋中心與社會，攜手營造一個互助共融的社群。

Statistics 服務統計

Statistics on empowerment mutual help service.

會友賦權服務統計

Total Attendance 參與人數: 454

Empowerment
Mutual Help Activities
賦權互助活動

65%



Volunteer Training
義工訓練

35%





Counseling Service 輔導服務

Apart from facing health challenges and caring matters, discrimination from the society, self-rejection towards HIV status and lacking of family or peer support are crucial factors leading to emotion disturbances of people living with HIV (PLHIV). SAC provides outreach and centre counseling services by professional social workers to PLHIV in need, including case counseling, therapeutic groups and hotline support, etc.

Frail and elderly PLHIV account for large proportion of our cases, some of whom live alone or in families with two elderly people only. To address their mental health needs, SAC has launched a 2-year "Together We Love – Mental Health Support Project" supported by the Advisory Committee on Mental Health of Health Bureau to mental health support services for PLHIV especially elderly and their carers. Social workers provide early intervention on mental health with counselling and support services including outreach visits, peer support programs, mental health education and E-mental health hub for the elderly with HIV infection and their carers. Also, cases will be referred to relevant social services as to establish community support networks and enhance their ability in help seeking. The project was completed this year, serving over 250 cases with 80% of participants reporting improvements in depression, anxiety, and stress levels. The experience gained from this project will help to optimize the direction of our counseling services and actively seek resources to strengthen service development.

愛滋病病毒感染者及照顧者除面對身體病患及照顧壓力外，社會對愛滋病病毒感染者仍存在歧視，部份感染者亦未能接納感染者身份而傾向自我孤立，加上缺乏家庭及朋輩支援等因素，感染者獨自面對孤單無助，情緒備受困擾。本會針對感染者需要由專業社工提供外展及中心輔導服務，包括個案輔導、治療性活動及熱線支援等。

本會服務個案主要為體弱及年長感染者，部份是獨居或雙老家庭。針對其精神健康需要，本會開展為期2年由醫務衛生局精神健康諮詢委員會支持的「同途有愛-精神健康支援計劃」，為愛滋病病毒感染者特別是年長感染者及其照顧者提供精神健康支援服務。社工透過個人及小組輔導、外展探訪、同路人支援活動、精神健康教育及精神健康電子資訊平台等，盡早介入為有精神健康需要的愛滋病病毒感染者及照顧者提供支援，並轉介個案往適切社會服務，加強社區支援網絡，提升其求助主動性。計劃於本年度完成，服務超過250個案，八成參與服務個案表示於抑鬱、焦慮及壓力指數有所改善。透過今次計劃經驗，協助本會優化輔導服務發展方向並積極尋求資源鞏固服務發展。

Statistics 服務統計

No. of cases 服務個案: 251

No. of attendance 服務人次: 21,060

No. of hotline support 熱線支援: 2,250



Women Phone-in Hotline and Free HIV and Syphilis Testing Service 女士諮詢熱線及 免費愛滋病與 梅毒測試服務



Till end of 2024, there were 12,403 reported cases of HIV infection accumulated in Hong Kong and in which around 2,239 cases were women. Among the infected cases, one in every five cases was female. According to the Department of Health, late presenters (individuals with a very low CD4 cells count or those who have already progressed to AIDS) accounted for nearly 50% of new infected cases in recent years. Between 2020 and 2024, 20% of later presenters were female cases. 36% of the cases served by SAC are female, and some of them are cases that were only detected in the late stages of infection.

In Hong Kong, women especially those who are married or have regular sexual partners are in general lacking awareness of HIV/AIDS and feel that the risk of infection is low, so there is no need for testing. Therefore, most female infected cases are only detected when complications occur in the later stages, which not only damages physical functions but also causes great mental distress. As there has been a lacking of HIV testing services specially tailor-made for women, the Society for AIDS Care (SAC) has set up a Women HIV Testing Service to enhance their awareness on HIV prevention in 2015 and with syphilis testing included afterwards. SAC female professional nurses and social workers were in charge of the hotline service and answered the enquiries on HIV and sexually transmitted diseases transmission. Moreover, they provided infection risk assessment, testing service arrangement, pre and post-test counseling support and information on local AIDS-related services. Whenever there were positive cases found, our nurse would provide instant support and accompany the cases to attend the HIV confirmation test and follow-up treatment in HIV Clinic.

We continuously devoted resources to promote “early testing, early treatment”. We hoped to encourage women to actively participate in HIV testing and preventive education through various physical and online platforms, reducing their chances to reach late diagnostic stage of illness.

截至2024年，香港的愛滋病毒病毒感染個案累積至12,403宗，當中女士感染個案佔2,239宗，大約每五位感染者當中就有一位是女性。根據衛生署資料，近年晚發現個案(感染者於確診愛滋病毒病毒感染時，其CD4淋巴細胞處於非常低的水平，或已發病為愛滋病患者)佔新感染個案達五成，由2020-2024年間，女性晚發現個案比例接近百分之二十。本會服務愛滋病毒病毒感染人士中，女性個案佔36%，部份亦屬感染後期才檢測出來的個案。

在本港，一般婦女特別是已婚或有固定性伴侶的女性普遍對愛滋病較少認識，自覺感染風險低，沒有需要接受測試。因此，女士感染個案大多在後期併發症出現時才檢測出來，除身體抵抗力變弱及機能受到破壞，亦為精神上帶來很大困擾。有鑑於本港一直忽略女士對愛滋病毒測試服務的需要，本會於2015年開始設立女士愛滋病毒測試服務及諮詢熱線，其後再加入梅毒測試服務，加強女士教育及預防感染意識。熱線由本會女性專業人員包括護士及社工接聽，解答有關愛滋病毒及性病傳播疑問、感染風險評估、提供測試安排及測試前後輔導支援和本地愛滋病相關服務的資訊。測試後如有感染個案，本會專業護士即時提供支援及陪伴個案往愛滋病專科診所進行確診及跟進治療。

本年度本會持續加強推動女士積極參與愛滋病毒測試及預防教育工作，透過各種實體及網上平台鼓勵女士「及早測試、盡早治療」，減少出現後期診斷的問題。

Statistics 服務統計

Total Attendance 參與人次: 17,953





HIV Self-Testing Service 愛滋病毒自我檢測服務

A total of 356 additional cases of HIV infection were reported to the Department of Health in 2024, bringing the cumulative total of reported HIV infections to 12,403 since 1984. Nearly 80% of the cases acquired the infections via sexual contact.

In recent years, HIV self-testing has been actively promoted overseas and in Hong Kong to further increase the testing rate. The Department of Health promoted the public to get HIV test and launched the first “HIV Testing Month” in Hong Kong in December 2024. The program encouraged people who have had sex to get tested for HIV at least once to keep track their own health status and helped infected people know their personal infection status as early as possible so that they can receive treatment as soon as possible and hence reducing HIV transmission. SAC was also one of the collaborating organizations in this program. Besides, through physical and online platforms, particularly the poster promotion of our HIV self-testing service among MTR stations, we encouraged the public to utilize our HIV self-testing services and this promotion has successfully reached over 5 million audience. Our service has launched since 2019, providing OraQuick® oral fluid test (pre-qualified by the World Health Organization) together with pre and post-testing counselling support conducted by professional nurses and social workers. The service encouraged those in need to get tested continuously in private environment and treatment could start early once infection was detected.

香港衛生署於2024年共接獲365宗感染愛滋病毒新增呈報個案。自1984年以來個案累積至12,403宗，而接近百分之八十個案經由不安全性接觸感染。

近年，海外及本港積極推廣愛滋病毒自我檢測，藉此進一步提升檢測率。本港衛生署亦鼓勵大眾進行愛滋病毒檢測，於2024年12月開展首個「HIV測試月」，鼓勵曾有性行為人士進行檢測，了解個人健康狀況，協助受感染人士盡早得悉個人感染狀況，從而盡快接受治療，減少病毒傳播。本會亦參與是次活動，為其中一間合辦機構。此外，透過各種實體及線上平台以及香港鐵路沿線各站海報宣傳活動，鼓勵公眾使用本會的愛滋病毒自我檢測服務，接觸人數超過五百萬。服務自2019年推出，提供OraQuick®口腔黏液檢測工具(通過世界衛生組織資格預審)配合專業護士及社工提供測試前後輔導諮詢熱線，鼓勵有需要人士在私密的情況下持續進行測試，若發現感染可盡早接受治療。



EDUCATION AND TRAINING

教育與培訓





“Say No to Discrimination!” Mask Design Contest 2024-2025 「向歧視說不！」面具設計比賽 2024-2025

Since 2011, The Society for AIDS Care (SAC) has been organizing the annual Mask Design Contest under the theme "Say No to Discrimination!". The contest aims to spread the message of acceptance towards people living with HIV/AIDS (PLHIV). Masks are used as a symbol of identity protection for PLHIV due to the fear of discrimination. By creating expressive and meaningful artwork, students and public participants are encouraged to learn more about HIV/AIDS and the challenges PLHIV face, thereby eliminating misconceptions.

This year, the contest received thousands of entries from secondary schools and colleges across Hong Kong. On March 24, SAC held the "Say No to Discrimination!" Mask Design Contest 2024-2025 Awards Ceremony at the Henry G. Leong Yaumatei Community Centre. Our CEO, Ms. Alice Chan, delivered an opening speech to welcome over 300 attendees. The awards ceremony honored the champion, 1st runner-up, 2nd runner-up, outstanding awardees, and recipients of the Facebook Most Popular Award and the Most Active Participation School Award. After the ceremony, students, teachers, parents, and friends explored the displayed artworks and captured memorable moments of the event through taking photos together.

愛滋寧養服務協會自2011年起，每年舉辦「向歧視說不！」面具設計比賽，傳遞包容和接納愛滋病毒感染者的訊息。以面具作為愛滋病毒感染者懼怕公開病情及自我保護的象徵；讓學生及公開組參加者透過面具設計，正確認識愛滋病和了解愛滋病毒感染者所面對的挑戰，消除誤解。

今年的面具設計比賽吸引了數千名來自香港多間中學及大專院校的學生踴躍參與。本會於3月24日在梁顯利油麻地社區中心舉行首屆「向歧視說不！」面具設計比賽2024-2025頒獎典禮。本會的行政總監陳麗卿女士為頒獎典禮致辭，歡迎在場300多位出席者。陳女士為我們頒發冠軍、亞軍、季軍、傑出作品獎、Facebook 最受歡迎獎及最踴躍參與學校獎。頒獎典禮完結後，各同學、老師、家長及親友們都細心欣賞比賽的作品及拍照留念。





Cambodia Project 柬埔寨計劃

“Love with Care” School Project

Since 1995, The Society for AIDS Care (SAC) has been committed to providing HIV-related educational training and development programs for less developed countries. Continuing this meaningful work, we launched the “Love with Care School Project” in 2018 in collaboration with KHEMARA Cambodia, the longest-serving NGO for women and children in Phnom Penh. This annual project empowers school students through education on sexual and reproductive health and HIV prevention. It also offers HIV testing and counseling services to those in need, ensuring proper medical treatment and support. This year, the joint program successfully reached 1,541 students, 885 of whom were girls, across four high schools in the Beoung Proul, Chiro I, and Chiro II communes.

World AIDS Day Community Event

In commemoration of World AIDS Day, KHEMARA Cambodia organised SAC's signature Mask Design Contest at Beoung Proul High School on December 6, 2023. Students created masks with the theme “Say No to Discrimination!” and selected the most popular designs. During the event, painting activities and fun interactive Q&A sessions took place to educate students on sexual and reproductive health. The event aimed to increase public knowledge of HIV/AIDS, eliminate misconceptions, and reduce discrimination against people living with HIV/AIDS. Key community stakeholders, including health center staff, school directors, and local authorities, participated in this meaningful event.

Educational Training

The “Love with Care School Project” adopts a sustainable train-the-trainer model to maximize its impact. Peer educators, who are elected by their classmates, receive regular intensive training on HIV prevention and sexual and reproductive health. This empowers them to disseminate critical information within their own schools and communities. In January 2024, KHEMARA Cambodia selected 34 students as peer educators from the four high schools. They have since undergone four comprehensive training sessions covering various aspects of HIV prevention and sexual and reproductive health. Afterwards,

愛與關顧學校計劃

愛滋寧養服務協會自1995年起，一直致力為發展中國家提供有關愛滋病的教育培訓及推行相關的發展計劃，讓更多人認識愛滋病，減低感染率。由2018年起，本會與一所為柬埔寨金邊婦女及兒童改善生活、於當地歷史最悠久的非牟利機構 — KHEMARA Cambodia 展開年度「愛與關顧學校計劃」。該年度計劃旨在啟導當地學齡兒童在生育健康及預防愛滋病的發展，增加他們相關的知識。同時，計劃亦為有需要人士提供愛滋病毒測試及輔導服務，讓測試呈陽性反應或有生育健康問題的人士獲得適切的藥物治療及支援。而本年度計劃已順利於當地Beoung Proul省、Chiro I及Chiro II省的4所高中學校推行，直接受惠的學生達1,541人，其中885位為女孩。

世界愛滋病日社區活動

為響應世界愛滋病日，KHEMARA Cambodia 在2023年12月6日於Beoung Proul High School舉行了本會代表性的面具設計活動。學生們以「向歧視說不！」為題，親手設計面具，並選出最受歡迎的面具；這些活動亦設有繪圖及問答遊戲，讓學生們輕鬆有趣地學習有關愛滋病毒、預防愛滋病及生育健康的知識。活動成功令更多社區人士正確認識愛滋病，並消除對愛滋病毒感染者的標籤和歧視。活動獲得多個團體支持，包括衛生中心人員、學校校長及地方政府代表等。

教育培訓

「愛與關顧學校計劃」以培育朋輩訓練領袖的形式進行，學生以投票形式選出朋輩領袖。這些朋輩領袖會定期接受預防愛滋病及生育健康教育的培訓，讓他們向同學們分享培訓所獲得的資訊，將資訊推廣至學校甚至社區。KHEMARA Cambodia於2024年1月

they actively engage their peers, ensuring that accurate and essential information reaches wider audiences. By fostering peer-to-peer education, the project not only enhances individual understanding but also cultivates a supportive and informed community.

The Support of Local Authorities

The “Love with Care School Project” received strong support from various local community groups, enabling its successful implementation within the community. Over the past year, KHEMARA Cambodia organized various health education activities that attracted active participation from schools and teachers. Ms. San Nai Sim, a staff member at the health center, conducted sexual and reproductive health classes for students, emphasizing that understanding the course content is crucial for HIV prevention. The sustained involvement and support of community groups reflected their belief in the project's mission and contributed significantly to its success and to positive community transformation.

Project Outcome

Families living in remote areas of Cambodia have limited or no knowledge of HIV prevention and sexual and reproductive health. Through the project, KHEMARA Cambodia has been able to promote HIV-related training programs in these areas, raising public awareness. A total of 793 students were surveyed, with 100% stating that the project helped build their knowledge, skills, and understanding of HIV prevention and sexual and reproductive health. All students indicated that the knowledge gained has improved their personal lives. Moreover, 100% agreed that they are ready to share this knowledge with their family, friends, and community members.

Success Story: Slavy Aiy Na

Slavy Aiy Na, a 15-year-old student at Boeung Proul High School, shared how she has benefitted from becoming a peer educator. Through participating in various leadership training sessions, she gained deeper insights into HIV prevention and sexual and reproductive health. Additionally, she is now able to identify and avoid risky situations. The annual all-year-round “Love with Care School Project” plays a key role in breaking down traditional taboos surrounding these topics. It encourages open dialogue on HIV prevention and sexual and reproductive health among students and within families, greatly enhancing the educational impact of the project.

在上述的4所高中學校選出34位學生，成為計劃的朋輩領袖，並安排他們進行4次預防愛滋病及生育健康教育的培訓。這些朋輩領袖完成培訓後，積極地與同學及朋輩分享獲得的知識，讓更多人受惠。是次計劃透過朋輩教育的形式，不僅提升了個人的知識見解，同時亦培養出一個支持及知情的社區。

社區團體支持

「愛與關顧學校計劃」獲得當地多個社區團體鼎力支持，讓活動得以在社區成功推行。於過去一年，KHEMARA Cambodia在各社區團體的協助下，於當地舉辦了各類型健康教育活動，吸引了各校方與教師的積極參與。任職衛生中心的 San Nai Sim 女士為學生們舉辦了生育健康教育課程，並向學生強調理解課程內容對預防愛滋病至關重要。各社區團體的持續支持及參與表達了對計劃推行的信念，為計劃的成功及社區改變作出重大的貢獻。

計劃成效

柬埔寨的一些偏遠地區仍因資源的缺乏，令當地市民難以接觸生育健康及預防愛滋病的知識。透過「愛與關顧學校計劃」，KHEMARA Cambodia能繼續於學校及社區地區推行有關愛滋病教育培訓及相關發展的服務，讓更多人受惠。在計劃推行期間，793位學生參與了調查。全部學生均表示是次計劃讓他們獲得正確預防愛滋病及生育健康的資訊，有效增加個人知識並透過學到的知識改善個人生活。培訓結束後，所有學生均同意及準備向其家人、朋友及社區分享所學的資訊。

計劃的成功個案: Slavy Aiy Na

就讀於Boeung Proul High School 年約15歲的女學生Slavy Aiy Na與我們分享了她成為朋輩領袖之後的得益。透過參與多元化的領袖培訓，她對預防愛滋病及生育健康等重要議題有了更深入的了解。也正正因為掌握了這些知識，她現在能夠辨識和避開危險情境。本會每學年持續舉辦的「愛與關顧學校計劃」有助打破傳統上對某些議題的忌諱，並在學校和家庭裡啟發學生間和他們與家人父母間關於預防愛滋病及生育健康的對話，加強此計劃的教育果效。





Health Talk 健康講座

The Society for AIDS Care (SAC) is dedicated to providing exceptional direct patient services to people living with HIV/AIDS (PLHIV), empowering them to achieve self-care and community integration. Our committed team consistently enhances their expertise in HIV care and prevention, keeping abreast of the latest research and advancements. In collaboration with esteemed partners such as Gilead Sciences and GlaxoSmithKline plc, SAC organized six specialized educational seminars in 2024. These seminars were exclusively tailored for our professional staff, enriching their skills and knowledge base. By promoting these educational initiatives, we not only enhance the quality of care provided to our patient members but also disseminate cutting-edge medical insights throughout our community.

愛滋寧養服務協會致力為愛滋病病毒感染者提供優質的直接關顧服務，增強他們的自理能力，建立自信，讓他們重新融入社會。我們的專業團隊透過最新的研究報告，不斷提升預防愛滋病及愛滋病護理的知識。在吉利德科學公司及葛蘭素史克股份有限公司的支持下，本會於2024年舉辦了6次的教育研討會。透過這些為我們專業團隊而設的研討會，有效增強團隊的技能及知識的基礎。教育研討會不僅提高了團隊對愛滋病病毒感染者的護理質素，亦能傳遞最新的醫學見解。

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Survey: Impact of Financial Instability on HIV Medication Adherence Among PLHIV

調查：探討經濟狀況惡化對PLHIV漏服抗病毒藥物的風險之影響

The Society for AIDS Care (SAC) has conducted a survey to explore the influence of worsening economic conditions on the risk of missing dose of HIV medications among people living with HIV/AIDS (PLHIV). According to our survey, involving face-to-face and phone interviews with 54 PLHIV, 70% of them experienced daily disruptions due to financial hardship. Additionally, 26% reported a worsening financial situation over the past year, with all such cases accompanied by emotional distress. Nearly half (44%) missed at least one dose of daily HIV medication in the past six months, particularly among those under 50 and facing financial strain.

To reinforce the urgency of the issue, Dr. Jonpaul Zee, SAC Director and Specialist in Infectious Diseases, presented the survey findings at a press conference held on 17 June 2025 to address the impact of economic hardship on drug adherence of PLHIV. The event was covered by 17 local media channels, including am730, CRHK, Metro Radio, Oriental Daily News, RTHK, TVB News, and others. In his remarks, Dr. Zee acknowledged the limited sample size of the current survey, and expressed hope that additional funding will become available to support future studies of a larger scale—incorporating broader socioeconomic factors—to more effectively identify and support individuals at greater risk. At the end of the conference, Dr. Zee also highlighted that PLHIV have long faced multiple challenges, and that it is critical for SAC to continue providing high-quality patient care services. He urged the public to show support through donations to sustain services such as drug supervision, therapeutic counseling, psychological support, and physiotherapy, offered by a professional team of nurses, social workers, and physiotherapists.

To extend the impact of the conference, Ms. Ivy Hui, Program Director at SAC, appeared on the radio program On a Clear Day on Commercial Radio Hong Kong the following day. During the interview, she pointed out that Hong Kong's public healthcare system already provides comprehensive long-term support for effective HIV/AIDS treatment. However, she worried that emotion disturbance caused by the recent economic downturn affects drug adherence among PLHIV. Last but not least, Ms. Hui emphasized the importance of maintaining the organization's broad spectrum of services to address the social, psychological, and physical challenges faced by PLHIV—including women and children. She also highlighted SAC's ongoing involvement in the Mother-to-Child Transmission Prevention Programme (MTCTPP), which plays a critical role in reducing the risk of HIV transmission during pregnancy, childbirth, and breastfeeding. She concluded by recognizing the indispensable role of public donations and community support in sustaining these long-term efforts.

愛滋寧養服務協會近期進行了一項調查，探討經濟狀況惡化對愛滋病毒感染者漏服HIV藥物(抗病毒藥物)的風險之影響。調查透過面對面及電話訪談共54名感染者，結果顯示有70%受訪者表示經濟問題影響日常飲食及生活，社交以至心理及思緒。此外，有26%表示在過去一年財務狀況惡化，且全部這類個案均出現不同程度的情緒問題。近半數(44%)的受訪者在過去六個月內有最少1天未能每日定時服藥，情況尤為常見於50歲以下及經濟狀況惡化的愛滋病毒感染者。

就此調查結果所反映的急切性，愛滋寧養服務協會董事會成員及感染及傳染病科醫生徐詩駿醫生於2025年6月17日舉行的記者會上發表了該項調查結果。記者會共有17家本地媒體的參與及報導，包括《am730》、《東方日報》、《香港電台》、《商業電台》、《無綫新聞》、《新城廣播》等。徐醫生在發言中指出，儘管是項調查樣本量較少，但也有助識別在藥物依從性方面可能存在較多問題的群組——即有經濟問題和較年輕的感染者。同時，徐醫生亦希望不久將來可進行更大規模、包含更多社會經濟因素的研究，更有效識別藥物依從性高危的感染者，提供更適切的幫助。於記者會尾聲，徐醫生亦強調，愛滋病毒感染者長期面對多重挑戰，而愛滋寧養服務協會所持續提供的專業直接關懷服務至為關鍵。他呼籲公眾踴躍捐款，以支持本會由護士、社工及物理治療師組成的專業團隊去持續提供藥物督導、治療輔導、心理支援與物理治療等服務。

為進一步提升議題的關注，愛滋寧養服務協會項目總監許思柔女士於翌日接受商業電台的節目《在晴朗的一天出發》訪問。訪談中，她指出香港公營醫療體系已提供全面的愛滋病治療支援。然而，她擔心近期經濟下滑而引發的情緒困擾對愛滋病毒感染者能否定時服藥的影響。許女士最後重申，持續提供多元化服務以應對愛滋病毒感染者——包括女性與兒童——在社會、心理與身體層面的挑戰非常重要。她亦提及由愛滋寧養服務協會開展的預防母嬰感染計劃(MTCTPP)，該計劃對減低懷孕、分娩及哺乳期間的愛滋病毒傳播風險發揮重要效用。她總結時指出，社會的資金捐助與各社群的支持對於能否持續維持這些長期服務不可或缺。

The 10th Asia-Pacific Conference on AIDS and Co-Infections

第十屆亞太愛滋病及其合併感染醫學會議

10TH APACC 2025
ASIA-PACIFIC AIDS & CO-INFECTIONS CONFERENCE
#APACC2025 10-14 JUNE 2025 TOKYO, JAPAN

The 10th Asia-Pacific Conference on AIDS and Co-Infections (APACC) took place from 12 to 14 June 2025 in Tokyo, Japan, in a hybrid format. The conference brought together regional experts to share insights from both community and healthcare perspectives, and to present national plans and programs for HIV testing and prevention. The Society for AIDS Care (SAC) has proudly supported this initiative since the inaugural conference. Our dedicated team participated in the conference virtually, where they engaged in sessions led by top experts that seamlessly integrated cutting-edge science with clinical practice. These sessions included state-of-the-art lectures, clinical case reviews, roundtable discussions, and dynamic debates, ensuring that SAC remains at the forefront of knowledge and innovation in the field.

第十屆亞太愛滋病及其合併感染醫學會議於2025年6月12日至14日以線上與實體並行的方式在日本東京舉行。是次會議邀請多位地區專家進行演說，分析社會對愛滋病的看法和觀點，並提供各項建議或策略推行愛滋病毒檢測及預防。愛滋寧養服務協會十分榮幸自首屆會議起，一直都是會議的支持機構之一。本會的專業團隊以線上的形式參與會議，聽取各學者專家的演講、臨床案例討論、小組討論及辯論，讓本會繼續處於知識領域的最前線。

APACC 2025

10TH APACC 2025
ASIA-PACIFIC AIDS & CO-INFECTIONS CONFERENCE

LOCAL PARTNER

日本エイズ学会

ENDORSERS



"Know More about AIDS" Mobile Application 「愛知愛滋」流動應用程式

The Society for AIDS Care (SAC) launched the mobile application "Know More about AIDS" (APP), designed to disseminate comprehensive HIV/AIDS knowledge, transmission and prevention methods, and introduce our range of services and programs through virtual reality (VR) experiences. The APP also includes creative animations that emphasize the importance of early HIV diagnosis and adherence to treatment, highlighting how maintaining a low viral load can enable people living with HIV to lead normal lives and have healthy children with appropriate support. Through the APP, we encourage the public to educate themselves about HIV/AIDS and understand the challenges faced by individuals living with the condition, aiming to dispel misconceptions and combat discrimination effectively.

愛滋寧養服務協會推出流動應用程式 — 「愛知愛滋」，為公眾提供有關愛滋病的知識、傳播及預防方法等；同時透過VR虛擬實境影像介紹本會的服務及計劃。該流動應用程式利用創意動畫帶出愛滋病毒感染者只要及早診斷同持續治療，令血液內病毒數量維持偵測不到的水平，感染者跟大家一樣可以過正常生活，也可以有健康的下一代。本會希望透過該流動應用程式，鼓勵公眾推行有關愛滋病的教育，讓公眾了解愛滋病毒感染者所面對的挑戰，從而消除對他們的誤解和歧視。

服務及計劃
Our Services



檢測服務
HIV Self-testing Kit
Service



愛滋病知識
AIDS Knowledge



「愛知愛滋」影片
"Know More About AIDS"
Video



Android 版本
免費下載途徑:





RESOURCE DEVELOPMENTS AND PROMOTION

資源發展及推廣





World AIDS Day 2024 世界愛滋病日2024

World AIDS Day, established by the World Health Organization in 1988 and observed annually on December 1, serves as a pivotal moment to raise global awareness about HIV/AIDS. This day plays a crucial role in combating the stigma associated with AIDS and HIV infection, providing a platform for solidarity with the millions affected worldwide. Many show their support by wearing a red ribbon, symbolizing HIV awareness, while others take proactive steps like undergoing HIV testing.

Despite ongoing efforts, stigma remains a major barrier to HIV testing in Hong Kong. While conventional tests involving blood drawn from a vein or rapid HIV antibody tests are available for individuals suspicious of their HIV status, the requirement for in-person testing dissuades some from participating, as they prefer to avoid direct interaction with testing staff. In response to this challenge, SAC has initiated an HIV self-testing program utilizing non-invasive oral swabs, aimed at enhancing awareness about HIV testing.

In addition, December is also recognized as HIV/AIDS Awareness Month, encouraging everyone in Hong Kong to support people living with HIV (PLHIV) and reduce discrimination. In support of this initiative, SAC has partnered with the Red Ribbon Centre and over ten local non-profit organizations to promote the HIV Testing Month Campaign under the theme "Get Tested for HIV". As part of this collaboration, SAC representative joined the World AIDS Campaign 2024 Kick-Off Ceremony on November 30 at the M+ Museum. A booth was set up to promote our Women Phone-In Hotline and HIV and Syphilis Testing Service, as well as the HIV Self-Testing Program, to guests and media.

世界衛生組織於1988年將每年的12月1日訂為世界愛滋病日，藉此提升全球對愛滋病的認知。世界愛滋病日讓全球的愛滋病毒感染者團結起來，對消除愛滋病的偏見及標籤發揮著重要的作用。不少人會戴上紅絲帶或者選擇進行愛滋病毒檢測，響應活動。

在香港，儘管各機構持續推動相關宣傳教育工作，公眾對愛滋病毒感染者偏見的造成有需要人士對進行檢測的顧忌和卻步。傳統靜脈抽血或快速愛滋病毒抗體測試需要親身前往檢測地方，部份人士因避免面對檢測人員，故不願參與檢測。因此，本會推出愛滋病毒自我檢測服務，透過非入侵性口腔黏液檢測工具讓檢測者在私密的情況下隨時進行檢測，提高愛滋病毒檢測的意識。

同時，12月為愛滋病宣傳月，呼籲香港市民支持愛滋病毒感染者。為響應此活動，愛滋寧養服務協會聯同十多個本地非牟利機構，參與由衛生署紅絲帶中心推動，以「HIV測一次」為主題的愛滋病毒檢測月。作為合作機構之一，本會代表出席了於11月30日在M+博物館舉行的「全球同抗愛滋病運動2024」啟動禮。現場設有攤位向嘉賓及媒體介紹我們的女士諮詢熱線及愛滋病與梅毒測試服務，以及愛滋病毒自我檢測服務。





AIDS Walk 2025 慈善步行 2025

The Society for AIDS Care (SAC) has organized the annual AIDS Charity Walk since 2002, aiming to raise HIV/AIDS awareness and foster engagement in HIV prevention efforts. The walk advocates for individuals to undergo HIV testing, understand their status, and access essential care and treatment. Proceeds from the walk support SAC's programs and services, ensuring high-quality direct patient care for people living with HIV/AIDS (PLHIV).

This year, the walk was held in a hybrid format to offer participants the flexibility to design and complete their routes at their own pace. The event attracted a diverse group of participants, including corporates, families, students, and individuals, who creatively engaged with the walk in ways that best suited their schedules and interests. On March 9, 2025, the event wrapped up with an online announcement across our social media channels, celebrating joyful moments captured and walking distances achieved. All participants united to emphasize the importance of seeking proper treatment without fear of discrimination for PLHIV. Thanks to the generous support of our donors, sponsors, and partners—including Mr. Cassian Lau, Gilead Sciences, Hutchison Telecommunications (Hong Kong) Limited, OKAMOTO, Sim's Sweets, Simple Approach, SparkRaise, and The Upper House—we are grateful to have completed the event with great success.

愛滋寧養服務協會自2002年起，一直用心籌辦年度AIDS Walk慈善步行活動，旨在提高公眾對預防愛滋病的意識，鼓勵他們參與預防愛滋病的活動，進行愛滋病檢測，了解其自身狀況，並獲得適切的護理和治療。活動所籌募的款項將全數投入本會的服務及計劃，為愛滋病毒感染者提供專業的直接關顧服務。

今年，AIDS Walk慈善步行繼續以線下上下的混合形式舉行，讓參加者能更靈活及自由地參與活動。本會邀請所有包括企業、家庭、學生和個人在內的參加者各自設計及完成活動步行的路線，以最適合自己時間安排和興趣的方式創新地參與步行活動。在2025年3月9日，本會於各資訊平台分享盛事並宣佈活動圓滿結束。參加者攜手呼籲社會各界正確認識愛滋病，強調尋求適當治療的重要性，讓愛滋病毒感染者不再懼怕別人的目光，尋求援助。是次活動得以圓滿舉行，本會非常感謝捐款者、各大贊助機構及單位的鼎力支持，包括香港知名藝術家劉啟舜先生 (Mr. Cassian Lau)、Gilead Sciences、和記電訊(香港)有限公司、OKAMOTO、Sim's Sweets、Simple Approach、SparkRaise 和奕居等。



中英街



"Sharing Love" Workshop 分享愛工作坊

The Society for AIDS Care (SAC) has been organizing the "Sharing Love" workshop at our center since its inception at the beginning of 2023. Initially held irregularly, the program quickly gained popularity and attracted a dedicated group of participants. Due to its success, we have transitioned it into a monthly event.

We invite donors and supporters to join our workshops, where participants create unique art pieces in various themed sessions. By guiding participants step-by-step, this meditative art form promotes concentration, relaxation, and inner peace. The finished artworks are then sent to our members, sharing blessings with families affected by HIV/AIDS.

自2023年初以來，愛滋寧養服務協會在活力中心舉行「分享愛工作坊」。該活動起初是不定期舉行的，但隨著工作坊的受歡迎程度日增，並吸引了一批穩定的參與者，本會將其改為每月舉辦一次。

我們邀請捐款者及支持者參與工作坊；透過不同的工作坊主題，參加者創作其獨特的藝術作品。通過指導，參加者在創作時投進專注又放鬆的狀態，達至內心平靜，改善身心健康。完成的藝術作品將送贈予本會的會友，向愛滋病毒感染者及其家庭送上祝福及傳遞暖暖的心意，為社區帶來更多正能量。

Promotional Poster Campaign 宣傳海報設置

With the generous support of MTR Corporation Limited, The Society for AIDS Care (SAC) arranged for 400 posters promoting the SAC HIV Self Testing Service to be displayed at MTR stations across the East, West, and Ma On Shan Lines, as well as the Kwun Tong, Island, Tseung Kwan O, Tung Chung, and South Island Lines, and the Light Rail, from September 11 to September 24, 2024. This initiative aimed to encourage the public to utilize SAC's HIV self-testing service, which allows individuals to conduct self-tests in privacy as a preliminary screening of their HIV status. Additionally, a pre- and post-test counseling consultation hotline was established to provide HIV/AIDS information and follow-up services from our professional team. The promotion was a tremendous success, reaching an audience of over 5.1 million people and advancing the goal of "early testing, early treatment".

在香港鐵路有限公司的鼎力支持下，愛滋寧養服務協會於2024年9月11日至9月24日期間在本港所有沿線鐵路站，包括東西鐵線、馬鞍山線、觀塘線、港島線、將軍澳線、東涌線、南港島線及輕鐵線等，放置400張海報進行宣傳，介紹本會的愛滋病毒自我檢測服務。鼓勵公眾使用本會的愛滋病毒自我檢測服務，讓他們能在私密情況下進行自我檢測，了解其感染愛滋病毒的狀況。同時亦可透過由本會專業同工提供的服務輔導諮詢熱線，進行檢測前後的諮詢，取得有關愛滋病的資訊及服務支援。是次宣傳活動成功接觸多達510萬人，達致「及早測試，盡早治療」的目標。

New Announcement of Public Interest to Broadcast 政府電視宣傳片播放

We are pleased to announce that we have successfully renewed the government's Announcement in the Public Interest (API), featuring a TV announcement with creative animation to promote AIDS acceptance. This TV announcement conveys the critical message that an undetectable HIV viral load is equal to HIV untransmittable (U=U). It also highlights our mother-to-child transmission prevention program. Through the use of creative animation, the announcement effectively communicates that people living with HIV (PLHIV) should seek proper treatment without fear of discrimination or being turned away due to their HIV status. The announcement will be broadcast on RTHK, ViuTV (Now TV), TVB, and HOY TV (Cable TV).

愛滋寧養服務協會再次成功申請在各政府電視頻道，播放本會的電視宣傳片，鼓勵公眾正確認識愛滋病。該電視宣傳片採用創意動畫，讓公眾更容易認識愛滋病，並說明只要感染者的愛滋病毒載量(病毒在人體血液內的數量) 達至無法檢測的水平，便不能透過性接觸傳播愛滋病毒 (U=U)；同時亦介紹本會的預防母嬰感染計劃。透過生動的創意動畫，讓公眾明白愛滋病毒感染者應尋求適切的治療，不應因害怕被歧視或因其感染狀況而諱疾忌醫。這電視宣傳片會在香港各政府免費電視頻道，包括香港電台、ViuTV (Now TV)、無線電視及HOY TV (有線電視)等播出。



"Know more about AIDS" Video:
Can You Tell If Someone Is HIV-positive?
「愛知愛滋」影片：
看不見的爱滋病毒感染者？

FINANCIAL HIGHLIGHTS

財務摘要



我不會歧視愛滋病人



Honorary Treasurer's Report

For the year ended 31st March 2025

Activities during the year

The Society continues to provide professional care and comprehensive rehabilitation services for the benefit of people whose lives are impacted by HIV and AIDS. In addition, various support programmes are run focused on prevention of mother-to-child transmission, counselling and empowerment.

All of these services are provided in the field and through the operation of the Society's Day Centre in Mongkok. The Society was able to report a positive financial surplus in each of the past few years.

Income, expenditure and surplus for the year

The Society's income for the year comprised HK\$10.8 million (2024: HK\$11.7 million), of which HK\$2.2 million was granted by the AIDS Trust Fund (2024: HK\$2.2 million) with the remainder being primarily derived from a variety of fund-raising activities and bank interest.

Expenditure incurred during the year was HK\$10.0 million (2024: HK\$10.3 million), of which HK\$2.5 million was spent on AIDS Trust Fund projects (2024: HK\$2.6 million).

The Society's financial surplus for the year was HK\$0.8 million (2024 HK\$1.3 million).

Financial position as at 31st March 2025

The Society remains in a strong financial position. At 31st March 2025, the Society's Funds were HK\$68.2 million (31st March 2024: HK\$66.1 million), with the increase year-on-year due to timing of cash receipts relating to project funding. The funds were primarily held in the form of short-term cash deposits placed with investment grade banks.

Looking forward

The Society plans to remain active raising funds to enable it to continue to provide HIV and AIDS related services and professional care in Hong Kong. The Society's principal programs will continue, which include running the Day Centre, the women's hot-line and testing programme as well as a HIV self-testing program.

The AIDS Trust Fund (a government funded agency) granted HK\$7.0M for a Home Care and Rehabilitation Project from 1st April 2023 to 31st March 2026 which is the major project funding for the next financial year. SAC will continue to pursue funding from a combination of sponsors, government programs and individual donors.

As at 31st Jul 2025 the balance of the Society's reserves was HK\$67.7 million of which HK\$60.3 million has been set aside in the Designated Fund.



Craig Beattie
Honorary Treasurer
Date : 19 August 2025

INDEPENDENT HONORARY AUDITORS' REPORT TO THE MANAGEMENT BOARD OF THE SOCIETY FOR AIDS CARE LIMITED

(Incorporated In Hong Kong And Limited By Guarantee)

Opinion

We have audited the financial statements of The Society For AIDS Care Limited ("the Organisation") set out on pages 7 to 18, which comprise the statement of financial position as at 31st March, 2025, and the income and expenditure statement, statement of cash flows and statement of changes in funds for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the financial statements give a true and fair view of the financial position of the Organisation as at 31st March, 2025, and of its financial performance and its cash flows for the year then ended in accordance with Hong Kong Financial Reporting Standards ("HKFRSs") issued by the Hong Kong Institute of Certified Public Accountants ("HKICPA") and have been properly prepared in compliance with the Hong Kong Companies Ordinance.

Basis For Opinion

We conducted our audit in accordance with Hong Kong Standards on Auditing ("HKSAs") issued by the HKICPA. Our responsibilities under those standards are further described in the Auditors' Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organisation in accordance with the HKICPA's Code of Ethics for Professional Accountants ("the Code"), and we have fulfilled our other ethical responsibilities in accordance with the Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the report of the directors set out on pages 1 to 3, but does not include the financial statements and our auditors' report thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**INDEPENDENT HONORARY AUDITORS' REPORT
TO THE MANAGEMENT BOARD OF
THE SOCIETY FOR AIDS CARE LIMITED**

(Incorporated In Hong Kong And Limited By Guarantee)

Responsibilities Of The Directors And Those Charged With Governance For The Financial Statements

The directors are responsible for the preparation of the financial statements that give a true and fair view in accordance with HKFRSs issued by the HKICPA and the Hong Kong Companies Ordinance, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Organisation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Organisation or to cease operations, or have no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organisation's financial reporting process.

Auditors' Responsibility For The Audit Of The Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. This report is made solely to you, as a body, in accordance with section 405 of the Hong Kong Companies Ordinance and for no other purpose. We do not assume responsibility towards or accept liability to any other person for the contents of this report. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with HKSAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with HKSAs, we exercise professional judgment and maintain professional skepticism throughout the audit. We also :

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

**INDEPENDENT HONORARY AUDITORS' REPORT
TO THE MANAGEMENT BOARD OF
THE SOCIETY FOR AIDS CARE LIMITED**

(Incorporated In Hong Kong And Limited By Guarantee)

Auditors' Responsibility For The Audit Of The Financial Statements (Cont'd)

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organisation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organisation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Organisation to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



S. Y. Yang & Company
Certified Public Accountants

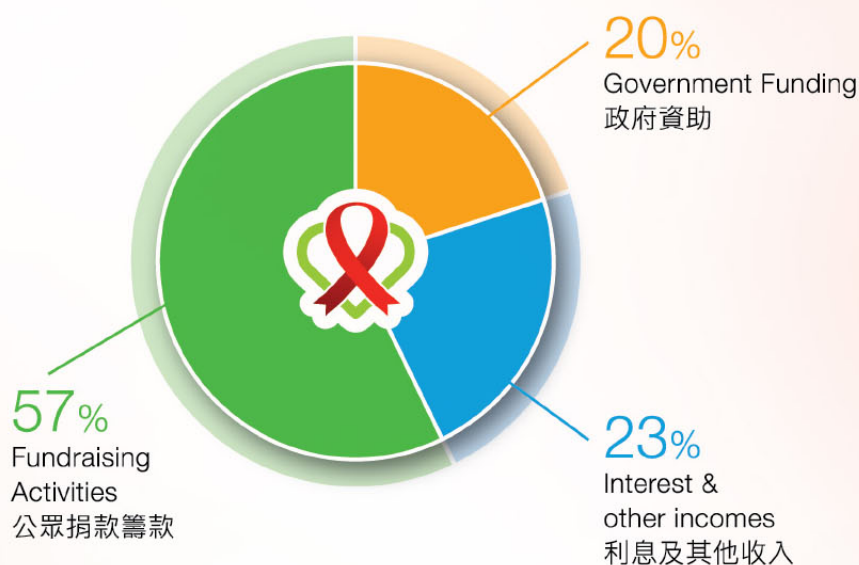
Hong Kong : 18th June, 2025

The Financial Statement Income 2024-2025 收入來源

● Government Funding
\$2,177,251

● Interest & other incomes
\$2,513,054

● Fundraising Activities
\$6,105,788



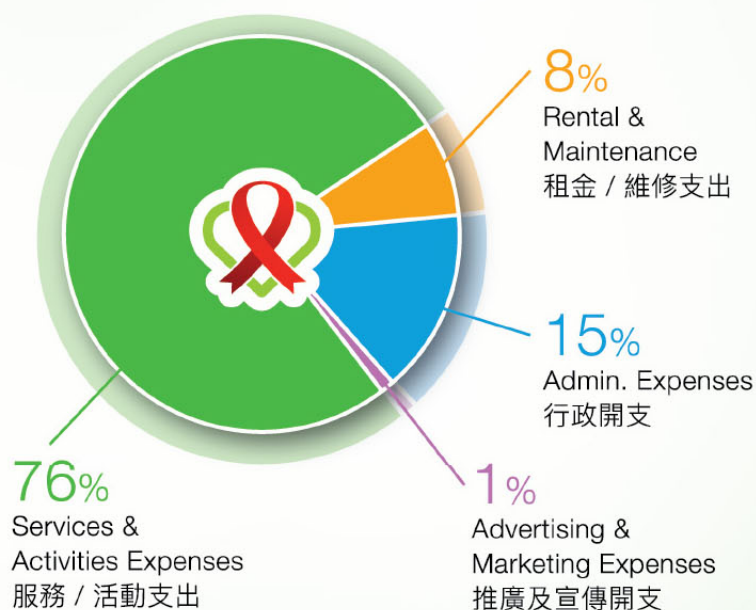
The Financial Statement Expense 2024-2025 支出項目

● Rental & Maintenance
\$801,869

● Admin. Expenses
\$1,475,150

● Advertising & Marketing Expenses
\$80,182

● Services & Activities Expenses
\$7,628,482





It's going to take both science and social change to end the HIV epidemic. When we unite as bold and brave individuals, alongside passionate and persistent communities, we can help end the epidemic for everyone, everywhere.

Learn more about
our commitments in HIV:



Acknowledgement 鳴謝

We wish to express our thanks to the following organizations and individuals for their generous donation and support:

我們藉此機會感謝下列機構及人士的慷慨捐款和支持:



香港公益金
THE COMMUNITY CHEST



Acknowledgement 鳴謝

- Barry and Martin's Trust
- Council for the AIDS Trust Fund
- Estee Lauder (Hong Kong) Limited
- Gilead Sciences Hong Kong Limited
- GlaxoSmithKline Limited
- Health Bureau
- Okamoto Industries (H.K.) Limited
- The Hongkong Bank Foundation
- The UK Online Giving Foundation

Chan Shuk Ching
Chan Lai Hing
Cheung Kwei Sang
Chiu Wai Kit
Christopher David Jackson
Eva Chan
Fung Fei Yin
Helena Tsoi Wai Hung
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Mak Pui Ling
Man Yuk Fong
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Stephen Gan Fock Wai
Tsang Han Yeung
Carmen Tse Man Wah
Tsui Yuk Ching
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Wan Kai Yin
Willy Siu
Wong Chuen Hing
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洪量丰
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盧慧英
蘇展鵬
蘇琬茵

We would like to give our deepest gratitude to our generous donors, sponsors, volunteers, members and staff. With your support, our services have been developed successfully. We apologize for the missing acknowledgement, if any.

承蒙各界善長、贊助商、義工、會友及員工的鼎力支持，本會服務得以順利推廣，謹此向各位致以萬二分謝意。致謝名單如有任何遺漏，謹此致歉。

本人願意作以下捐款 I would like to make the following donation

- ☐ *每月捐款 MONTHLY DONATION: ☐ 港幣 HK\$300 ☐ 港幣 HK\$500 ☐ 港幣 HK\$1,000 ☐ 其他 OTHER: 港幣 HK\$_____
- ☐ *一次過捐款 ONE-OFF DONATION: ☐ 港幣 HK\$500 ☐ 港幣 HK\$1,000 ☐ 港幣 HK\$2,000 ☐ 其他 OTHER: 港幣 HK\$_____

*港幣100或以上捐款獲發報稅收條。Receipt will be issued for donations of HK\$100 or above.

個人/聯絡資料 Application Details

☐ 先生 Mr ☐ 小姐 Miss ☐ 女士 Ms	
英文姓名 English Name	
中文姓名 Chinese Name	
通訊地址 Mailing Address	
電郵 E-mail	電話 Tel No.

信用卡捐款 Credit Card Donation

☐ Visa ☐ Mastercard ☐ American Express ☐ JCB ☐ UnionPay	
持卡人姓名 Cardholder's Name	
信用卡號碼 Credit Card Number	
信用卡有效日期 Card Valid Until	月 MM 年 YY (須於三個月內有效 Must be valid for the next three months)
請在其中一適當方格內加上✓號, Please check the appropriate box below:	
☐ 一次過捐款 請於本人的信用卡賬戶內一次過扣除以上賬款。 One-off donation Please charge my credit card once for the above specified amount.	
☐ 每月捐款 本人現授權愛滋寧養服務協會由本人之信用卡賬戶內定期扣除上述賬款，直至本人另行通知為止。本人同意此授權書於本人之信用卡有效日期後及獲發新卡時繼續生效，並無須另行填寫授權書。(如需要取消或更改本授權書，請於取消或更改生效日期七個工作天前通知我們。) Monthly donation I hereby authorize The Society for AIDS Care Limited to charge my credit card account for the amount specified in a regular manner as agreed upon by me and The Society for AIDS Care Limited until further notice. I agree the validity of this agreement will continue before or after the expiry date of the credit card account. (Cancellation or variation of this authorization shall be given to The Society for AIDS Care Limited at least 7 working days prior to the date on which such cancellation or variation is to become effective.)	
持卡人簽名 Cardholder's Signature	日期 Date

每月捐款將於信用卡到期日後自動延續，直至閣下另行通知為止。捐款將於收到此表格後即日生效，並於每月十號左右扣除有關款項。
Upon expiry and renewal of a credit card, monthly donations will continue unless notified otherwise. Donations will be effective immediately upon receipt of this form. Transactions will normally be processed around the 10th of every month.

網上捐款 Online Donation

www.aidscares.com.hk/direct-donation

請到以上連結，便可以使用信用卡作即時捐款，網上捐款免交回此回條，我們將依據你的資料發收據。
You can make real time donation with your credit card on the link above. You do not need to return this slip. Receipt will be issued according to the information you provided online.

支票捐款 Cheque Donation

支票號碼 Cheque No. : _____
抬頭: 愛滋寧養服務協會有限公司
Payable to "The Society for AIDS Care Limited"

直接存款 Direct Deposit

請將捐款直接存入本會其中一個銀行戶口，並將收據寄給我們。
Please deposit the donation into one of our following bank accounts, and send us the receipt.

東亞銀行 BEA account: 015-228-10-400465-6
匯豐銀行 HSBC account: 096-158233-838

轉數快 Faster Payment System

	愛滋寧養服務協會有限公司 THE SOCIETY FOR AIDS CARE LIMITED FPS ID: 119881274
交易編號 Payment Reference No. : _____	

PayMe



銀行每月自動轉賬 Bank Monthly Autopay

- ☐ 請致電3622 1293索取授權書。
Please call 3622 1293 for a bank autopay authorization form.

捐款收據 Donation Receipt

一年內累積捐款港幣一百元以上可憑收據在香港申請免稅。
Accumulated donations of HK\$100 or above annually are tax deductible with a receipt.

- ☐ 請寄發收據。Please send me a receipt.
1. 若收據抬頭並非捐款者本人，請以英文列明 Please specify the recipient if it is different from the donor: _____
2. 若未有捐款者姓名或地址，恕未能寄發收據 We are unable to provide receipts to donors without full name or address.
- ☐ 為幫助節省行政開支，本人不需要收據。
To help save administrative costs, please do not send me a receipt.

- ☐ 有關個人資料絕對保密，只會用於發放本會最新消息，如閣下願意於日後收到相關資訊，請於方格內加上✓號。

Personal information collected will be treated as highly confidential and used to the purpose of sending our latest news only. Should you **decide to receive** any updates from us, please ✓ the box.



The Society for AIDS Care

愛滋寧養服務協會

愛滋病自我檢測服務

HIV SELF-TESTING KIT SERVICE

OraQuick® Oral fluid test 口腔液檢測工具
www.aidscares.com.hk

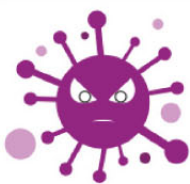
若遇到下列情況，您需要考慮接受測試：
You should consider testing if you encounter the following situations:



計劃結婚/ 懷孕
Plan for marriage/
pregnancy



懷孕前期及後期
At early/ late
stage of pregnancy

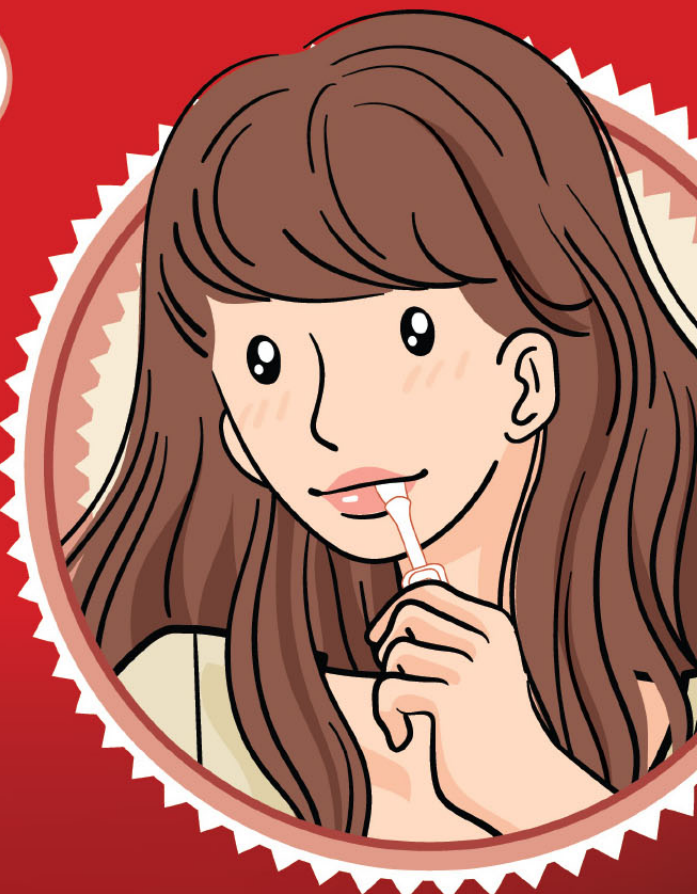


懷疑自己或性伴侶感染愛滋病/
肝炎病毒/ 性病

Either you or your sexual partner
suspected of HIV/ hepatitis/
sexually transmitted infected



曾有不安全性行為
Had unsafe sex



OraQuick® 口腔液檢測工具可於愛滋寧養服務協會購買

OraQuick® Oral fluid test kits are available for sale at The Society for AIDS Care

購買熱線 Order Hotline:

6730 8050



The Society for AIDS Care



 **多點關心 照亮人生**
Together We Make A Difference



 Donation Hotline 捐款熱線: 3622 1293

 www.aidscares.com.hk

 SAC Centre, P.O. Box 78978, Mongkok Post Office, Kowloon
九龍旺角郵政信箱78978號愛滋寧養服務協會

